## ATTENTION FEMALE VETERANS

The Behavioral Health Program at the Ralph H. Johnson VA Health Care System welcomes you to participate in a 1-hour informational class. The purpose of this class is to inform you of the behavioral health resources available to you at RHJ and in the surrounding community.

**When:** December 17, 2021 from 12:00 – 13:00

**Where:** Your Home, Virtual Via Microsoft TEAMS

## **Topics will include:**

- Women-only therapy groups
- Peer Support
- · Whole Health
- MST resources
- Service Connection
- And much more!

This class is open to all Women Veterans interested in learning more about these topics. To participate, please use the following link at the time of the class:

## Click here to join the meeting

If you have questions about this event, please contact Women's Mental Health Champion, Dr. Katie Rider Mundey, at (912) 408-2900 ext. 2903/2914/2916 for an invitation.



