

# Primary Care Nurse Practitioner Residency Program

VA Puget Sound Health Care System

Center of Education for Interprofessional Collaboration

## A UNIQUE Program

- The VA Puget Sound Health Care System (PSHCS) Primary Care Nurse Practitioner Residency (PC-NPR) program is designed for new providers in primary care to build upon the foundational framework of education in advanced practice. Our 12-month long program uniquely offers leadership, practice inquiry, team based chronic disease management, and interprofessional collaborative workplace learning.
- The Seattle VA PSHCS Center of Education for Interprofessional Collaboration (CoEIPC) is part of a national effort, initiated by the VA Office of Academic Affiliations (OAA), to transform clinical education of primary care providers who deliver patient-centered longitudinal primary care in an interprofessional setting. The VA has been recognized as a leader in interprofessional practice and education.

## Mission & Goals

**MISSION:** To prepare Nurse Practitioners (NPs) as highly effective, competent, and autonomous primary care providers in a team based, interprofessional, collaborative setting to increase access to quality primary care for Veterans.

### GOALS:

- **ADVANCED PRACTICE:** Utilize evidence-based practice to care for complex, diverse populations across the adult life span. Clinical continuity will support sustained relationships and shared decision making with patients and families while providing patient centered care.
- **CLINICAL INQUIRY:** Provide clinical training necessary for practice improvement, quality improvement and population management.
- **LEADERSHIP:** Apply leadership strategies that support collaborative practice and team effectiveness.
- **MENTORSHIP:** Offer guided support to transition from novice provider to proficient clinician.

## Advanced Clinical & Educational Experiences

### Sample Weekly Schedule Options

|    | MON                                   | TUES                 | WED  | THU   | FRI   |
|----|---------------------------------------|----------------------|--|---|---|
| AM | •Primary Care Clinic or<br>•Admin     | •Primary Care Clinic | •Specialty Clinic or Admin                   | • Women's Clinic or<br>• Specialty Clinic   | •Inter-professional Educational Topics<br>•Specialty Clinic     |
| PM | Primary Care Clinic or<br>EDU session | •Primary Care Clinic | •Specialty Clinic or<br>•Primary Care Clinic | •Primary Care Clinic or<br>• Women's Clinic | •Monthly mentor meetings<br>•Quality Improvement<br>•Admin time |

### Core Curriculum Structure 80/20

- 80% Experiential Learning
  - Primary Care continuity clinics as associate providers
  - Assigned to Patient Aligned Care Team (PACT)
  - PACT huddles for complex biopsychosocial management
  - Panel Management
  - Women's clinic rotations in Seattle and American Lake VA
  - Rotation through several specialty clinics
- 20% Didactic Learning
  - Intra-professional and Inter-professional didactic sessions
  - Scholarly QI project and leadership opportunities.

### Sample Specialty/Primary Care Rotations

- Deployment Health
- Emergency Department
- Sleep Medicine
- Dermatology
- Home Based Primary Care
- Rheumatology
- Rehab Medicine (MSK)
- Neurology

### Sample In-Person Inter-professional Topics

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|---|---|
| <p><u>Pre-Clinic Conference</u></p> <ul style="list-style-type: none"> <li>• Women's Health</li> <li>• Peripheral Nerve Disorders</li> <li>• Pulmonary Nodules/Neoplasms</li> <li>• COVID-19 Updates</li> </ul> | <p><u>Population Health</u></p> <ul style="list-style-type: none"> <li>• Diabetes and Hypertension</li> <li>• Alcohol Use Disorder</li> <li>• Emergency Department Utilization</li> </ul> |
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| <p><u>Multi-Professional Seminars</u></p> <ul style="list-style-type: none"> <li>• Integrative Pain Management</li> <li>• Shared Decision Making</li> <li>• Mental Health</li> <li>• Ophthalmology</li> </ul> | <p><u>Team-Building</u></p> <ul style="list-style-type: none"> <li>• Conflict Resolution</li> <li>• Huddles</li> <li>• Critical Incidents</li> <li>• Meet Your Colleagues</li> </ul> |
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### Benefits

- Medical benefits, some with limited Dental options
- 11 Paid Federal Holidays per year
- Vacation Leave
- Sick Leave

**If you are interested in applying for this NP Residency program or have any questions, please contact the administrator below.**



Program Contact :  
**PUGGMSARNPRESIDENCY@va.gov**  
 Primary Care Nurse Practitioner Residency | VA Puget Sound Health Care | Veterans Affairs