

Offering Personal Caregiving Consultations

Need Some Advice?

VA Illiana Caregiver Support Services offer consultation services to help you as you navigate your caregiving journey. In a personal caregiving consultation, you'll speak with an expert about the challenges you're facing.

VA Illiana offers consultations in two areas: dementia education and occupational therapy. Learn more about them below.

Dementia Education

- Provides education about Alzheimer's Disease and other forms of dementia such as symptoms, behaviors, disease progression, and more.
- Provides information on how to communicate with your loved one and cope with challenging activities and behaviors.
- Education on in-home and long-term care services
- Home safety awareness such as gun safety and securing home.
- Emergency Prosthetic Equipment information.

Occupational Therapy Consultation

- Provides guidance on how to safely assist your loved one with transfers. This includes sitting to standing position, in or out of the bed/shower, and other daily movements.
- Self-care training to help you safely care for your Veteran
- Education on prosthetics and other devices that can help your Veteran
- Education and consultation on areas such as prevention of injury, safe lifting/body mechanics, aging in place, fall prevention, and general caregiving principles.

To Schedule a Consultation:



217-554-4795

VA Illiana Caregiver Support Team



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VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Illiana Health Care System