

# **Licensed Practical Nurse**

# Find YOUR Total Reward\$ of a VA Career

### **CHOOSE VA for the Mission**

At VA, you have more than a job—you have a mission to serve Veterans who've borne the battle with honor.



Nicole Snow, LPN VA Pittsburgh Healthcare System Pittsburgh, PA

"Upon hire, I was nervous. I didn't come from a military family. I didn't know what to expect. There is strong teamwork that reflects in the care we provide. Working at the VA has been amazing, it is truly the most rewarding feeling you can experience as a nurse."

## **Help Improve Care for Veterans**

At VA, you are a part of a dynamic team of thousands of professionals helping provide high-quality healthcare to our Nation's Veterans. As a licensed practical nurse, you are an invaluable member, and you help provide safe, effective, high-quality care helping our hospitals outperform the private sector. As a VA employee, you receive unparalleled opportunities to support the mission of the VA health care system by providing nursing care to Veterans and their families.

#### Coverage

Rest easy knowing that VA has you and your family's insurance needs covered. Insurance coverage may follow you into retirement after 5 years of vested service and maintaining FEHB in the 5 years leading up to retirement (conditions apply).

### **Career and Growth Opportunities**

Start your career at VA and benefit from opportunities to build your skills and promotion pathways to other careers in 300 different occupations.

#### **Retirement Benefits**

Earn an amazing retirement package including a traditional (defined benefit) federal pension, a 401(k) Thrift Savings Plan (TSP) with employer matched contributions, and Social Security.

#### **Credit for Military Service**

As a VA employee, you can choose to carry over eligible military service time that can be added to your total years of creditable service for retirement pension calculation purposes (conditions apply).





# Compensation + Benefits = Your Total Reward\$\*

This Total Reward\$ sample is a generalized report reflecting the potential monetized value of a full VA compensation package.

**Social Security paid by VA** = 6.2% of taxable wages on behalf of the employee. If an individual has taxable wages over the taxable maximum of \$147,000, VA will contribute \$9,114

**Employee Assistance Program (EAP)** = free legal and medical services

Medicare paid by VA = 1.45% on behalf of the employee

**FSAFEDS Flexible Spending Account** = you may contribute up to \$2,850 a year to your health care FSA with a \$570 max carry over and save up to 30% on dependent care expenses

Life Insurance = VA pays 1/3 of insurance cost for basic life insurance

**Thrift Savings Plan (TSP) Federal 401(k)** = VA provides up to 5% employer matched/automated contributions to your savings plan

**Federal Employee Retirement System (FERS)** = for employees hired after 1/1/2014, VA contributes 16.6% annually to FERS-FRAE basic/defined benefit

VHA National Child Care Program = assists VA employees in balancing work and family responsibilities. After 60 days of employment, full time employees with a total family income below \$149,000 may be eligible for childcare subsidy program (conditions apply)

**Transit Benefit Program.** You may qualify for transit subsidy monthly benefits of a max of \$280/month; check with your local VA Medical Center (conditions apply).

**Student Loan Repayment Program (SLRP).** You may be eligible to apply for SLRP, and once approved you may receive up to \$40,000 per year and up to \$100,000 total toward student loans in return for a 1-year service agreement.

Take time off. At VA, you start your career with 37 to 50 days of paid time off each year. Paid vacation, unlimited accumulated paid sick leave and 11 paid federal holidays accrue right away.

Paid Parental Leave. VA provides up to 12 weeks of paid parental leave in connection with the birth, adoption, or foster care placement of a child for employees covered by Family and Medical Leave Act (FMLA) provisions



# Sample Annual Total Reward\$ Worksheet Full-time Employee\*

#### **Direct Compensation**

Average Salary \$57,000

#### Total Value of Personal Paid Time Off\*

\$8,084 (37 days)
Value of annual combined paid leave and holidays
\$9,614 (44 days)
\$10,925 (50 days)

## Total Rewards of Benefits Provided by VA

Health Insurance Premium Subsidy \$11,024 Social Security \$3,534 Medicare \$827 Employee Assistance Program (EAP) \$500 Basic Life Insurance \$150 Thrift Savings Plan Federal 401(k) (Employer Contributions) \$2,850 Federal Employee Retirement System (FERS) \$9,462 Student Loan Repayment Program (conditions apply, \$40k max/yr.) \$\_\_\_\_ \$4,992 Child Care Program (maximum benefit/conditions apply)

Direct Compensation + Value of Paid Leave + Benefits = Overall Annual Total Reward\$\*

\$98,423 - \$101,264

\*This calculation is a sample only and does not constitute a contract of employment or a guarantee of benefits or future employment. Certain elements vary and are based on specific circumstances. Paid leave is not an additional payment but is a value of your paid time off included in your annual salary based on an 8-hour day. If your service includes part-time calculations, your total rewards and benefits will be proportionally prorated. For more information, please see <a href="https://www.opm.gov">www.opm.gov</a>.