

VETERANS CRISIS LINE: 1-800-273-8255, PRESS 1 FOR VETERANS



#ReachOut2Me

I AM HERE FOR YOU

TEXT: 838255

ONLINE: WWW.VETERANSCRISISLINE.NET

JOIN US & HELP SAVE A VET

1. Save this info in your phone for LIVE, 24/7 help:



**Veterans
Crisis Line**

1-800-273-8255 PRESS 1

www.VeteransCrisisLine.Net Text 838255

2. Anyone can use the Veterans Crisis Line to reach a professional to help a Veteran.

3. Take a selfie with the coaster and share it online.



Tag us: @SheridanVAMC

Use the hashtag: #ReachOut2Me