

Ralph H. Johnson VA Healthcare System Presents:

Poetry Contest & Reading

In recognition
of Women Veterans

Theme:

Resilience. "One small crack does not mean that you are broken, it means that you were put to the test and you didn't fall apart."

–Linda Poindexter

Official Guidelines:

- Women Veterans may participate

- Up to two entries per Veteran

1st, 2nd and 3rd places prizes awarded (limit one prize per Veteran)

Submissions will be judged by the **Poetry Matters Project**.

First, 2nd, and 3rd place will be awarded to the poems that best align with the event theme of resilience and quote listed above.



How to Submit:

My Healthy Vet – Secure Message to “**Women Mental Health Champion**”

Coordinate submission to Dr. Sciarrino and/or Dr. Rider Munday via your VA provider. Submissions will be de-identified by event coordinators prior to being forwarded to the external judges to protect privacy.

Poetry Submission Deadline: November 25, 2022

Poetry Celebration Event: December 19, 2022 @ 1200

Winning poems, and all contest participants will be invited to read their poems during a Poetry Celebration event, and must pre-register if interested in doing so.

To register for the event, please send a secure message to: “**Women Mental Health Champion**” or register [here](#).

For more information please contact:

Dr. Nicole Sciarrino at 843-789-6735

or Dr. Rider Munday at 843-770-0444 ext. 302235



VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Ralph H. Johnson VA Health Care System