



Home Telehealth

Goal orientated short term program to help you achieve better self management of chronic conditions. Providing Veterans with health care in the least restrictive environment, their home.

3 C's of Home Telehealth Borders:

The easy way to

Control

your health,

Connect

to your health team from the

Comfort

of your home!

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
VA Salt Lake City Health Care System

Contact Your Home Telehealth Team:



801-582-1565
Toll Free: 1-800-613-4012

Your Care Coordinator:

Your Care Coordinator Extension:

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
VA Salt Lake City Health Care System

HOME TELEHEALTH

CONTROL • CONNECT • COMFORT





What Does Your Home Telehealth Nurse Do for You?

- Helps you with a plan to improve your health
- Routinely monitors the information you are sending in and calls you if something of concern is reported
- Will contact your healthcare team if changes are needed
- Help you with resources you may need to care for your health

Why is Home Telehealth a Good Choice for You?

- You will be able to take an active role in your own health
- You will learn to better manage your health through daily questions and health tips
- You will have phone calls from your HT RN to talk about your symptoms and progress
- You will be provided with non-emergency healthcare
- Hospital or Clinic/ER visits could be lessened
- There is no need to travel as all contact with your HT team is by phone
- There is no charge for Home Telehealth services

How Do I Qualify for Home Telehealth?

- Be willing to be active in your own healthcare
- Be assigned to a VA Health care provider
- Live in stable housing
- Have access to a phone on which you can make and receive calls

How Can I Get Referred to Home Telehealth?

Your primary care provider can refer you if you have any one or more of the following conditions:

- Heart Failure (HF)
- Chronic Obstructive Pulmonary Disease (COPD)
- Hypertension (high blood pressure)
- Chronic kidney disease (CKD)
- Weight Management
- Caregiver Support for Veterans with Dementia
- Coronary Artery Disease
- Post hospital/surgical
- Tobacco use
- Diabetes

