

## Veteran Resources

**Boise VA Patient Advocate:**  
**208-422-1034**

If haven't been able to resolve your care issues by talking with your care team, our advocates are here to help.

**My HealtheVet:** [www.myhealth.va.gov](http://www.myhealth.va.gov)

Register for a **Premium Account** to have online protected access for your:

- Secure Message your health care team
- Prescription refills, appointment tracking
- View your VA health records
- Access Veterans Health Library

**VA Benefits Regional Office:**

**800-827-1000** To assist you with compensation and pension claims, home loans, special rehabilitation grants for home and auto, education benefits, & more.

**Boise Vet Center: 208-342-3612**

War zone readjustment services, military sexual trauma counseling, and more.

**Veteran Readiness and Employment**

**Program:** Speak with a VR&E counselor: 208-429-2233 or visit

[www.Benefits.va.gov/vocrehab](http://www.Benefits.va.gov/vocrehab) for job training, resume development, employment accommodations, and job-seeking skills.

**MyVA411 Main Information Line**

**1-800-MyVA411 (1-800-698-2411)**

Your one stop call center for your VA benefits and services.



Chat at [VeteransCrisisLine.net/Chat](https://www.VeteransCrisisLine.net/Chat) • Text **838255**  
Confidential support is available 24/7.

### Women's Wellness Center Clinic Information

**Mon – Fri 8:00 a.m. – 4:00 p.m.**  
***Closed all federal holidays.***

**500 W Fort St., Boise, ID 83702**

Enter at 5<sup>th</sup> and Fort entrance, take a right at the "Y," right at Mountain Cove Road to **Building 124** Women's Wellness Center.



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For updates, please contact  
BOI VHEC



## Women Veterans Services

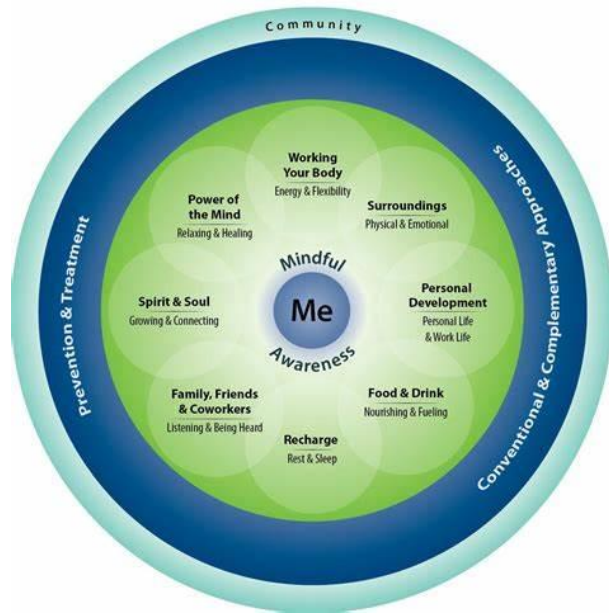


**Your service made a  
difference! Now you deserve  
the best care.**

**Boise VA offers you comprehensive  
health care with options from:  
Designated Women's Health  
Providers or our Women's  
Wellness Center.**

## PACT and Your Whole Health

Boise VA Primary Care follows the Patient Aligned Care Team (PACT) philosophy of patients working together with their health care team to plan for Whole Health care and lifelong wellness. In Whole Health, you are at the center of your care to explore your Mission, Aspiration, and Purpose in your health and well-being.



## Women's Wellness Services

- Primary Care
- Gynecology Specialty Services
- Maternity Care Coordination
- Perinatal Loss Program
- Birth Control Options
- Hormone Replacement Therapy
- Breast Care Prosthetics
- Pelvic Health Rehabilitation
- Battlefield Acupuncture (BFA)

## Boise VAMC Health Services

Boise VA Medical Center offers a full range of services, including inpatient, outpatient, specialty, community care, and supportive care services, including:

- 24-hour Emergency Care
- Laboratory and Pharmacy
- Specialty Care Services including:
  - Cardiology; Audiology; Ear, Nose, Throat; Ophthalmology; Podiatry; Urology; Pulmonology; Neurology; Prosthetics; Service-Connected Dentistry
- Surgery and Orthopedics
- Physical Medicine and Rehabilitation, including Physical Therapy, Occupational and Recreational Therapy
- Pain Management
- Oncology
- Group health classes, including MOVE! Program and Whole Health classes
- Nutrition Support
- Weight Loss Options
- Substance Abuse and Smoking Cessation
- Community Living Center Home Based Primary Care (HBPC)



**Contacting Boise VA**  
**208-422-1000**

Follow the appropriate prompts.

## Mental Health & Social Support

**208-422-1108**

- Behavioral Health and Mental Health
- Social Work Services
- PTSD
- Military Sexual Trauma (MST)
- Intimate Partner Violence (IPV)
- Homeless Support

## Community Care Resources

Talk to your Primary Care Provider or PACT about how VA supports your care for services offered outside Boise VAMC.

Services include:

- Mammogram
- Obstetrics and Maternity
- Advanced Breast Care Services
- Service-connected IVF



or chat online: [www.womenshealth.va.gov](http://www.womenshealth.va.gov).

This resource can help you navigate VA in a free and confidential manner, including using your eligibility for VA benefits, connecting with your Boise VA contacts, and information on how to refill your prescription or make an appointment. Open Monday – Saturday.