

Circle of Strength



**Starting January 26, 2023
Every Thursday at 8:00AM**

Omaha VA Medical Center 8th Floor/ Room# 8613

This peer group is for Veterans who are utilizing or have completed outpatient mental health clinic services.

The principles of this group are to share personal Strengths to Empower ourselves to live Self-Directive lives. We strive to Reciprocate and explore each other's perceptions of the world and walk together towards what we want.

Our goal is to instill Hope and foster a Safe place to talk, as we define it, through compassion, authenticity, and acceptance.

Space is limited, please call 402-594-7233 to reserve a seat.



U.S. Department of Veterans Affairs

Veterans Health Administration:
Nebraska-Western Iowa Health Care System