



STELLATE GANGLION BLOCK FOR PTSD RESEARCH STUDY

What is stellate ganglion block (SGB)?

The “stellate ganglion” is a bundle of nerves in the neck that help control the fight or flight response. SGB is a procedure where local anesthetic is placed around the ganglion to “block” the fight or flight response. Small studies have shown SGB may provide some ease and relief from PTSD.

Who is a good candidate?

- Veterans ages 18-80
- Experiencing PTSD symptoms that haven’t been helped by traditional treatments such as therapy and/or medication management

Contact information:

Alicia Fenske
612-300-2576
Alicia.Fenske@va.gov