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NEWS RELEASE

FOR IMMEDIATE RELEASE

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Cutting-edge Care Through Research

SACRAMENTO — The VA Northern California Health Care System (VANCHCS) in Sacramento is celebrating National VA Research Week on May 18th. The event highlights the important work of VANCHCS scientists who are seeking medical breakthroughs and supporting the health of Veterans in our community.

The event will take place from 12-2 p.m. P.T. and will have a hybrid Teams/in-person program. The in-person sessions will be held at building 26, conference room at the Martinez Campus and building 650, Room 3A104 at the Mather campus. There will also be an [online meeting available through Teams](#).

VANCHCS researchers are investigating various conditions affecting Veterans, including traumatic brain injury, cancer, post-traumatic stress syndrome, diabetes, cardiovascular disease, stroke, liver disease, dermatologic conditions, infectious diseases, and pulmonary disease.

VA Research has greatly influenced the VA's mission of caring for military service members, their families, caregivers, and survivors for nearly a century. It helps connect Veterans with timely and high-quality care, supporting their overall health and ensuring a reliable healthcare system. VA's scientific investigations also contribute to advancements in medical science for all Americans.

In addition to studying service-related illnesses and injuries, VA researchers are dedicated to improving mental health, including research on post-traumatic stress syndrome (PTSD), anxiety, depression, substance abuse, and alternative approaches like Mindfulness and Qi Gong. Suicide prevention is a top priority, with efforts focused on understanding and mitigating risk factors for Veterans.

VA Research also examines how well the VA delivers healthcare to all Veterans, regardless of race, gender, ethnicity, or economic background. The goal is to provide excellent care to every Veteran, and the investigators' work plays a crucial role in enhancing health equity.

To learn more about VA Research, recent studies, or opportunities for Veterans to participate in research programs, visit www.research.va.gov.

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