



PRESS RELEASE

2023 VA2K Walk & Roll

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Public Affairs Office

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FOR IMMEDIATE RELEASE

VA2K Walk & Roll coming in May to promote Veteran homelessness awareness

VA's 13th annual VA2K Walk & Roll event is back with goals of moving the body in support of your whole health and well-being, while also helping homeless Veterans. The event is scheduled for May 17, 2023, at the White River Junction VA Healthcare System's main campus starting at 10:00 AM.

The community is invited to participate in the VA2K event which includes a short two-kilometer walk (1.24 miles). The event is free and offers a rolling start time until 2:00 PM to allow flexibility for participants.

To help area homeless Veterans, donations will be accepted for new clothing, sleeping bags, tents, gift cards to large box stores. All items must be NEW, no used donations are allowed. Also note, that at this time we are unable to accept donations for food, water and hygiene products. These donations will be collected and distributed to local homeless Veterans. Donations are not required in order to participate.

Since 2011, more than \$3 million in donations of these type have been raised nationally to help homeless Veterans. The [feature story](#) on www.va.gov/white-river-junction-health-care showcases efforts locally and nationally to help reduce Veteran homelessness.

Community groups who are interested in participating in the event should contact the local VA2K coordinator, Alicia Groft at 802 295 9363 x6343 or via email at Alicia.Groft@va.gov.

Find out more about the VA2K, Whole Health and Moving the Body at: [VA2K Walk & Roll - Whole Health](#)

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