

Are you a Veteran?

Do you have Posttraumatic Stress Disorder and Difficulty Sleeping?

ABOUT PTSD AND INSOMNIA

After a trauma or life-threatening event, it is common to have reactions such as upsetting memories of the event, increased jumpiness, or trouble sleeping. If these reactions do not go away or if they get worse, you may have Posttraumatic Stress Disorder (PTSD). So far, no medication has been shown to specifically treat insomnia (trouble sleeping) in individuals with PTSD.

This study (CSP 2016) is trying to learn whether taking investigational medications trazodone, eszopiclone, or gabapentin will help decrease symptoms of insomnia. If you are eligible and decide to enroll, you will receive study medications for approximately 12 weeks and be asked to come in for 7 in person study visits and 2 phone interviews

ABOUT THIS STUDY



U.S. Department of Veterans Affairs

PTSD study
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A research study, “National Adaptive Trial for PTSD related Insomnia (NAP)” is designed to evaluate whether taking investigational medications trazodone, eszopiclone, or gabapentin can help decrease symptoms of insomnia in military veterans with PTSD.

If you are a Veteran, have difficulty sleeping, and have PTSD or PTSD symptoms you may be eligible to participate in this study.

For more information about this study (VA C-IRB 19-13), please contact:

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