

EGD Preparation Instructions

If you have any questions, or if you wish to cancel/reschedule your appointment, please call GI at 317-988-3818 or toll-free at 1-888-878-6889, extension 83818.

Please read these instructions carefully and follow them all for a successful procedure

10 days before your procedure (date: _____)

Call your primary care physician to find out whether you should continue or stop taking any diabetes or blood thinning medications during the time around your procedure.

Diabetes medications include pills, insulin, and other injectable medications.

Blood thinners include, but are not limited to, warfarin (Coumadin), clopidogrel (Plavix), enoxaparin (Lovenox), prasugrel (Effient), ticagrelor (Brillinta), dabigatran (Pradaxa), rivaroxaban (Xarelto), apixaban (Eliquis)

Continue to take aspirin if this has been prescribed for you.

8 hours before your appointment time (date/time: _____)

1. Take all your medications, except for the adjustments in diabetes and blood thinning medicines made by your Primary Care physician.
2. Stop eating solid food. Your last meal should be light.
3. You may continue to drink water and black coffee (no cream, sugar, or artificial sweeteners) until 2 hours before your procedure.

2 hours before your appointment time (date/time: _____)

1. Stop drinking water and black coffee. Take nothing else by mouth until your procedure is over.

