

Psychology Internship Program

VA Medical Center Hampton

Director of Clinical Training (116A)

Veterans Affairs Medical Center

100 Emancipation Drive

Hampton, VA 23667 (757) 722-9961

[Internships And Fellowships | VA Hampton Health Care | Veterans Affairs](#)



GENERAL PSYCHOLOGY MATCH Number: 173111

Application Deadline: November 1



Accreditation Status

The psychology internship at the **VA Medical Center Hampton** is fully accredited by the Commission on Accreditation of the American Psychological Association. We have 4 positions; our next site visit will be Spring 2024.

Office of Program Consultation and Accreditation

American Psychological Association

Office of Program Consultation and Accreditation

750 First Street NE

Washington, DC 20002-4242

(202) 336-5979

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Psychology Setting

The Mental Health and Behavioral Sciences (MH&BS) Service provides a full range of mental health and rehabilitative services. The Service is multidisciplinary and is composed of members of the Psychiatry, Psychology, Social Work and Nursing Services. It is affiliated with the Eastern Virginia Medical School and the Virginia Consortium Program for Professional Psychology and provides clinical training, education and research opportunities to both medical residents and students within a wide variety of theoretical and clinical modalities. The MH&BS Service providers treat a variety of male and female veterans who range in age from early 20's to 90's and have an average age of 40 years. Seventy percent (70%) are service connected and 20-30% are indigent. Sixty to 70% are of African American and Hispanic origins while the remainder are Caucasian. Twenty-five percent of veterans served identify as female, 75% as male. All major diagnostic categories are represented including mood disorders, trauma related disorders, psychosis, dissociative disorders, dementia, delirium, personality disorders and substance abuse. Over 50% of the patients seen by the clinical staff are dually diagnosed. Interventions include individual psychotherapy, group therapy, couples/family therapy, medication management, ECT, and TMS provided in inpatient, residential, and outpatient settings.

The psychology program of the Hampton Veterans Affairs Medical Center is an active component of the MH&BS Service Line and has over 50 Ph.D./Psy.D. clinical staff, 2 post-doctoral fellows in clinical psychology (Emphasis Area: Women & Trauma), and 15 bachelor/masters level psychology technicians. Staff competencies represent a wide array of clinical and theoretical orientations including psychodynamic, cognitive-behavioral, interpersonal, and supportive psychotherapies. Evidence-based psychotherapy, marital and family therapy, various group modalities, and biofeedback are provided as indicated.

Training Model and Program Philosophy

The mission of the Hampton Veterans Affairs Medical Center Psychology Internship Training Program is to provide a training experience that ensures quality health care for our nation's veterans and ensures that the Department of Veterans Affairs has a constant source of well-trained and qualified psychologists for future employment. The Psychology Internship Program seeks to foster the development of the requisite skills, roles, and values of the health service psychologist. Acquisition of problem-solving attitudes that will enable interns to cope with situations beyond their current level of skills and knowledge and prepare them to meet new problems via innovation and research is a major training focus as well. The internship program is based on a scholar-practitioner model with an emphasis on training in the area of applied clinical practice. It is designed to train interns to function as independent, ethical, and competent health service psychologists with an emphasis on the provision of mental health services for adult medical center patients. Thus, our philosophy is to implement and promote established, reliable, valid, and efficacious treatment modalities and protocols to the greatest extent possible and to encourage our interns to actively draw upon the empirical body of literature to enhance the development of their professional skills. As scholar-practitioners, we remain abreast of current empirical findings in our chosen areas of professional practice to further our knowledge of treatment advances in order to inform clinical decisions.

Program Goals & Objectives

Goal: To prepare interns as skilled generalists in the provision of psychological services.

Objective 1: Intern will demonstrate proficiency in required profession-wide competencies.

Competencies Expected:

- Research
- Knowledge and application of ethical and legal principles

- Individual and cultural diversity
- Professional values, attitudes, and behaviors
- Communication and interpersonal skills

Objective 2: Intern will demonstrate competence in psychological assessment.

Competencies Expected:

- Administration of commonly used tests and measurements
- Interpretation of assessment and test data
- Writing a well-organized psychological test report

Objective 3: Intern will demonstrate competence in providing psychotherapeutic interventions.

Competencies Expected:

- Case conceptualization & diagnostics
- Formulation of appropriate treatment goals
- Presentation of well-timed, evidenced-based interventions

Objective 4: Supervision.

Competencies Expected:

- Apply knowledge of supervision models and practices in direct or simulated practice with psychology trainees or other health professionals.

Objective 5: Intern will demonstrate competence in providing professional consultation and interprofessional/interdisciplinary skills.

Competencies Expected:

- Competent professional consultation to other professionals, peers, and lay-persons

Program Structure

Description of Structure: We have 4 fully funded slots in generalist training. A total of approximately 1040 hours are spent in the three required rotations. The required rotations are PTSD Clinical Team, Outpatient Mental Health/Behavioral Health Integration Program. Four 340 hour elective rotations allow the intern to further explore areas of their interest.

Training Experiences

Rotations

REQUIRED

Behavioral Health Integrated Program (BHIP) Teams (Required Rotation)

BHIP Teams are comprised of multiple disciplines (psychiatry, psychology, social work, nursing, psych techs, and peer support specialists) providing integrated care to Veterans with a variety of treatment needs in a traditional mental health outpatient setting. Individual and group therapies are provided to veterans who have a wide range of diagnoses and come from diverse educational, socioeconomic and ethnic origins. Supervision during the BHIP rotation is available in a wide variety of treatment modalities and theoretical orientations (e.g., Psychodynamic, Cognitive-Behavioral, Interpersonal, Marital/Family Systems Therapy, Cognitive Processing Therapy, Acceptance and Commitment Therapy, and specialized group therapies). Interns also have opportunities to participate in brief, morning huddles and treatment

team meetings with veterans, and will gain experience collaborating in treatment with other mental health disciplines.

Supervisors: Carol Bonner, Psy.D.; Chad Buck, Ph.D.; Scott Cone, Ph.D.; Nicole Dutta, Ph.D.; April Trotman, Ph.D.; Larry Wootten, Psy.D.

Post-Traumatic Stress Disorder Clinical Team (Required Rotation)

The Post-Traumatic Stress Disorder Clinical Team (PCT) is an outpatient treatment program specifically designed to provide services to veterans diagnosed with combat- and military-related Post-Traumatic Stress Disorder (PTSD). The psychology intern is expected to function as a member of the interdisciplinary treatment team. Rotation responsibilities usually include co-leading or leading skills based groups; co-leading trauma-focused groups (e.g., Cognitive Processing Therapy); creating and leading a didactic workshop or skills based group; and engaging clients in individual therapy, including trauma-focused therapy. Interns will also learn how to conduct trauma assessments and diagnostic interviews, as well as formulate treatment plans.

Supervisors: Laurel Brockenberry, Ph.D., Mary Iskarous, Ph.D., Charity Seitz, Psy.D.

ELECTIVE

Inpt/Residential

Inpatient Psychiatry (Elective Rotation)

This site provides specialized training in comprehensive psychodiagnostic assessment and intervention with acutely disturbed patients who require brief/short term hospitalization. The intern will have the opportunity to learn skills in interviewing, diagnosis, formulation of treatment plans, case management, and milieu and group psychotherapies. Multidisciplinary patient reviews, intake interviews, treatment planning and daily ward activities provide the intern the opportunity to interact within the entire therapeutic community.

Supervisor: Bridget Kanz, Ph.D.

Drug Alcohol Program (DAP) (Elective Rotation)

The Drug Abuse Program (DAP) treats veterans with substance use disorder in an eclectic mix of therapeutic community: AA and 12-step techniques, cognitive-behavioral and spiritual interventions, and traditional psychosocial and psychiatric management approaches. The intern will be trained in the use of a semi-structured interview leading to a written diagnostic summary and will participate as a co-therapist in specialized group treatments. Time-limited individual psychotherapy and psychodiagnostic testing will also be a function of this training option. Interns will also assume an active role within the DAP Treatment Team and assist with the provision of information and on-going treatment planning.

Supervisor: Peter Johnson, Psy.D.

Seriously Mentally Ill Homeless Veterans Program (REHABITAT) (Elective Rotation)

The major focus of this 90-day residential program for homeless veterans is to assist veterans to function in a self-sufficient and independent manner. Rehabitat addresses the emotional, physical, spiritual, medical and social impairments often associated with homelessness. Ninety percent of the veterans enrolled in this multidisciplinary treatment program are dually diagnosed with psychiatric and co-morbid substance abuse diagnoses. Interns electing this highly specialized training experience will have an opportunity to conduct individual and group therapies, provide consultation and take an active role in program development and case management practices.

Supervisor: Harold Maxwell, Jr., Psy.D.

Community Living Center (Elective Rotation)

The major focus of this rotation is to provide psychological services for veterans in need of assisted living. This includes mental health screenings for new admissions, individual and group psychotherapy for residents, development of behavior management plans (STAR-VA program), providing psychological consultations for other disciplines

Supervisors: Nathan Andrew, Ph.D.

ELECTIVE
Out Patient Rotations-

Primary Care - Mental Health Integration (PCMHI) (Elective Rotation)

The Primary Care Mental Health Integration (PCMHI) team provides collaborative, co-located, evidence based integrated care at the VAMC Hampton with a focus on prevention and early intervention. This program utilizes the Behavioral Health Lab (BHL) program, cutting edge software used to provide care management and measurement based care (i.e., the use of structured assessments to inform treatment decisions) to primary care patients at VAMC Hampton. Interns on the PCMHI PACT rotation provide functional assessments, short-term, behaviorally based interventions, psychoeducation and consultative services regarding a wide range of mental health and behavioral medicine concerns. Services are provided through a variety of modalities, including face-to-face, telephone, and clinical video telehealth. Supervisors: Cynthia Hand, Psy.D.; Janette Mance-Khourey, Ph.D.; Kira Mellups, Ph.D.; Elena McSwain, Psy.D.; Serina Neumann, Ph.D.

Administrative/Management Rotation (Elective Rotation)

This rotation will familiarize the intern with the administrative aspects of a mental health service delivery system. Experiences in the following activities will be made available: conducting audits to identify programmatic deficiencies; developing programs to meet changing patient and Medical Center needs; evaluation of practitioner performance and creating performance appraisals; developing and analyzing results of needs surveys; participating in Center-wide committees; and training/supervision of pre-doctoral practicum level students.

Supervisors: Kathy Babel, Psy.D.; Nicole Dutta, Ph.D.; Carolyn Turnage, Ph.D.

Sexual Trauma Treatment Team (Elective Rotation)

Interns can elect to focus on the treatment of the lifespan exposure to sexual trauma including child/adolescent, adult civilian and/or Military Sexual Trauma (MST). There will be opportunities for interns to engage in intake interviews, outpatient based individual psychotherapy, couples therapy (heterosexual and gay/lesbian), psychotherapy groups and psychodiagnostic evaluation.

Supervisors: Nicole Dutta, Ph.D.; Kelsey Ellis, Ph.D.

Albemarle Primary Outpatient Clinic (Elective Rotation).

The APOC is a rural, community-based clinic in Elizabeth City, N.C. This clinic primarily serves Veterans in northeastern North Carolina with a catchment radius of about 50-100 miles. This clinic is located about 90 minutes from VAMC Hampton. Interns on this rotation will perform comprehensive evaluations and assessments to diagnose and treat psychiatric conditions and psychosocial stressors observed in a rural Veteran population, i.e., PTSD, Major Depressive conditions, substance abuse and dependence, readjustment issues, serious mental illness, family turmoil, and anger management. In addition to providing evidence-based psychotherapies as a routine part of care, the APOC also has a number of Tele-mental health courses that interns will have the opportunity to lead or co-lead.

Supervisor: Abigail Slowik, Psy.D.

Trauma Recovery Services (Elective Rotation)

This trauma-focused rotation is offered virtually via the Portsmouth CBOC. The TRS program provides evidenced-based, trauma-focused therapy for veterans who have experienced a traumatic event at any point in the lifespan (e.g., childhood trauma, military trauma, etc.) and are currently experiencing PTSD symptoms. An intern engages in intake interviews as well as individual and group therapies. Emphasis is given on the development of an intern's skillset in the delivery of evidence-based protocol treatments for PTSD (e.g., Cognitive Processing Therapy, Prolonged Exposure, etc.).

Supervisors: Alexander Reustle, Ph.D., Laurin Robers, Ph.D.

LGBTQ (Elective Rotation)

The intern will work under the supervision of Dr. Mary Brinkmeyer, LGBTQ+ Veteran Care Coordinator, to provide care to LGBTQ+ veterans, including education about services the Hampton VAMC offers to this population, assessment for gender dysphoria and readiness for gender-affirming hormone therapy, LGBTQ+ affirmative individual therapy, and resilience-based group therapy. The intern will also

participate in educational outreaches to mental health and medical departments in the Hampton VAMC and may have the opportunity to assist with community outreach. This rotation stresses the role of minority stress in mental/physical health disparities for LGBTQ+ veterans, as well as understanding trauma specific to serving under the ban on LGBTQ+ service/Don't Ask Don't Tell.
Supervisor: Mary Brinkmeyer, Ph.D.

Emphasis Areas

By combining elective rotation choices along with the core required rotations, interns are able to define areas of focus for their internship training. Some suggestions of possible combination of elective rotations as areas of focus:

Trauma emphasis=Core rotations + Trauma Recovery Service + Sexual Trauma Treatment Team
electives + two other electives
Serious Mental Illness—Core + Rehabitat + Inpatient patient psychiatry + another elective

Diversity and Health Equity

The Hampton VA Medical Center has a diverse employee and Veteran population. Interns have the option to pursue training opportunities that support the VA's mission to eliminate health disparities and achieve health equity for all Veterans. For instance, the facility has a nationally recognized LGBT Veteran Program, with several innovative projects focused on affirmative care and reducing healthcare disparities. In a recent poll of faculty, those who self-identified as white made up 71%, those who self-identified as African American or black made up 20%, those who self-identified as Hispanic or Latino made up 6%, and those who self-identified as Asian made up 2%. As far as gender, those polled identifying as male made up 29%, those as female 68%, and those identifying as nonbinary 2% of faculty members.

Additional Training Experiences

Behavioral Health Interdisciplinary Program (BHIP) Intake Clinics: All interns are required to take an active role BHIP intake clinics. The purpose of this weekly 2-hour clinical experience is four-fold:

1. To streamline the referral process of patients to outpatient mental health services.
2. To establish an initial clinical point of contact for patients referred to outpatient mental health services.
3. To expedite the scheduling of acute psychiatric patients.
4. To collect standardized information regarding the baseline functioning of patients referred to outpatient mental health services. Specifically to:
 - (a) Assess the presence and severity of depression in referred patients
 - (b) Assess the presence and severity of suicidal and/or homicidal ideation
 - (c) Assess the general level of symptomatology in referred patients

During this yearlong clinical assignment, interns will gain training and experience in several significant clinical and administrative areas that professional psychologists are normally expected to perform:

1. Experience in brief assessment and the appropriate triage of a varied population of psychiatric patients. Presenting symptoms include, but are not limited to, depression, anxiety, suicidality, homicidality, psychosis, dementia, traumatic stress reactions, dissociative disorders and phobias
2. Experience in the administration and interpretation of a brief clinical assessment battery
3. Experience in brief clinical interviewing and relaying feedback regarding assessment results to both patients and medical staff alike
4. Experience in consultation with other mental health providers and allied medical center staff.

Psychological Assessment: There is an additional requirement that all interns complete at least 10 psychological assessment batteries during the training year. A battery is defined as a clinical interview, a case file review, administering, scoring, interpreting, and writing a report that includes at least two major psychological tests and/or measurements, and providing appropriate feedback to the referral source as well as the veteran.

Supervision: Regularly scheduled supervision (4 hours per week) along with mentoring relationships is maintained throughout the course of the program. Mandatory weekly meetings with all interns and the Director of Clinical Training provide further informal training and mentoring experiences. Interns receive 2 hours of supervision on each rotation, for a total of 4 hours of supervision per week. Interns are exposed to a variety of training and supervision styles reflective of the various theoretical orientations currently employed within the field of psychology, i.e., client-centered, cognitive behavioral, emotion-focused, interpersonal, psychodynamic, self-psychology, and supportive therapeutic approaches.

In addition to receiving supervision, psychology interns will experience the provision of supervision to practicum trainees and will receive supervision of supervision of this experience.

Evaluation: To maintain good standing in the program, interns must maintain minimum levels of achievement on outcome measures. The intern is evaluated mid-rotation and at the end of the rotation using the Psychology Intern Competency Assessment Form.

Requirements for Completion

To maintain good standing in the program, interns must maintain minimum levels of achievement on outcome measures. The intern is evaluated mid-rotation and at the end of each rotation using the *Doctoral Psychology Internship Core Competencies Form*. The minimum threshold for satisfactory performance on all clinical competencies at the end of every rotation is expected to be at the rating of "2" or higher. In the event an intern receives a rating of rating of "1" at the mid-point or end of a rotation on any competency goal, the procedures as defined in the Management of Problematic Behavior and Due Process will be followed. By the midpoint of the training year (Mid rotation evaluation during second trimester), intern must demonstrate skill at Level 2 for all domains. At the conclusion of the training year (end of the final trimester), intern must demonstrate skill at Level 3 or above for all competencies.

Facility and Training Resources

The interns are considered full members of the clinical staff for the purposes of all staff activities, office support, and work accommodations. Interns share a bullpen-style office space for the entirety of internship and share clinical therapy spaces over the course of their training year. These offices are located near the outpatient mental health clinic, the Director of Clinical Training, and/or other supervisors. Each intern has a PC with Windows, internet access, e-mail, and internal programs. VAMC Hampton's medical library maintains a full line of reference materials and can provide the interns with in-depth computerized literature searches. Databases are available for accessing full-text journal articles and books. Psychologists, as well as other staff, maintain their own collection of books and media related to their area of practice.

A large battery of psychological tests, procedures, and surveys are available in an on-line computer-based program maintained by the Veterans Health Administration and readily available to each intern via their individually assigned computer terminals. The Psychology Services section of MH&BS maintains other current and up-to-date computerized and non-computerized assessment instruments and diagnostic tools.

Administrative Policies and Procedures

Grievance procedures and conflict resolution issues are specifically addressed in the Management of Problematic Behavior and Due Process document. This document is presented to applicants during their interview and to incoming interns during their initial orientation to the internship. Guidelines for all intern

evaluations, disagreements, complaints, and grievances are clearly delineated, and all venues for appeal are described therein.

Statement of collecting personal information: "Our privacy policy is clear: we will collect no personal information about you when you visit our website."

The VAMC Hampton Internship Program does not require self-disclosure.

Training Staff

Nathaniel Andrew, Ph.D. University of Louisville, 2019. Internship: St. Louis VA Medical Center, St. Louis, MO. Postdoctoral Fellowship: Salem VA Medical Center (residency in geropsychology). Clinical / Research Interests: aging and mental health; mental health and long-term care; inpatient mental health.

Kathy Babel, Psy.D. – Virginia Consortium Program in Clinical Psychology, 2003. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Military Sexual Trauma; Evidence-Based Psychotherapy; Supervision.

Cristina Valdivieso Bain, Ph.D. Virginia Consortium Program in Clinical Psychology, 2018. Internship: Hampton VA Medical Center, VA. Clinical/Research Interests: Primary Care Mental Health, Focused ACT, Tobacco cessation, Brief interventions for alcohol use.

Carol Bonner, Psy.D. The Virginia Consortium Program in Clinical Psychology, 2015. Internship: Hampton VA Medical Center. Clinical/Research Interests: Psychological Testing and Assessment, Post Traumatic Stress Disorder, Social Justice and Diversity Studies, Evidenced-Based Psychotherapy.

Chad Buck, PhD. Georgia State University, 2006. Internship: Vanderbilt University-Veterans Affairs Medical Center Internship in Professional Psychology, Nashville, TN. Clinical/Research Interests: Post-Traumatic Stress Disorder, Childhood and Adult Sexual Abuse, Eating Disorders, Cognitive-Behavioral Therapy, Interpersonal Psychotherapy, Clinical Training/Supervision.

Scott L. Cone, Ph.D., Fordham University, 1998, Adjunct Faculty at College of William & Mary, Clinical Focus: Acceptance and Commitment Therapy with a broader focus on Contextual Behavioral Science and Process Based interventions.

James Dekker, Ph.D. – Ball State University – 1983. Internship: University of Utah Counseling Center, Salt Lake City, UT. Primary Clinical/Research Interests: Substance Abuse; Post-Traumatic Stress Disorder.

Stephanie Eppinger, Ph.D. University of Georgia, 1996. Internship: U.S. Air Force, Andrews AFB, MD. Clinical/Research Interests: Dialectical Behavior Therapy; Post Traumatic Stress Disorder, Clinical training/supervision, Evidenced-Based Psychotherapy.

Curtis Greaves, Ph.D. - Virginia Polytechnic Institute and State University Clinical Psychology Program, 1996. Internship: University of Virginia Counseling Center, VA. Primary Clinical/Research Interests: Mental Health Disability Evaluations; Motivational Interviewing; Post-Traumatic Stress Disorder; Evidence-Based Psychotherapy.

Cynthia Hand, Psy.D. - Virginia Consortium Program in Clinical Psychology, 2005. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: PTSD; Evidence-Based Psychotherapy; clinical hypnosis; assessment and treatment of sexual offenders.

Peter Johnson, Psy.D. – Loyola University of Maryland, 2009. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Substance Abuse Disorders; Evidence Based Psychotherapy; Humanistic Psychology; Group Psychotherapy.

Bridget Kanz, Psy.D. Illinois School of Professional Psychology, 2009. Internship: Wisconsin Department of Corrections, Division of Adult Institutions. Clinical Interests: Major Mental Illness, Personality Disorders, Dialectical Behavior Therapy, EMDR.

Harold Maxwell, Jr., Psy.D. - Virginia Consortium Program in Professional Psychology, 1990. Internship: VA Medical Center, Pittsburgh, PA. Primary Clinical/Research Interests: Substance abuse; psychotherapy with African-Americans; religion and psychology.

Elena A. McSwain, Psy.D. Regent University. Internship: Southeast Louisiana Veteran Health Care System. Clinical/Research Interests: Chronic pain; Diversity, Equity, Inclusion and Justice; Chronic health conditions; Consulting/Training

Melita Murray-Carney, Ph.D. – University of Maryland, College Park, 1994. Internship: Virginia Commonwealth University, Counseling Center, Richmond, VA. Clinical/ Research Interests: Group Therapy; Cognitive Theory; Health Psychology; Spirituality and Psychology.

Lisa Newman, Psy.D.- Virginia Consortium Program in Clinical Psychology, 2003. Internship: Broughton Hospital, Morganton NC. Primary Clinical Interests: Psychological and forensic assessment, psychotherapy (adolescents and adults), depression, anxiety, eating disorders and LGBT issues.

Heath Patterson, Ph.D. ---University of Alabama Program in Clinical Psychology and Law 2004. Internship: Florida State Hospital, Chattahoochee, FL. Primary clinical/research interests: assessment (more specifically malingering, personality, competency to stand trial and intelligence), criminal and civil forensic evaluations, voir dire/jury selection, courtroom testimony, evaluation of disability, teaching of undergraduates, and supervision of graduate level students.

David Powell, Psy.D. – Virginia Consortium Program in Clinical Psychology, 2005. Internship & Fellowship: Eastern Virginia Medical School, Norfolk VA. Primary Clinical/Research Interests: Neuropsychology; Cognitive Rehabilitation; Assistive Technology; Geriatrics.

Alexandra Reustle, Psy.D. Our Lady of the Lake University, 2021. Postdoctoral Residency: Salisbury VA Medical Center. Current Position: MST Psychologist with Trauma Recovery Services. Clinical/Research Interests: Cognitive Processing Therapy, Prolonged Exposure Therapy, Acceptance and Commitment Therapy for PTSD, Post Traumatic Stress Disorder, Military Sexual Trauma, Clinical training/supervision, Evidence-Based Psychotherapy.

Laurin Roberts, Ph.D. The Virginia Consortium Program in Clinical Psychology, 2018. Internship: North Florida/South Georgia Veteran's Health System, Gainesville, FL. Post Doc: PTSD Postdoctoral Residency, St. Louis VA Healthcare System, St. Louis, MO. Clinical/Research Interests: Post-Traumatic Stress Disorder, Evidenced-Based Psychotherapy, Moral Injury, Complex Trauma.

Joanne Shovlin, Psy.D. – Virginia Consortium Program in Professional Psychology, 1994. Internship: Friends Hospital, Philadelphia, PA. Primary Clinical/Research Interests: PTSD (combat); mood disorders; medical rehabilitation; geriatrics; hospice care and bereavement. Clinical orientation/interventions: Cognitive-behavioral & Psychodynamic; CPT provider; EMDR certified therapist.

Tasha Simmons, Psy.D. – Argosy University, 2007. Internship: Virginia Treatment Center for Children, Richmond, VA. Primary Clinical/Research Interests: Psychological Assessment, Forensic Psychology, and Geriatrics.

Abigail Slowik, Psy.D. – Indiana State University, 2015. Internship: James H. Quillen VAMC, Mountain Home, TN. Postdoctoral Fellowship: Hampton VAMC. Clinical /Research Interests: Women's Health and Trauma; Gender & Sexuality; Military Sexual Trauma.

Jennifer Thiessen, Psy.D. – Rosemead School of Psychology, Biola University, 2011. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Trauma/PTSD; Psychodynamic Psychotherapy; Attachment Theory; Acceptance and Commitment Therapy; Psychological Assessment; Supervision.

Celena Thompson, Psy.D. – Wright State University School of Professional Psychology, 1997; Internship: Eastern Virginia Medical School; Primary clinical interests: cultural competency; gender specific treatment approaches; Evidenced-based trauma treatment.

April Trotman, Ph.D. – University of Rhode Island in Clinical Psychology, 2017. Internship: Charlie Norwood VA Medical Center/Medical College of Georgia Consortium, Augusta, GA. Primary Clinical/Research Interests: Women's Mental and Sexual Health, Trauma/Intimate Partner Violence, LGBTQ Identities, Multicultural/Diversity Issues

Carolyn Turnage, Ph.D. – Loyola University Chicago, 2005. Internship: Virginia Commonwealth University Counseling Service, Richmond, VA. Primary Clinical/Research Interests: Relational-Cognitive model of therapy, addiction, and sexual trauma.

Larry Wootten, Psy.D. American School of Professional Psychology at Argosy University, 2019. Internship: Texas Valley Coastal Bend VA Healthcare System. Clinical/Research Interests: Serious Mental Illnesses; Dialectical Behavior Therapy; Cognitive Behavioral Therapy for Psychosis; Cultural Diversity within the Serious Mental Illness Population; Clinical Training/Supervision.

Trainees

2022-2023 Interns

Kara Cochran, Michigan State University, Clinical, Ph.D.
Darice Davis, Regent University, Clinical, Psy.D.
Jessica Schultz, University of Southern Mississippi, Counseling, Ph.D.
Sherri Tschida, Fielding Graduate University, Clinical, Ph.D.

2021-2022 Interns

Laurel Brockenberry, Virginia Consortium in Clinical Psychology, Clinical, Ph.D.
Kelsey Ellis, Virginia Consortium in Clinical Psychology, Clinical, Ph.D.
Charles Miller, James Madison University, Clinical, Psy.D.
Megan Rinderer, University of Denver, Clinical, Psy.D.
SuzAnna Waters, Fielding Graduate University, Clinical, Ph.D.

2020-2021 Interns

Uniqua Alexander-Bunn, Regent University, Clinical, Psy.D..
Jennifer Blue, Regent University, Clinical, Psy.D.
Craig Carnegie, Nova Southeastern University, Clinical, Psy.D.
Natalie Hicks, Florida Institute of Technology, Clinical, Psy.D.

2019-2020 Interns

Melissa Bangle (IBH Emph Area), Illinois Institute of Technology, Clinical Ph.D.
Cari Oliver (General Psych Emph Area), Regent University, Clinical, Psy.D.
Thomas Parinello (General Psych Emph Area), Fielding Graduate University, Clinical, Ph.D.
Shelby Robinson (General Psych Emph Area), Adler University, Clinical Psy.D.

2018-2019 Interns

Stephanie Cristiano (General Emph Area), Syracuse University, Clinical, Ph.D.
Sheila O'Brien (General Psych Emph Area), Chicago School of Professional Psych-DC, Clinical, Psy.D.
Stephanie-Jane Okpara (IBH Emph Area), Wright State University, Clinical, Psy.D.

Charity Seitz (General Psych Emph Area), Adler University, Clinical Psy.D.

2017-2018 Interns

Michael Arevalo (IBH Emph Area), Marywood University, Clinical, Psy.D.
Cristina Bain (General Psych Emph Area), Virginia Consortium in Clinical Psychology, Clinical, Ph.D.
Vanessa Facemire (General Psych Emph Area), University of Akron, Counseling, Ph.D.
Donnesha Gibson (General Psych Emph Area), Howard University, Counseling, Ph.D.
Emily Ludwig (IBH Emph Area), Radford University, Counseling, Psy.D.

2016-2017 Interns

Rachel Bangit (General Psych Emph Area), Argosy-DC, Clinical, Psy.D.
Tyler Boonstra (IBH Emph Area), University of Detroit Mercy, Clinical, Ph.D.
Kaitlyn Masai (IBH Emph Area), Alliant IU/CSPP-Los Angeles, Clinical, Ph.D.
Kathryn Smagur (General Psych Emph Area), Michigan State University, Clinical, Ph.D.
Matthew Waxler (General Psych Emph Area), Adler University, Clinical, Psy.D.

2015-2016 Interns

Nicole Dutta (General Psych Emph Area), Auburn University, Clinical, Ph.D.
Mary Harlinger (IBH Emph Area), Tennessee State University, Counseling, Ph.D.
Anna Mastapha (General Psych Emph Area), University of Kentucky, Counseling, Ph.D.
Lindsay Mullan (IBH Emph Area), Fielding Graduate University, Clinical, Ph.D.
Dominique Renyer (General Psych Emph Area), Pacific University, Clinical, Psy.D.

2014-2015 Interns

Kelly Martincin (IBH Emph Area), Cleveland State University, Counseling, Ph.D.
Luke Seltzer (General Psych Emph Area), Rosemead School of Psychology, Clinical, Psy.D.
Katherine Shaw (General Psych Emph Area), Argosy -DC, Clinical, Psy.D.
Marlana Webster (IBH Emph Area), James Madison University, Clinical, Psy.D.
Laura White (General Psych Emph Area), Florida Institute of Technology, Clinical, Psy.D.

2013-2014 Interns

Catherine DeBoer (IBH Emph Area), Regent, Clinical, Psy.D.
Nicole Hofman (General Psych Emph Area), University of South Dakota, Clinical, Ph.D.
Lindsay Phebus (General Psych Emph Area), Nova Southeastern University, Clinical, Psy.D.
Tabitha Sierra (IBH Emph Area), Regent, Clinical, Psy.D.
Nicole Scaro (General Psych Emph Area), MN School of Professional Psych, Clinical, Psy.D.

2012-2013 Interns

Ashley Glover, James Madison University, Psy.D.
Alexis Pitts, Tennessee State University, Ph.D.
Blake Webster, Wichita State University, Ph.D.

2011-2012 Interns

Vanessa Handsel, University of Tennessee, Clinical, Ph.D.
Kristen Ogilvie, Wright Institute, Clinical, Psy.D.
Carol Robinson, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.

2010-2011 Interns

Kristie Norwood, The University of Memphis, Counseling, Ph.D.
Janette Mance-Khourey, University of Akron, Counseling, Ph.D.
Jennifer Thiessen, Rosemead School of Psychology, Clinical, Psy.D.

2009-2010 Interns

Christine Lovelady, Loyola College in Maryland, Clinical, Psy.D.
Mirela Militaru, American School of Professional Psychology (Argosy), Psy.D.
Haya Soya, Florida Institute of Technology, Psy.D.

2008-2009 Interns

Peter Johnson, Loyola College in Maryland, Clinical, Psy.D.
Stephanie Nowacki-Butzen, Regent University, Clinical, Psy.D.
Mark Skellie, Georgia School of Professional Psychology, Clinical, Psy.D.

2007-2008 Interns

Brandon Bryan, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.
Sarah Ingle, University of North Texas, Clinical, Ph.D.
April Muldrow, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.

2006-2007 Interns

Evan Alvord, George Fox University, Clinical, Psy.D.
Abigail Craine, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.
Stacie Otey-Scott, Regent University, Clinical, Psy.D.

2005-2006 Interns

Tonia Bagby, Chicago School of Professional Psychology, Clinical, Psy.D.
Kimberly Smeltzer, Chicago School of Professional Psychology, Clinical, Psy.D.

2004-2005 Interns

Deborah Vick, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.
Tiffany Rogers, Georgia School of Professional Psychology, Clinical, Psy.D.

2003-2004 Interns

Ronald Field, Farleigh Dickenson University, Clinical, Ph.D.
Cynthia Hand, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.

2002-2003 Interns

Kathy Babel, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.
Philip Hatfield, Fielding Institute, Clinical, Ph.D.

All interns have provided consent for their names to be posted on our website.

Local Information

Hampton, Virginia, America's oldest continuous English speaking settlement and the site of the Civil War battle of the Monitor and the Merrimac, was founded in 1610 in the area of Virginia known as the "Cradle of the Nation." Within this geographical designation are the historical sites of the Jamestown Settlement, Yorktown Village and Battlefield and the restored city of Colonial Williamsburg. Our facility is adjacent to Hampton University and Point Comfort which are both sites important in the Civil War and the emancipation of enslaved peoples. Nearby Newport News, the site of the world's largest shipbuilding



company, together with the cities of Norfolk and Portsmouth, make up the Port of Hampton Roads, one of the finest natural harbors in the world. Virginia Beach, the renowned seashore resort, is approximately a 35 minute drive from Hampton. North Carolina's Outer Banks with its world-class fishing and beach facilities is 1½ hours to the south and Washington, D.C. lies 185 miles to the north. The College of William & Mary, Hampton University, Old Dominion University, Norfolk State University, Regent University, and Christopher Newport University are the major learning and academic centers located within Hampton Roads.

The mild climate, ranging from an average of 47 degrees in January to 85 degrees in July, together with a wide variety of cultural and recreational activities, make this area an exceptionally attractive one in which to work and live. The Virginia Opera, The Virginia Symphony, the Virginia Waterfront International Arts

Festival and the famed Hampton Jazz Festival are but a few of the many and varied events that have become an integral part of the Hampton Roads cultural scene. Hampton Roads is also home to the Chrysler Museum, the Mariner's Museum, the Virginia Beach Center for the Arts, the Virginia Aquarium & Marine Science Center, and the Virginia Living Museum. Waterfront and seafood festivals are regularly scheduled on most summer weekends, world-class golf courses abound and the availability of water sports activities is virtually endless. Professional baseball, soccer and ice hockey are well represented and several major shopping centers are within easy reach of the Hampton Veterans Affairs Medical Center.



Diversity maximizes our true potential for creativity, innovation, quality patient care, educational excellence, and outstanding service. Individuals with diverse backgrounds and those who promote diversity and a culture of inclusion are encouraged to apply.



processed into a training program. Exceptions can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.

3. Interns and Fellows are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.
4. VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns and Fellows are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees.
5. Doctoral student in good standing at an APA or CPA-accredited graduate program in Clinical or Counseling psychology. Persons with a doctorate in another area of psychology who meet the APA criteria for re-specialization training in Clinical or Counseling Psychology are also eligible.
6. Approved for internship status by graduate program training director.

ADDITIONAL ELIGIBILITY CRITERIA FOR PSYCHOLOGY INTERNSHIP AT HAMPTON VAMC

A minimum of 400 direct intervention hours are needed to meet eligibility requirements at the Hampton VAMC. There is no minimum number of assessment hours however we do require an applicant to have completed at least 4 integrated psychological assessment batteries and have administered at least 4 WAIS-III/WAIS-IVs and/or other intellectual assessments and at least 4 MMPI-III, MMPI-RFs, and/or PAIs as part of those integrated assessments.. Our selection process includes virtual interviews, generally held during the month of January during which time interviewees are able to meet members of the training staff as well as current interns. We will also hold virtual and/or in person open house and information meetings, where interested applicants may meet staff and faculty in a less formal setting with the ability to ask questions of rotation supervisors and of the current interns.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	N	<u>Yes</u>	Amount: 400 hours
Total Direct Contact Assessment Hours	<u>No</u>	Y	Amount: N/A

Describe any other required minimum criteria used to screen applicants:

Must have a minimum of **1000** practicum hours with a minimum of **400** practicum hours of intervention.

1. Although the Hampton VA has no minimum required hours for assessment, applicants must have completed at least 4 integrated psychological assessment batteries and have administered at least 4 WAIS-III/WAIS-IVs and/or other intellectual assessments and at least 4 MMPI-III, MMPI-RFs, and/or PAIs as part of those integrated assessments.
2. Please note that completion of all academic work including the dissertation is preferred.

Should you choose to apply, please go to the www.appic.org website and complete the online AAPI. Please make sure you have included the following materials in your online AAPI.

- Curriculum Vitae
- Graduate transcripts
- **Three** letters of recommendation
- A cover letter of interest describing your past training and career goals
- The APPIC Application for Psychology Internship (AAPI)
- **Supplemental Material (please submit in online application in Supplemental Section): A recent psychological assessment report that includes the integration of at least 2 psychological tests and a clinical interview**

COMPLETE APPLICATIONS (to include the psychological assessment report) MUST BE SUBMITTED NO LATER THAN NOVEMBER 1.

Interviews are required. Interviewees will meet with the Director of Clinical Training, the Internship

Training Committee. There will be separate opportunities for applicants to meet their rotation supervisors, and current interns in virtual open house and information meetings. We notify all applicants by December 15 about the status of their application and about whether they have been selected for an interview.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	\$33,751	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	104	
Hours of Annual Paid Sick Leave	104	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	No
Other Benefits (please describe): The Psychology Internship Program is funded by the Office of Academic Affiliations of the Department of Veterans Affairs Central Office as an annual, earmarked allocation to the medical center. The current annual internship stipend at VA Hampton is \$33,751. This stipend requires a full calendar year of training; our start date is early August each year. VA provides health care benefits for interns as for any other VA employee. Health benefits are also available to dependents and married spouses of interns and fellows. Health benefits are now available to legally married same-sex spouses of interns regardless of state of residency. However, unmarried partners of either sex are not eligible for health benefits. Insurance programs can be selected from a wide array of options. More information about VA stipends and benefits are available at www.psychologytraining.va.gov/benefits.asp .		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2019-2022	
Total # of interns who were in the 3 cohorts	13	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	0	0
Community mental health center	0	0
Consortium	0	0
University counseling center	0	0
Hospital/Medical center	0	0
Veterans Affairs Health Care System	3	6
Psychiatric facility	0	0
Correctional facility	0	0
Health maintenance organization	0	0
School district/system	0	0
Independent practice setting	3	1
Other	0	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.