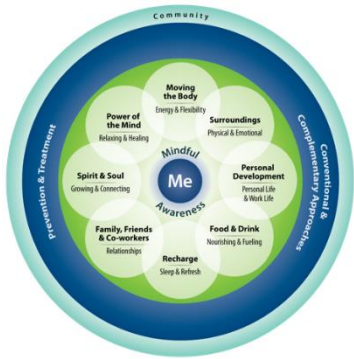


EK LOCAL EDUCATION OFFERING

WHOLE HEALTH COACHING

SKILLS FOR CLINICIANS



Whole Health Coaching for Clinicians is designed to be highly experiential, with an emphasis on taking coaching skills back to your clinical practice.

The focus is meeting Veterans where they are in readiness for change, providing information in a Veteran-centered fashion (a 'coach' approach), and supporting action.

A great learning event for Providers, Nurses, PAs, NPs, Psychologists, Social Workers, Dieticians etc.

You will leave this course with skills to:

- ✓ Support Veterans who present at each Stage of Change (readiness for change) when discussing lifestyle behaviors.
- ✓ Apply the 'coach' approach to patient education (Elicit-Provide-Elicit).
- ✓ Demonstrate critical listening and communication skills in the context of Elicit-Provide-Elicit.
- ✓ Understand the importance of behavioral goals for sustainable behavior change.
- ✓ Initiate the 'coach approach' with a powerful question during a Veteran encounter.
- ✓ Integrate the skills into a conversation with a Veteran in just a few minutes.

Time Commitment 4 sessions, 120 mins each, once a week for 4 weeks.

Courses

Virtual Session: Thursdays| 1300-1500, January 11th, 18th, 25th Feb 1st 2024
[TMS 4646454 Class ID 3935837 Click Here to Register.](#)

Virtual Session: Mondays| 0800-1000am , June 3rd, 10th, 17th, 24th 2024
[TMS 4646454 Class ID 3935842 Click Here to Register.](#)

You can also go to the EKHCS Education Calendar to click on the class and get registered in TMS.

7.5 FREE CREDIT HOURS available. ACCME, ACCME-NP, ANCC, APA, ASWB, CDR, JA IPCE, NBCC, NYSED SW, NYSED-P