



# U.S. Department of Veterans Affairs

Veterans Health Administration  
*VA Long Beach Healthcare System*

## Psychology Postdoctoral Fellowship Program



VA Long Beach Healthcare System  
Tibor Rubin VA Medical Center  
5901 East 7th Street (06/116B)  
Long Beach, CA 90822  
(562) 826-5604

<http://www.longbeach.va.gov/>  
<https://www.va.gov/long-beach-health-care/work-with-us/internships-and-fellowships/psychology-training/>

### APPLICATION DEADLINES:

Monday, December 4, 2023 at 11:59PM <b>EST</b>	Clinical Neuropsychology
Wednesday, December 13, 2023 at 11:59PM <b>EST</b>	Advanced Mental Health Interprofessional Education Women’s Mental Health & Trauma Post Traumatic Stress Disorder Rehabilitation Psychology

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## INTRODUCTION

The first cohort of Psychology Postdoctoral Fellows began in September 2008. Our program received full re-accreditation in 2019 and our next site visit will be in 2029. The Postdoctoral Fellowship in Clinical Neuropsychology was granted specialty accreditation in 2018 and the next site visit will be in 2028. The Postdoctoral Fellowship in Rehabilitation Psychology was granted specialty accreditation in 2020 and the next site visit will be in 2028.

The VALBHCS is part of a national network of medical centers and clinics operated by the Department of Veterans Affairs, with the mission of providing comprehensive health care to men and women who have served in the Armed Forces. The VALBHCS is responding to many sweeping national changes in the presentation of syndromes suffered by our returning Veterans. Our training program will continuously refine our assessment and intervention techniques to address the needs of our many returning Veterans of Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF) and Operation New Dawn (OND), while at the same time attending to the needs of our aging Veterans.

Psychology operates in a collegial fashion with other disciplines, and practicum students, interns and postdoctoral fellows all obtain much of their training and clinical experience in the context of multidisciplinary teamwork. The majority of supervisors in the Psychology Training Program are members of the Mental Health Care Group, and there are approximately 50 psychologists on our staff. In addition to the Medical, Surgical, and Mental Health Care programs, VALBHCS has a variety of specialized regional programs including a national Spinal Cord Injury (SCI) Center and a Blind Rehabilitation Center (BRC).

The Psychology Postdoctoral Fellowship at the VA Long Beach Healthcare System (VALBHCS) was awarded full re-accreditation in 2019. The Postdoctoral Fellowship in Clinical Neuropsychology was granted specialty accreditation in 2018 and the Postdoctoral Fellowship in Rehabilitation Psychology was granted specialty accreditation in 2020.

Our Psychology Postdoctoral Fellowship Program will offer training in five areas for the 2024-2025 year:

1. Advanced Mental Health Interprofessional Education Emphasis  
Two positions open with a 1-year duration
2. Women's Mental Health & Trauma Emphasis  
One position open with a 1-year duration
3. Post Traumatic Stress Disorder Emphasis  
One position open with a 1-year duration
4. Rehabilitation Psychology  
One position open with a 2-year duration
5. Clinical Neuropsychology  
One position open with a 2-year duration

Questions regarding the program's accredited status can be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 1<sup>st</sup> Street, NE, Washington, DC 20002-4242  
(202) 336-5979 e-mail: [apaaccred@apa.org](mailto:apaaccred@apa.org) Internet url: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

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## **APPLICATION AND SELECTION PROCEDURES**

All applicants to the Psychology Postdoctoral Fellowship Program at VA Long Beach Healthcare System must have received a doctorate from an APA (American Psychological Association) or CPA (Canadian Psychological Association) accredited graduate program in Clinical, Counseling, or Combined Psychology or PCSAS (Psychological Clinical Science Accreditation System) accredited Clinical Science program. Persons with a doctorate in another area of psychology who meet the APA or CPA criteria for respecialization training in Clinical, Counseling, or Combined Psychology are also eligible.

The applicant is also expected to have completed an internship program accredited by APA or CPA or have completed a VA-sponsored internship. Additionally, certification of U.S. citizenship and drug screening are required for all VA Postdoctoral Fellows. The federal government requires that male applicants to VA positions born after 1959 sign a Pre-Appointment Certification Statement for Selective Service Registration before they are employed. It is not necessary to submit this form with the application, but if you are selected for this fellowship and fit the above criteria, you will have to sign it. All Fellows will have to complete a Certification of Citizenship in the U.S. prior to beginning the fellowship. Applications from non-citizens will not be considered.

The VA conducts drug screening exams on randomly selected trainees and employees. Our training programs are committed to creating a supportive learning environment for individuals of diverse backgrounds, and as a federal agency, we abide by the U.S. Government Equal Employment Opportunity (EEO) and Reasonable Accommodation policies. The Psychology Postdoctoral Fellowship Program follows a policy of selecting the most qualified candidates and is an Equal Opportunity Employer. Our commitment to diversity includes attempting to ensure an appropriate representation of individuals along many dimensions, including (but not limited to) gender, sexual orientation, age, ethnic/racial minorities, and persons with disabilities.

Applicants are strongly encouraged to review the following two resources regarding eligibility for VA training:

<https://www.psychologytraining.va.gov/docs/Trainee-Eligibility.pdf>

<https://www.psychologytraining.va.gov/eligibility.asp>

These resources provide specific information regarding eligibility requirements and information regarding the process of being appointed to a VA position following the selection process. Please note that the flu vaccine and COVID-19 vaccine are mandatory for all VA trainees and staff, except

in the rare case of a documented medical exemption or deeply held religious belief that precludes being vaccinated.

Interviews will be offered by live videoconference for highly qualified candidates; no on-site interviews.

**PLEASE NOTE:** Selected applicants must have completed their internship and all required elements of their doctoral degree (dissertation, etc.) before starting postdoctoral fellowship. We **WILL NOT** allow late start applicants.

The following information applies to ALL positions except Clinical Neuropsychology: Interviews will take place at the end of January and early February 2024. Offers for positions will begin once interviews are completed. The start date for all positions is Monday, August 12, 2024.

The following information applies to Clinical Neuropsychology ONLY: Interviews will take place in early January 2024. Offers for positions will be as soon as interviews are completed but we reserve the right to make an early reciprocal offer for a top candidate if contacted with evidence of a competing offer. The start date for all positions is Monday, August 12, 2024.

To apply to one or more of our programs, please submit materials by going to the Association of Psychology Postdoctoral and Internship Centers (APPIC) Psychology Postdoctoral Application (APPA CAS) portal, which is located at: <https://appicpostdoc.liaisoncas.com/applicant-ux/#/login>

If you have any questions, please do not hesitate to contact:

Spring Flores Johnson, PhD  
Director, Psychology Postdoctoral Programs  
VA Long Beach Healthcare System  
Tibor Rubin VA Medical Center  
5901 E. 7th Street (06/116B)  
Long Beach, CA 90822  
spring.johnson@va.gov  
(562)826-8000 ext. 16365

### *Application Requirements*

Along with CV and graduate transcripts, please include:

A cover letter that describes your personal training goals and how our training program may help you achieve your professional goals. In your letter, please describe your previous educational, research, and clinical experience relevant to the emphasis area or areas to which you are applying; your assessment of your training needs in each emphasis area; specific clinical settings and experiences at VA Long Beach Healthcare System that you want to pursue during your fellowship year; and your general career aspirations. These application requirements are also outlined in the APPA CAS portal.

Note: If applying to more than one fellowship position at VA Long Beach HCS, the option is up to you regarding submitting one cover letter, or multiple. If you elect to submit multiple, you can upload one to the application portal and directly email the others to the Director of Postdoctoral Training ([spring.johnson@va.gov](mailto:spring.johnson@va.gov)) for appropriate distribution.

Three letters of recommendation from faculty members or clinical supervisors who are familiar with your clinical work as well as your research. Please note that “letters of recommendations” are referred to as “Evaluations” within the APPA CAS portal.

A letter from your dissertation chair regarding dissertation status and anticipated completion date. (Note: If your dissertation chair is writing one of your letters of recommendation, this information can be included in the letter).

For Rehabilitation Psychology applications ONLY:

One clinical work sample, such as a treatment summary or an assessment report, or other work sample, such as published manuscript on which you are first author or other written product that highlights work relevant to the specialty area. If using a clinical sample, please make sure to de-identify according to HIPPA standards.

Financial and Other Benefit Support for 2024-2025 Training Year

Annual Stipend/Salary for Full-time Residents	\$59,797 (Year 1) / \$63,029 (Year 2)
Annual Stipend/Salary for Half-time Residents	N/A
Program provides access to medical insurance for resident?	Yes
If access to medical insurance is provided:	Yes
Trainee contribution to cost required?	Yes
Coverage of family member(s) available?	Yes
Coverage of legally married partner available?	Yes
Coverage of domestic partner available?	Yes
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	4 hours per 2-week pay period
Hours of Annual Paid Sick Leave	4 hours per 2-week pay period
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes
<p>Other Benefits (please describe):</p> <p>Authorized Absence (AA) for training may be requested for off-site educational workshops/seminars, conferences, other approved training activities, and license examination. Up to 10 days can be requested by the Fellow throughout the training year. Requests for authorized absence are negotiated on a case-by-case basis between the Fellow, the Director of Postdoctoral Training, Executive Training Committee (ETC), and the Chief Psychologist. Fellows may combine authorized absence with annual leave if they wish.</p>	

## TRAINING MODEL AND PROGRAM PHILOSOPHY

We endorse the Scientist-Practitioner Model of Psychology, and the postdoctoral training experience is organized accordingly. We are guided both by the original Boulder Model (Raimy, 1950) and by the update of the Scientist-Practitioner Model as articulated at the 1991 Gainesville conference (Belar & Perry, 1992). The mission of the VALBHCS Psychology Postdoctoral Fellow Training Program is to train psychologists who meet advanced practice competencies in psychology and can function effectively as professional psychologists in a broad range of multidisciplinary and interdisciplinary settings. Prior to beginning their postdoctoral experience, Fellows are expected to have a solid grounding in generalist psychology training. The primary goal of the Psychology Postdoctoral Fellowship Program is for our Fellows to develop the full range of skills required for independent functioning as a psychologist.

A second major goal of our Psychology Postdoctoral Fellowship Program is to prepare fellows to practice in one of the current high-priority areas of mental health care for Veterans, as illustrated by our Emphasis areas. Through professional activities in these areas, Fellows receive training that facilitates their development of the core general advanced practice competencies. In addition, Fellows develop a depth of knowledge and advanced skills in working with specific populations and treatment settings (i.e., older adult Veterans, Veterans with Traumatic Brain Injury, Veterans with physical and sensory disabilities and those living with Posttraumatic Stress). For the Postdoctoral Fellowship in Clinical Neuropsychology, high-priority areas include working with Veterans with concussions, mild cognitive impairment, dementia, or other neurological conditions.

Note: For the specialty accredited Rehabilitation Psychology Postdoctoral Fellowship Program, the goal is to train practitioners in mental health disciplines to partner with integrative rehabilitation treatment teams and Veterans through a participatory, collaborative, and coordinated approach with shared decision making (Canadian Interprofessional Health Collaborative PIS, 2010 as noted in [http://www.cihc.ca/files/publications/CIHC\\_EvalReport0809\\_May1109.pdf](http://www.cihc.ca/files/publications/CIHC_EvalReport0809_May1109.pdf)). The Rehabilitation Psychology Postdoctoral Fellowship Program has been developed in accordance with the Guidelines for Postdoctoral Training in Rehabilitation Psychology/Baltimore Guidelines as well as the APA Guidelines for Assessment of and Intervention with Persons with Disabilities.

### *Commitment to Diversity*

The psychology service seeks to champion diversity by reflecting the hospital mission of emphasizing care and respect for the physical, psychological, and spiritual health of all. We seek to develop an inspiring environment that fosters authenticity, belonging, and creativity. As a federal employer and an equal opportunity training program, our facility and department of Psychology strongly adhere to policies on non-discrimination and accommodations to facilitate success in our training programs. We encourage applications to our postdoctoral residency from diverse applicants. The VA Long Beach Psychology Department believes that diversity presents in multiple facets. We consider diversity as including various cultures, values, and experiences of trainees and faculty, as well as different theoretical models, research paradigms, and ways of professional practice. Our training program and service regularly work towards creating a culture of humility with respect to diversity knowledge, awareness and skills. The VA Long Beach Psychology Service aspires to combat prejudice, stereotyping, and harassment and is committed to the continued

development of the personal and professional skills of its employees, who are treated in a fair and unbiased way and given every encouragement to realize their potential.

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## **PROGRAM GOALS AND OBJECTIVES**

We have two primary goals for our Psychology Postdoctoral Training Program:

1. Fellows will develop the full range of skills required for independent functioning as a psychologist. These skills follow the APA Commission on Accreditation competencies.
2. Fellows will develop skills required to function effectively as a psychologist in a high-priority area of health care for Veterans. For our Psychology Postdoctoral Fellows, this could be in the following five training areas: Advanced Mental Health Interprofessional Education Emphasis, Women's Mental Health & Trauma Emphasis, Post Traumatic Stress Disorder Emphasis, Rehabilitation Psychology, and Clinical Neuropsychology.

Attainment of our first goal is quantified by a range of competencies established by the American Psychological Association's Standards of Accreditation in Health Service Psychology. These include research, ethical and legal standards, individual and cultural diversity, professional values, attitudes and behaviors and intervention. Fellows are expected to demonstrate successful performance of these skills, as defined in our Handbook for Psychology Postdoctoral Fellows by the end of fellowship. Attainment of our second goal is quantified by a set of emphasis area specific skills, which are also defined in our Handbook for Psychology Postdoctoral Fellows. These requirements are further elaborated under the section below titled "Requirements for Completion of the Postdoctoral Fellowship."

### *Program Structure*

All Fellows are expected to work 40 hours per week. This includes programmatic experiences and emphasis experiences. All Psychology Postdoctoral Fellows are required to complete 2,080 hours of training per year (including any granted annual leave, sick leave, and authorized absence). Psychology Postdoctoral Fellows easily accrue the 1,500 hours of supervised professional experience (SPE) that is specified by the Board of Psychology in the state of California for sufficient postdoctoral experience for licensure.

During the first month of the training year, Fellows are expected to identify their training goals and to work with their primary supervisor to develop a schedule of activities for the year designed to meet these goals. The conceptualization that goes into the Individualized Training Plan (ITP) involves self-assessment as well as discussions with the primary supervisor to facilitate personal and professional growth and development.

A breakdown of the encouraged weekly time distribution across programmatic and emphasis experiences is listed below:



<b>Programmatic Experiences:</b>
Seminars: 1.5 – 3.5 hours/week
Fellow Project: 3 - 4 hours/week (Optional)
Administrative Time: 2 hours/week
TOTAL = 10 hours

<b>Emphasis Experiences:</b>
Clinical Work: 18 - 20 hours/week
Administrative Time: 8 - 10 hours/week
TOTAL = 30 hours

Some emphasis areas hold their own weekly or biweekly team meetings that may include didactic seminars, rounds or case presentations. Psychology Postdoctoral Fellows in some emphasis areas also participate regularly in interdisciplinary case conferences. Supervisors may recommend additional seminars or other specialty-specific training opportunities.

### *Supervision*

Fellows schedule a total of four hours of supervision per week (10% of the Fellows' supervised professional experience time). At least two hours per week must be individual face-to-face supervision (one hour must be with the primary supervisor and the other hour can be with either the primary or delegated supervisor(s)). Additional supervision may be obtained via either additional individual supervision or group supervision.

### *Seminars*

Postdoc Professional Development Seminar (weekly): Presentations are developed to be sequential in Fellow development while building upon the existing knowledge base of our Fellows. A combination of topics are chosen that are relevant to clinical practice, self-care, career planning and overall professional development. Some of these seminars will require in-person participation.

\*Note: Second-year Fellows are required to attend bimonthly group check-ins but attendance at other repeat-topics is optional.

Diversity Seminar (bimonthly): This seminar includes consultation, didactic presentations, readings, and case presentations covering a wide range of diversity issues.

Evidence-Based Practice (EBP) Seminar (in conjunction with psychology interns): Presentations cover didactics on a wide range of EBPs offered throughout the VA as well as trainee case presentations demonstrating application of these EBPs in various clinical settings.

\*Note: Fellows are encouraged to attend EBP seminar topics which they have limited/minimal experience with.

### *Fellowship Project*

\*Note: Neuropsychology and Rehabilitation Psychology Fellows are required to complete one fellowship project during their two-year residency. The Fellowship Project is optional for all other postdoctoral fellows, and cannot be guaranteed. If interested in completing a project, Fellows will need to find a project advisor who is available/able to develop and conduct the project accordingly.

The goal is for the Fellow to study or to develop some component of services that will be of utility to others in the field. This project may have a research focus (e.g., program utilization or effectiveness), an educational objective (e.g., training other staff, patients or their family members;

developing a Continuing Education (CE) module), a program development aim (e.g., new peer-led service, or community re-integration program), or service provision goal (e.g., new treatment modality, or application of treatment to an under-served population.). Fellows are strongly encouraged to submit an abstract of their research for presentation at a scientific conference by the end of their fellowship. Other creative ideas are welcome. All projects should have some form of measurable evaluation of their effectiveness and impact. Fellows who complete a Fellowship Project will present the details and results at the end of fellowship.

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## PSYCHOLOGY FELLOWSHIP TRAINING EXPERIENCES

### **Advanced Mental Health Interprofessional Education Emphasis**

*Supervisors: Marisa Glivings, Psy.D, Vanessa Hurwitz, Ph.D., and Veronica Palad. Ph.D.*

The primary goal of the Advanced Mental Health Interprofessional Education Program is to train practitioners in multiple behavioral health disciplines to partner with treatment teams and Veterans through a participatory, collaborative, and coordinated approach with shared decision-making (CIHC PIS, 2010). Trainees will master advanced competencies specified in the curriculum below, which will be unique to this Interprofessional Education Program. Trainees will acquire knowledge of evidence-based practices through direct supervision, experiential treatment of patients, active participation in team meetings, and interdisciplinary didactics provided by faculty across disciplines. These core educational outcomes and objectives are based on models developed by collaborative efforts among accrediting bodies in health care settings (CIHC PIS, 2010; IEC, 2011).

#### *Training Settings:*

The Outpatient Mental Health Care Group at VALBHCS serves over 12,000 Veterans through four general interprofessional teams known as the Behavioral Health Interdisciplinary Program (BHIP). Fellows in the Advanced Mental Health Interprofessional Education Emphasis function within these integrated behavioral health teams, which have been modeled after patient-aligned care teams (PACTs) specifically designed to increase Veterans' access to evidence-based integrated behavioral health care. These teams are currently comprised of psychiatrists, psychologists, nurses, social workers, pharmacists, peer support specialists, and program support assistants. Postdoctoral Fellows are required to attend monthly presentations related to interdisciplinary collaboration on Wednesdays at 1PM.

The Advanced Mental Health Interprofessional Education Emphasis features the unique opportunity to gain training and experience with comprehensive Dialectical Behavior Therapy. Participation on the DBT team is required throughout the duration of the fellowship and entails a weekly 2-hour DBT Team meeting on Thursdays at 1-3PM as well as carrying two individual DBT cases and co-leading a weekly 2-hour skills training group.

Implementation of an evidence-based, Veteran-centered, team-based service delivery model is a strong focus of treatment on the BHIP teams. Using experiential training and within a team format, trainees will work toward achieving optimal patient outcomes, exercising skills in educating patients and health care professionals on interdisciplinary topic areas, developing expertise in resolving patient-provider and/or interprofessional conflicts, conducting practice-based research

and/or program evaluation, and providing evidence-based mental health treatments as a generalist mental health professional. Evidence-based treatment models emphasized in the Advanced Mental Health Interprofessional Education Emphasis include Cognitive Behavioral Therapy (CBT), comprehensive Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders, Cognitive Behavioral Analysis System of Psychotherapy (CBASP), Prolonged Exposure (PE), and Cognitive Processing Therapy (CPT). In addition to providing time-limited evidence-based psychotherapy to individuals, Fellows in the Advanced Mental Health Interprofessional Education Emphasis are required to co-facilitate at least two psychotherapy groups (e.g., Acceptance Commitment Therapy, Managing Emotions (i.e., DBT Skills), Unified Protocol for Transdiagnostic Treatment of Emotional Disorders, Trauma Recovery Skills, CBT for Anxiety and Depression). Fellows may also have the opportunity to develop new groups, depending on one's interests, expertise, and training goals. The Psychology Fellow may collaborate with another fellow or with an intern on their Fellowship Project, and parts of the project may concur to meet other program requirements (e.g., running a group).

Fellows are also required to participate in BHIP Triage Clinic, offering two or more 60-minute evaluation and treatment planning sessions per week, which emphasize coordinating team services, using commitment strategies to engage patients in evidence-based treatment, and connecting patients to various treatment modalities.

\*Supervision with Dr. Glivings will only be offered in-person.

#### *Cultural Competence Training:*

Fellows will primarily work with Veterans spanning from the Vietnam era to the current OEF/OIF/OND conflicts era. In addition to the wide array of patient ages, Fellows working on this rotation will also see Veterans with diverse racial, ethnic, educational, and socioeconomic backgrounds. Moreover, occasional opportunities to work with LGBT patients also arise. Supervisors will strive to expose Fellows to an intersectional approach to diversity consideration, whereby relevant background factors are taken into account during assessment, treatment planning, and intervention phases of therapy. Common issues associated with working in the VA setting, such as how to deal with encountering various forms of prejudice, will also be focus.

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### **Women's Mental Health (WMH) & Trauma Emphasis**

*Supervisors: Shana Napier, Ph.D. and Grace Kim, Ph.D.*

Founded in January 2005 through a VA Special Needs Grant, the Women's Mental Health Clinic (WMHC) serves women Veterans by providing gender-specific and sensitive services. The WMHC is unique in that 1) it is one of only a few dedicated women's mental health clinics in the VA nationally, 2) it functions independently from BHIP and PCMHI, and 3) it affords the opportunity for training in a wide array of therapies to treat general mental health conditions, as well as specialized focus in learning treatments for PTSD. Our treatment philosophy follows a holistic and evidence-based approach, which influences our conceptualization of patients as well as the types of interventions that we use. The WMHC is currently comprised of licensed staff including three full-time psychologists, Dr. Shana Napier (Clinic Lead and WMH Champion), Dr. Grace Kim (Associate Director of Predoctoral Training), and Dr. Catherine Nash (Women's SUD

Psychologist). In addition, Dr. Kayla Moore (Part-Time WMHC psychologist), Jenny Williams, LCSW (full-time clinician), and Sandra Greenman (full-time women's peer support specialist) make up the WMHC team. The team also regularly consults with psychiatry, primary care, and other specialty care staff outside the WMHC when appropriate in the service of patient-centered care. The WMHC offers a wide variety of evidence-based groups addressing topics such as race and resilience, emotion regulation, interpersonal effectiveness, harm reduction, PTSD, perinatal skills, and coping skills. The clinic is also in the process of enhancing gender-specific SUD services and trainees may have the opportunity to co-facilitate groups if interested. The Psychology Postdoctoral Resident in the WMHC participates in informal supervision of Psychology interns and practicum students (via co-leading groups together), collaborative treatment planning sessions with Veterans, and in developing new groups and/or projects if there is need and interest among our women veterans. There is flexibility for the WMHC resident to choose cases and groups that suit their training goals.

Training Opportunities:

1. Trauma focused outpatient psychotherapy (group and individual)
2. Generalist outpatient psychotherapy (group and individual)
3. Collaboration with WMHC interdisciplinary team (psychology, social work, and peer support)
4. Participation in the department-wide comprehensive Dialectical Behavior Therapy program (team consultation, phone coaching, individual and group). \*

\*Please note that participation in the comprehensive DBT program is a requirement for the WMHC emphasis

The Women's Mental Health Clinic provides individual and group psychotherapy to women Veterans who present with a wide range of presenting problems. We offer a variety of evidence-based treatments such as Cognitive Behavioral Therapy, Prolonged Exposure, Cognitive Processing Therapy, Eye Movement Desensitization and Reprocessing Therapy, Dialectical Behavioral Therapy Skills, Acceptance and Commitment Therapy, Psychodynamic/TLDP, Interpersonal Therapy for Depression, CBT for Substance Use, and Interpersonal Therapy for Reproductive Mental Health.

We also offer outpatient groups exclusively for women that change depending on current staff/volunteers and interest level of the women Veterans. The following are groups that are offered on a continuous basis. Trainees may have the opportunity to co-facilitate these groups if interested:

- Trauma Skills Group
- Managing Emotions Group
- Healthy Relationships Group
- Race and Resilience Group
- Stress Management Group
- R.O.S.E. Group (pregnancy/postpartum skills and support)
- Courage for MST
- Values Based Living (graduate group for veterans who have completed an EBP)

Historically, supervisees who have an interest have developed groups and/or projects that fit the interest and needs of our women Veterans. See examples below:

- the Mindful Self-Compassion Group
- Hope & Happiness Group
- Pride & Grit (LGBTQ+ Support) Group
- Virtual Women's Wellness Fair

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### **Posttraumatic Stress Disorder (PTSD) Emphasis**

*Supervisors: John Huang, Ph.D., Nathaniel Hawkins, Ph.D., Daniel Taule-Nadal, Psy.D. and Melissa Stewart-Buret, Psy.D.*

The PTSD Program multidisciplinary team is comprised of psychologists, psychiatrists, nurse practitioners, nurse-case managers, social workers, and program support assistants. The Psychology Postdoctoral Fellow will work with three of the psychologist supervisors listed above during the training year, choosing one of the three psychologists as her/his primary supervisor for the year and two psychologist supervisors for six-month rotations each. Rotation training opportunities with each supervisor are described further below. The Psychology Postdoctoral Fellow in the PTSD Emphasis area will be responsible for conducting individual and group psychotherapy, providing staff consultation, potentially supervising Psychology trainees, and facilitating intakes and psychological assessment.

The PTSD Specialty Clinic population predominantly consists of combat Veterans from the Vietnam and Afghanistan/Iraq (OEF/OIF/OND) conflicts, some of whom have co-occurring substance use disorders (SUD), TBI, and/or other psychological disorders. The program places emphasis on evidence-based approaches, while offering flexibility and meeting each Veteran's unique needs with a phase-based approach. Following intake evaluation and admission to the program, Veterans may participate in a variety of treatment approaches including psychopharmacology, trauma-focused therapy (individual and group formats), supportive group therapy, introductory/coping skills groups, relaxation and stress management groups, and additional adjunctive therapy options. The Combat PTSD Program follows a "whole health" model, with a goal of treating the body and mind following traumatic events. Individual therapy provided by the Postdoctoral Fellow is typically trauma-focused in nature, with emphasis placed on evidence based treatments including Cognitive Processing Therapy (CPT) and Prolonged Exposure Therapy (PE). Opportunities for individual work focused coping skills or substance use reduction may also be available. The PTSD Postdoctoral Fellow will also facilitate or co-facilitate several groups throughout the year, including a CPT group. They will also have opportunities to administer, score and interpret a number of self-report measures assessing symptoms of PTSD (e.g., PTSD Checklist (PCL), Combat Exposure Scale, depression (e.g., PHQ), SUD (Brief Addiction Monitor), and suicide risk (CSSRS).

After completing the Psychology Postdoctoral Fellowship year in the PTSD Emphasis area, the Fellow will have acquired advanced knowledge in the treatment of combat PTSD, including learning how to facilitate coping skills and exposure-based trauma-focused treatments. The Psychology Postdoctoral Fellow in the Emphasis Area of PTSD will be expected to build on skills acquired by co-leading groups earlier in the postdoctoral year by facilitating her or his own group by mid-year. The list below outlines the groups available to co-lead:

- CPT Group – 12-week, structured, trauma-focused group
- Drum Circle – active, expressive therapy group
- Tai Chi Group for combat veterans – moving, meditative expressive therapy
- Mindfulness and PTSD – applied skill-based group
- Relaxation and Meditation – applied skill-based group
- SMART CPT (CPT + CogSMART protocol for TBI)
- CBT for Alcohol and Substance Use Disorders (harm reduction modality)
- Women’s Combat Support Group
- PTSD Coping Skills Group
- CBT Skills for Depression and PTSD Group
- Cognitive Behavioral Therapy for Insomnia - 5-week structured group (pending availability)

The PTSD Postdoctoral Psychology Fellow will be expected to attend twice monthly PTSD staff meeting, and potentially work one evening per week (a supervisor will always be available) in order to meet the current increasing demand for services during evening hours. Other specific interests of the Fellow can be discussed, and the program will try to accommodate them.

#### Training Settings:

*Supervisor: John Huang, Ph.D.*

Dr. Huang leads the Mindfulness and PTSD group, which focuses on the practice of mindfulness in dealing with PTSD and general stress. Mindfulness is a type of meditation with three main components: focusing on the present moment, using full awareness, and having a non-judgmental, accepting attitude. In addition, Dr. Huang leads a Cognitive Processing Therapy group. The Psychology Postdoctoral Fellow working with Dr. Huang will have the opportunity to co-lead the groups mentioned above, as well as participate in the Tai Chi and Drum Circle groups. He is also trained in ACT and may be able to supervise the Psychology Postdoctoral Fellow on CPT, PE, and ACT if there are enough patients available. Another one of Dr. Huang’s interests is spirituality and psychology, especially in how spirituality facilitated coping, healing, and creating meaning within the context of trauma.

*Supervisor: Nathaniel B. Hawkins, Ph.D.*

Dr. Hawkins is a staff psychologist in the Combat PTSD program. Dr. Hawkins specialized in evidence-based cognitive behavioral therapies, including Cognitive Processing Therapy (CPT), Prolonged Exposure (PE) Therapy for PTSD, Acceptance and Commitment Therapy (ACT) for PTSD. He leads a CPT group and short-term PTSD Symptoms Management group designed to provide psychoeducation, assess Veterans motivation for treatment, introduce effective and healthy coping skills, and develop future PTSD treatment plans. Psychology trainees would have the opportunity to co-lead these groups and be supervised in these modalities. Dr. Hawkins also offers a Cognitive Behavioral Therapy-Insomnia group within the Psychology Department. Dr. Hawkins’ other clinical interests include the treatment of other trauma related disorders, military and childhood sexual trauma, posttraumatic resilience, PTSD family support, substance use disorders, transgender care, and LGBT issues.

*Supervisor: Daniel Taule-Nadal, Psy.D.*

Dr. Taule-Nadal is a staff psychologist in both the Combat PTSD program and Primary Care Mental Health Integration (PCMHI). Trainee opportunities under Dr. Taule-Nadal within Combat PTSD would include conducting intake assessments and providing trauma-focused therapy in individual and group formats. Dr. Taule-Nadal is trained in PE (Prolonged Exposure), CPT (Cognitive Processing Therapy), and TrIGR (Trauma Informed Guilt Reduction Therapy). He leads various groups available for trainees to co-lead including PTSD Coping Skills, CBT for Alcohol and Substance Use Disorders, PTSD Orientation Group, and Cognitive Processing Therapy. Dr. Taule-Nadal's additional interests includes Cognitive Behavioral Therapy for Insomnia (CBT-I), EBPs within primary care, exposure-based treatments for anxiety disorders & OCD, military psychology, and suicide prevention.

*Supervisor: Melissa Stewart-Buret, Psy.D.*

Dr. Melissa Stewart-Buret is a staff psychologist in the Combat PTSD Program. Psychology fellows would have the opportunity to conduct intake assessments and provide trauma-focused therapy in individual and group formats. Dr. Stewart-Buret is trained in CPT (Cognitive Processing Therapy), PE (Prolonged Exposure), TrIGR (Trauma Informed Guilt Reduction Therapy), and Acceptance and Commitment Therapy (ACT) for PTSD. Psychology trainees would have the ability to receive supervision in these evidence-based treatments, as well as more integrative approaches to trauma treatment. Dr. Stewart-Buret also facilitates a PTSD Coping Skills group and a CBT Skills for Depression & PTSD group at this time. Fellows will have the opportunity co-lead these groups, and possibly others, within the Combat PTSD clinic setting. Dr. Stewart-Buret's additional interests include mindfulness, MST (Military Sexual Trauma), integrative treatment approaches for PTSD, and professional development.

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### **Rehabilitation Psychology Postdoctoral Fellowship (Specialty Accredited)**

*Supervisors: Sarah S. Brindle, Ph.D., Phuong Chau, Ph.D., ABPP-CN, N. Garcia, Ph.D., David N. Kerner, Ph.D., Kristina M. Moncrieffe, Psy.D., Jeffrey Shulze, Ph.D., Morgan Sinnard, Ph.D., Judy Su, Ph.D., and Ashley Vaillancourt, Ph.D.*

The two-year postdoctoral fellowship at VA Long Beach Healthcare System offers a Major Area of Study in Rehabilitation Psychology. This program is designed to conform to the proposals from the National Conference on Postdoctoral Training in Professional Psychology and the Baltimore Conference Rehabilitation Psychology training guidelines. In addition, this program utilizes the American Psychological Associations' February 2022 "The Guidelines for Assessment and Intervention with Persons with Disabilities" in order to facilitate education, training, and experience with disability constructs as they related to psychology practice. The program fulfills eligibility requirements for licensure in Clinical Psychology and for board certification in Rehabilitation Psychology through the American Board of Professional Psychology. Fellows will spend at least 80% of their time in supervised experience involving at least 50% time devoted to clinical care of persons with disability receiving rehabilitation services, and their family members and care teams. Fellows in Rehabilitation Psychology will acquire knowledge of evidence-based practices through direct supervision, experiential assessment and treatment of patients, active participation in care team meetings, and interdisciplinary didactics provided by faculty across disciplines. Across rotations, several methods of supervision will be used to guide Fellows in developing specialty

knowledge and skills in Rehabilitation Psychology while working in Medical Care Clinics/Teams (described below). In keeping with the larger Psychology Postdoctoral Program's apprenticeship model of training that focuses on graduated levels of responsibilities, Fellows will work alongside their supervisors – perhaps first observing, then practicing while being observed, and then practicing alone. At the beginning of the Rehabilitation Psychology Fellow's first year, they are expected to be an entry-level clinician, demonstrating good generalist skills. The Fellow is expected over the course of the two years to achieve the level of skills, critical thinking, and judgment in specialized areas where supervision is not needed (but maintained due to training program requirements) and the focus is on using supervision as consultation on more complicated cases and discussing advanced topics. In addition to significant development as a generalist during the two training years, the Fellow is expected to develop advanced skill in the area of Rehabilitation Psychology and become competent in the skills essential to that practice. At least one hour of individual direct, face-to-face supervision will be provided weekly by the primary supervisor. Methods of supervision may include direct observation, audio or video tapes, review of notes, and/or group supervision discussion. Fellows will also provide supervision to Psychology practicum students under the supervision of a licensed staff member. Fellows will also complete a postdoctoral project relevant to Rehabilitation Psychology during the two-year duration of the program.

Fellows' skill levels, interests, and goals are taken into account in the development of their individualized training plans across the two years. Training activities are selected that address trainee skills and development needs, while allowing for increased experiences in areas of strength. Fellows in the Major Area of Study in Rehabilitation Psychology develop Individualized Training Plans that can be modified throughout either year, depending on a Fellow's needs, and emerging interests. As Fellows transition into their second year of training, they are given greater autonomy within their rotations due their more advanced nature of knowledge and skills. In addition, in their second year, the advanced Fellow will provide peer mentorship to the Fellow who will be in their first year of the training program.

#### Training Settings:

##### **Spinal Cord Injury/Disorder (SCI/D)**

*Supervisors: Sarah S. Brindle, Ph.D., N. Garcia, Ph.D., David N. Kerner, Ph.D., Jeffrey Shulze, Ph.D., Judy Su, Ph.D.*

The Spinal Cord Injury/Disorder (SCI/D) Health Care Group at VALBHCS is the largest SCI Center in the United States. Patients in this setting present with a broad spectrum of SCI/Ds, from the newly injured individual facing a catastrophic life change, to the individual injured many years ago who is now coping with decreased functional ability as a result of the aging process. SCI/Ds can result from traumatic injury such as gunshot wound or motor vehicle accident, or from a variety of non-traumatic causes such as Multiple Sclerosis. Persons with spinal cord injuries are classified as either tetraplegic or paraplegic. SCI/D rehabilitation and treatment demands a broad interdisciplinary approach, both for acute rehabilitation and for ongoing care. The psychologists and various trainees work within closely-knit teams that include physicians, pharmacists, social workers, rehabilitation therapists, case managers, dietitians, respiratory therapists, psychiatrists, and especially the nursing staffs of the three different SCI units. Psychology staff assess each patient and provide intervention that addresses a wide variety of adjustment, mental health and health behavior concerns. Frequently seen problems include adjustment to disability, depression and anxiety, pain, and compliance/adherence concerns. Intervention approaches include individual



counseling, education, and psychotherapy, sex therapy, relaxation training, pain management, social skills training, patient education, couples therapy, and psychosocial support for the injured person's family and social support systems.

A neuropsychological testing service is embedded within the SCI/D department. This rotation provides opportunities for both inpatient and outpatient neuropsychological evaluations for a diverse and complex population that presents with a variety of cognitive concerns related to disorders frequently seen within the SCI/D and aging Veteran population. Opportunities to participate in neuropsychological testing and its associated responsibilities including report writing, rehab specific feedback and team consultation are available.

Given the fast-paced and interdisciplinary environment of inpatient rehabilitation, postdoctoral fellows are encouraged to operate at developmentally appropriate levels of autonomy within dynamic treatment teams. Through the training year, fellows will gain advanced skills in flexibly adapting to the needs of our Veterans as well as the treatment team to provide optimal interdisciplinary care. Additionally, our fellows are treated as valuable and professional members of the treatment team with opportunities to participate in administrative meetings and gain experience managing clinical crises as appropriate.

**Note:** Most responsibilities require the trainee to be on campus for in-person clinical services, although some remote work may be arranged.

### **Community Living Center (CLC)/Acute Rehabilitation Unit (ARU)**

*Supervisors: Phuong Chau, Ph.D., ABPP-CN; Morgan Sinnard, Ph.D.*

The Community Living Center (CLC) is an 85-bed subacute inpatient facility that serves Veterans in need of a) slower-paced physical rehabilitation, b) skilled nursing care (e.g., IV antibiotics, wound care), c) respite care, d) a bridge to longer term placement, or e) end-of-life hospice care. The patient population is diverse, with most common medical issues to include deconditioning from prolonged illness, recovery following intensive surgery, cancer, stroke, dementia, limb loss or other orthopedic injury, and terminal illness. Veterans residing in the CLC are often elderly and medically frail. There are also frequent co-morbid cognitive, psychiatric, substance abuse, and psychosocial difficulties. CLC psychologists serve as primary mental health consultants to a large interdisciplinary team and work in close collaboration with allied health disciplines from Geriatric Medicine, Nursing, Rehabilitation Therapy, Pharmacy, Dietary Services, Recreation Therapy, Social Work, and Psychiatry. Fellows are able to participate in a wide range of clinical work to include providing mental health assessments, individual psychotherapy, family education/support, neuropsychological assessments with the emphasis on using test results to inform interventions and care planning, medical decisional capacity evaluations, and assisting teams with challenging patient behaviors. There is also opportunity for Fellows to gain experience working with the hospice team on end-of-life care issues.

The Acute Rehabilitation Unit (ARU) is a small (<10-beds) inpatient physical medicine and rehabilitation (PM&R) unit that provides intensive rehabilitation services to those recovering from surgery, stroke, brain injury, or other medical debility. ARU stays tend to be more brief, ranging from a few days to weeks. Rehabilitation goals can include physical strengthening, adjustment to prosthetics, household or community mobility, or other personalized goals. Fellows will have the opportunity to work closely with team members from Psychiatry, Physical Therapy, Kinesiotherapy,

Occupational Therapy, Speech Pathology, Nursing, and Social Work to help promote rehabilitation success. Reasons for psychology referrals in ARU overlap with those above in CLC. Overall, there tends to be more of a focus on assisting with mood/anxiety/cognitive issues that are actively interfering with or have the potential to disrupt rehabilitation progress and helping to identify and plan for post-discharge mental health care needs.

Note that Fellows on this rotation will be working primarily with Dr. Chau in the CLC and ARU. There may also be opportunities to work with Dr. Sinnard in CLC hospice if that training experience is desired. Fellows interested in obtaining additional neuropsychology experience may be able to see occasional outpatient neuropsychological assessment cases with Dr. Chau through referrals from the outpatient geriatric evaluation/management (GEM) clinic. We will strive to tailor the clinical experiences on this rotation to best meet the Fellow's unique training goals, to the extent possible. The CLC/ARU rotation will require the fellow to be on-campus and perform face-to-face clinical work on most days; however, there may be some opportunities for remote/telework for a smaller percentage of the time.

### **Blind Rehabilitation Center**

*Supervisor: Ashley A. Vaillancourt, Ph.D.*

The Major Charles Robert Soltes, Jr., O.D., Blind Rehabilitation Center (BRC) is a 24-bed residential, inpatient rehabilitation program. Veterans or active-duty service members who are legally blind or have functional visual impairments are referred to the center for blind rehabilitation from various VA's. We are one of 13 VA Blind Rehab Centers. Patients range in age from their late teens to their 100s but the majority of patients are older veterans in their 60s to 90s with legal blindness and others health conditions that may or may not be related to their vision loss (e.g., Diabetes, Hypertension, COPD). A smaller subset of returning Veterans with traumatic brain injuries or other neurological conditions and vision loss participate. The comprehensive rehabilitation training program is comprised of a variety of disciplines including Blind Rehabilitation (i.e., Living Skills, Manual Skills, Orientation & Mobility, Visual Skills, and Accessible Technologies), Medicine (i.e., Nurse Practitioner, Attending Physician), Nursing, Optometry, Psychology, Recreation Therapy, and Social Work.

The psychologist and fellow work closely with the above interdisciplinary team members to develop individualized rehabilitation treatment plans. Assessments are completed regarding adjustment to vision loss/blindness, cognitive functioning and overall mental and behavioral health. Interventions include; disability affirmative psychotherapy, individual and group psychoeducation, stress reduction/relaxation training, and family education. More comprehensive neuropsychology testing opportunities available as clinically indicated.

**NOTE:** This rotation requires trainees to be on-site and meet with Veteran at bedside. No teleworking/telehealth options available.

### *Medical Psychology/Consultation & Liaison (C&L) – Elective Rotation*

*Supervisor: Kristina Moncrieffe, Psy.D.*

The Medical Psychology Outpatient/Consultation and Liaison (C&L) inpatient elective rotation provides Fellows with the opportunity to work with Veterans experiencing psychological distress in the context of chronic medical conditions. Patient referrals come from a variety of medical teams in

the VA, including internal medicine, oncology, orthopedics, cardiology, palliative/hospice care, transplant services, pulmonology, etc. The patient population is diverse with medical conditions such as recent amputations, cancer, stroke, heart attack, End-Stage Renal Disease (ESRD), Amyotrophic Lateral Sclerosis (ALS) post-Covid complications, and many others. Patient concerns are most prominently adjustment to illness or injury, coping with/processing terminal diagnoses, experiencing depression/anxiety in response to co-occurring medical conditions and surgeries, and managing complex treatment side effects. Fellows have the opportunity to provide pre-surgical transplant (kidney, lung, stem cell) mental health/cognitive evaluations on an outpatient basis.

Fellows also have the opportunity to work as a consultant to Acute Medicine teams doing exciting, fast-paced consult-liaison work with medical inpatients and their multidimensional care teams, consisting of physicians, psychiatrists, nurses, social workers, physical therapists, occupational therapists, dieticians, and chaplains. Opportunities through C&L include a balance of brief interventions, cognitive assessments, capacity evaluations, behavioral management, and interdisciplinary team consultation with a focus on assisting issues that are actively impacting patients' hospital stay and discharge planning.

Medical Psychology Outpatient service: virtual schedule is possible if preferred for fellow. C&L Psychology Inpatient service requires fellow to be on site; please note C&L requires ambulating to multiple locations across our large VA hospital campus. Please feel free to reach out to supervisor to discuss any questions/concerns.

*\*\*PLEASE NOTE: The Postdoctoral Fellowship in Rehabilitation Psychology was granted Specialty Accreditation by the American Psychological Association (APA) Commission on Accreditation in 2020. The next site will be held in 2028.*

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### **Clinical Neuropsychology Postdoctoral Fellowship (Specialty Accredited)**

*Supervisors: Spring Flores Johnson, Ph.D., Christine Kim, Ph.D., and Erin Moniz, Ph.D.*

The goal of the Clinical Neuropsychology Postdoctoral Fellowship is to provide training that will prepare a doctoral-level psychologist to function at an advanced level and independently as a licensed- and board-certification-eligible Clinical Neuropsychologist working with an adult population at a VA or other health care setting.

The Neuropsychology Clinic provides neuropsychological assessment for Veterans across the adult lifespan. A bimodal distribution of referrals for both younger, OEF/OIF/OND Veterans and older, Vietnam Era and Korean War Veterans is received. Veterans have a broad range of injuries, disabilities, and chronic health conditions. These may include mild cognitive impairment, Alzheimer's disease, vascular cognitive impairment, Parkinson's disease, Lewy body disease, other causes of dementia, encephalopathy, stroke, epilepsy, traumatic brain injury (TBI), polytrauma, motor disorders, neuromuscular and autoimmune disorders, other CNS neurological disorders, and related disorders. Veterans often present with co-morbid history of mental health, substance abuse, and/or other medical conditions. Primary sources of referrals are primary care, neurology, psychiatry, and limited TBI rehabilitation.

The Clinical Neuropsychology Postdoctoral Fellowship will refine assessment approaches through advanced clinical interviewing and standardized testing while considering the therapeutic utility for

the Veteran. There is an emphasis placed on describing the patients' cognitive strengths and weaknesses to better formulate tailored recommendations and treatment plans. We espouse a fixed-flexible approach to neuropsychological assessment which focuses more on cognitive domains than on specific tests per se. The specific tests will be chosen based on the characteristics of the patient and the referral question. Typically, tests of memory, attention, visual processing, language, executive function, psychomotor speed, psychological adjustment and symptom validity will be considered. Utility and empirical reasons for selecting other assessment approaches including fixed batteries, cognitive screenings, and comprehensive neuropsychological evaluations including follow-up assessment that utilize reliable change indexes (RCIs) will also be provided. Upon completion, the Fellow will demonstrate advanced competency with standardized administration of tests, case conceptualization, and selection of appropriate measures based on their psychometric properties and available culturally appropriate norms. In addition, the Fellow will learn syndrome analysis approaches to interpretation that focuses on pattern and error analysis integrating information acquired from both normative and qualitative data. The Fellow will also demonstrate advanced competency in consultation with varied disciplines, providing feedback and education to patients, families, and referral sources when appropriate, and efficiently producing a consumer-oriented integrative report.

The Fellow will have a variety of training opportunities and activities, some of which are required and others that are optional and somewhat customizable. Therapeutic application of neuropsychological information may be provided in a variety of ways. First, evaluations will often be followed by a meeting with the patient and possibly their family in order to review findings, better understand how the current results match the way the patient and family see the problems in real life and provide practical recommendations and referrals. The Fellow may also have the opportunity to co-facilitate evidence-based intervention groups for patients with TBI and/or PTSD. While on the neuropsychological rotation, the Fellow will conduct on average two to three neuropsychological assessments per week, managing both test administration, developing a battery, and report writing. They will have at least two hours of individual supervision with licensed clinical neuropsychologists per week. They may also obtain clinical supervision experience with Neuropsychology Practicum Students or Interns. Fellows will attend the weekly Neuropsychology Seminar/Journal Club, Neuropsychology Case Conference, and Functional Neuroanatomy Didactics, participate in biweekly Fact-Finding exercises, and may have the opportunity to attend micropathology conferences, brain cuttings and neuroradiology grand rounds. They will be expected to present cases or didactic material at the Neuropsychology Seminar and Neuropsychology Case Conference.

Involvement with scholarly activities is required. Such activities may include program development, preparation and presentation of novel projects, development of treatment protocols (e.g., SMART-CPT or CogSmart), and further development of existing projects. Current projects include studying neuropsychological and neuroanatomical correlates of diabetes and kidney disease and evaluating the efficacy of a new group intervention for patients with co-occurring mTBI and PTSD.

This rotation requires trainees to be on site for testing and some rotation will require the fellow to be on-campus and perform face-to-face clinical work on most days; however, there may be some opportunities for remote/telework for a smaller percentage of the time.

**\*\*PLEASE NOTE:** *The Postdoctoral Fellowship in Clinical Neuropsychology was granted Specialty Accreditation by the American Psychological Association (APA) Commission on Accreditation in 2018. The next site will be held in 2028.*

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### **Elective Neuropsychology - Rehabilitation Psychology Cross-Over Rotational Offerings**

Two-year postdoctoral Fellows within the specialty accredited Neuropsychology and Rehabilitation Postdoctoral Training Programs have an elective opportunity to participate in cross-over training in the alternate training program (i.e., Rehabilitation Psychology Fellows in Neuropsychology and Neuropsychology Fellows in Rehabilitation Psychology) to enhance their postdoctoral training and promote competence in a closely related area of practice. Fellows are encouraged to discuss their interests in an elective rotation with the faculty in their respective specialty tracks and reach out to elective rotation supervisors as soon as feasible to discuss the Fellow's clinical interests and how the elective rotation can best support their training goals.

#### *Elective Neuropsychology Rotation*

Supervisors: Spring Flores Johnson, Ph.D., Christine Kim, Ph.D., and Erin Moniz, Ph.D.

Rehabilitation Psychology Fellows will have an elective opportunity to participate in the Neuropsychology Clinic that provides outpatient neuropsychological assessment for Veterans across the adult lifespan. Patient cases will be assigned based on training interest and identified areas of growth, with clinical supervisory oversight provided by one of the delegated neuropsychologists on staff. Comprehensive neuropsychological assessment will focus on a fixed-flexible approach and tests will be chosen based on the characteristics of the patient and referral questions. The Rehabilitation Psychology Fellow will have the opportunity to engage in the test-selection, test administration utilizing standardized approaches and appropriate modifications, scoring, case conceptualization, and integrative report writing. Furthermore, Rehabilitation Psychology Fellows will have the opportunity to provide feedback and psychoeducation to referring providers, patients, and families as part of service provision. In conjunction with this elective opportunity, Rehabilitation Psychology Fellows may also elect to participate in Neuropsychology Seminar and Case Conference as well as the Functional Neuroanatomy Didactics. For additional details, please refer to full description under Clinical Neuropsychology Postdoctoral Fellowship - Specialty Accredited in program brochure.

#### *Elective Rehabilitation Psychology Rotation*

Supervisors: Sarah S. Brindle, Ph.D., Phuong Chau, Ph.D., ABPP-CN, N. Garcia, Ph.D., David Kerner, Ph.D., Kristina M. Moncrieffe, Psy.D., Jeffrey Shulze, Ph.D., Morgan Sinnard, Ph.D., Judy Su, Ph.D., and Ashley Vaillancourt, Ph.D.

Neuropsychology Fellows will have an elective opportunity to participate in a diverse range of training opportunities across a variety of rehabilitation settings (i.e., Spinal Cord Injury/Disorders, Blind Rehabilitation Center and Community Living Center/Acute Rehabilitation Unit) including intervention and both in- and outpatient assessment. For additional details, please refer to full description under Rehabilitation Psychology Postdoctoral Fellowship - Specialty Accredited in program brochure.

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## **Method and Frequency of Evaluation**

The overall goal of our Psychology Postdoctoral Fellowship is to train psychologists who will be competent and skilled at creating and providing services in the community or VA system, and who are skilled in providing professional psychological services to a high-priority area of health care for Veterans. Postdoctoral Fellows are evaluated on General Competencies and Emphasis Competencies throughout the training year. The General Competencies are based on a range of required elements established by the APA's Commission on Accreditation known as Standards of Accreditation. The Emphasis Competencies are elements unique to the Fellow's emphasis area of training. Fellows are evaluated at four points throughout the year; mid-evaluations at 3-month and 9-month intervals and full evaluations at 6-month and 12-month intervals. Fellows working in two-year positions are also evaluated at the 15-, 18-, 21-, and 24-month intervals. Evaluation includes objective ratings and narrative feedback on competency items. An initial review of these competencies with the Psychology Postdoctoral Fellow at the beginning of the year helps clarify what the Fellow would like to emphasize, guide their choice of training opportunities and possibly help guide their selection of a Fellowship Project. The final review will assist us in determining the overall success of the VALBHCS Psychology Postdoctoral Fellowship Program. Please see the section below on Requirements for Completion regarding additional information.

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## **REQUIREMENTS FOR THE COMPLETION OF POSTDOCTORAL FELLOWSHIP**

Before Fellows start the program, their prior training experiences are carefully reviewed to identify areas of strength and needed growth. This process facilitates the development of an individualized training plan to meet the specific training needs of each Psychology Postdoctoral Fellow. Fellows are encouraged to expand their areas of clinical competence by using new treatment techniques from various theoretical orientations, and perhaps working with new patient populations, such as the severely mentally ill, dually diagnosed patients or primarily women.

It is expected that upon completion of the program, all Fellows will demonstrate advanced competence as defined by the APA Commission on Accreditation.

At the beginning of the training year, each Fellow will receive a Handbook for Psychology Postdoctoral Fellows that specifies the required competency elements within each domain. The Fellow is rated four times per year on all competency domains. Although many of the core competencies will be the same for Fellows in all emphasis areas, some competencies will apply only to Fellows in a specific emphasis area.

To successfully complete the program, Fellows must complete the required supervised activities (as outlined in the ITP) and clinical hours, attend the required seminars/didactics, and complete/submit all required documentation (CA BOP paperwork, evaluation forms, SPE logs, etc.), and meet the established minimum levels of achievement (MLA) on each area of the General Competencies, Emphasis Competencies and Fellowship Project Outcome Evaluation Form (when applicable) by the end of the training program.

All trainee forms and evaluations are stored either physically and/or digitally in private and secure locations. Digital files are kept in a private and secure folder that only the Directors of Psychology Training can access. Physical files are kept in a locked filing cabinet in the Director of Postdoctoral Training's office.

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## **FACILITY AND TRAINING RESOURCES**

All Psychology Postdoctoral Fellows are provided with office space and secure networked computers necessary for patient care and administrative responsibilities. If clinically appropriate, a secure VA laptop will be provided to provide the ability to work from home. They have access to the VA Medical Library services, including text data bases such as Ovid, as well as VA Intranet and Internet resources for clinical work and research. Within the Psychology Department, there is a comprehensive Psychology Assessment Lab that has a wide variety of psychological assessment instruments and test scoring programs.

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## **ADMINISTRATIVE POLICIES AND PROCEDURES**

The leave policy of the Psychology Postdoctoral Fellowship Program is consistent with the national standard. Trainees accrue four hours of Annual Leave (LA) per pay period (about 13 days per year) and four hours of Sick Leave (LS) per pay period (about 13 days per year). Trainees must accrue these hours, as they will not be available during the first two weeks of training.

Authorized Absence (AA): Authorized Absence (LN) for training may be requested for off-site educational workshops/seminars, conferences, other approved training activities, and license examination. Up to 10 days can be requested by the Fellow throughout the training year.

Nondiscrimination Policy and Respect for Diversity: VA Long Beach HCS highly values cultural and individual diversity. We are an equal opportunity employer, and prohibit discrimination based on race, religion, gender, gender identity, national origin, age, disability, sexual orientation, or status as a parent. We avoid any actions that would restrict program completion on grounds that are not relevant to success in training. In addition, we aim to foster a training environment that supports trainees in gaining greater competence in issues of diversity as they relate to patient care.

Reasonable Accommodations: It is the policy of VA to provide reasonable accommodations to qualified applicants and employees with disabilities in compliance with the Americans with Disabilities Act (ADA).

Liability Protection for Trainees: When providing professional services at a VA healthcare facility, VA-sponsored trainees acting within the scope of their educational programs are protected from personal liability under the Federal Employees Liability Reform and Tort Compensation Act 28, U.S.C.2679 (b)-(d).

Due Process: All Fellows are afforded the right to due process in matters of problem behavior and grievances. Due process procedures are outlined in the Handbook for Psychology Postdoctoral

Fellows and reviewed with all Fellows during their first week at VA Long Beach Healthcare System. A copy of our due process policy is available on request.

Privacy policy: We collect no personal information from potential applicants who visit our website.

Self-Disclosure: We do not require Fellows to disclose personal information to their clinical supervisors except in cases where personal issues may be adversely affecting the Fellow's performance and such information is necessary in order to address these difficulties.

### *VA Long Beach Psychology – COVID-19 Response*

As a result of the COVID-19 pandemic, the VA Long Beach Psychology training committee has developed additional policies and procedures to ensure that trainees are able to meet their training goals throughout the training year. The federal government and VA Health Care System recognizes psychologists and psychology trainees as essential employees during pandemic situations. As a result, trainees may potentially work a mixture of on-site and telework depending on their specific rotation requirements. Additionally, the first week of orientation will be conducted on-site and in-person.

Trainees may also receive video supervision with some or all of their supervisors during the training year. It is important for each resident to research the licensing laws applicable to them to determine whether video supervision is allowed. The program can provide 100% in-person supervision in these cases. It should be noted that while that program supports telework, it is possible at any time that the facility Medical Center Director or the Office of Academic Affairs (OAA) could call trainees back to work on site full time.

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## **PSYCHOLOGY POSTDOCTORAL TRAINING FACULTY**

### **BRINDLE, Sarah S.**

Current VA Position: Staff Psychologist, Spinal Cord Injury/Disorder

Degree: Ph.D., University of Iowa, 2004

Substantive Area: Counseling Psychology

VA hire: 2005

E-mail address: [sarah.brindle@va.gov](mailto:sarah.brindle@va.gov)

Licensure: California (2005)

Theoretical Orientation: Integrative, Cognitive-Behavioral

Areas of Clinical Focus: Rehabilitation Psychology, Spinal Cord Injury

Publications/Research Interests: Women's health psychology; sexual coercion, sexuality and disability

Professional Organizations: APA

Teaching/Training Interests: Rehabilitation Psychology; vicarious traumatization/burnout; issues relevant to new graduates (licensure, job seeking strategies)

### **CHAU, Phuong**

Current VA Position: Staff Psychologist, Community Living Center

Degree: Ph.D., University of Kansas, 2010



Substantive Area: Clinical Psychology

ABPP: Clinical Neuropsychology, 2016

VA hire: 2014

E-mail address: [phuong.chau@va.gov](mailto:phuong.chau@va.gov)

Licensure: California (2017)

Theoretical Orientation: Integrative (CBT, solution-focused, interpersonal/psychodynamic, and family systems approaches)

Areas of Clinical Focus: Neuropsychology, rehabilitation, medical/health psychology, psychology practice in acute medical settings

Publications/Research Interests: Traumatic brain injury, depression

Professional Organizations: American Academy of Clinical Neuropsychology (AACN), National Academy of Neuropsychology (NAN)

Teaching/Training Interests: Psychological and neuropsychological assessment in acute medical settings, brief psychotherapy, behavior management in inpatient/residential settings, interdisciplinary/integrative approaches to patient care

### **GARCIA, N.**

Current VA Position: Staff Psychologist

Degree: Ph.D., University of Kentucky, 2020

Substantive Area: Clinical Psychology

VA hire: 2023

Licensure: California (2023)

Theoretical Orientation: Integrative, Cognitive-Behavioral

Areas of Clinical Focus: Rehabilitation Psychology, SCI, ALS, Diabetes, Aging, Behavioral Medicine

Professional Organizations: APA

Teaching/Training Interests: Rehabilitation Psychology; issues relevant to new graduates and early career psychologists (professional development, licensure).

### **GLIVINGS, Marisa W.**

Current VA Position: Staff Psychologist, Behavioral Health Interdisciplinary Program (BHIP); Evidence-Based Psychotherapy Coordinator

Training Rotation: Outpatient Mental Health at BHIP

Area of Specialization: Clinical Psychology

Degree: Psy.D., Alliant International University, 2016

VA hire: 2019

E-mail address: [marisa.glvings@va.gov](mailto:marisa.glvings@va.gov)

Licensure: California (2018)

Theoretical Orientation: Integrative (Cognitive Behavioral, Relational and Humanistic approaches)

Areas of clinical specialization: General Mental Health including Trauma and stressor-related disorders, multicultural and diversity issues in psychotherapy

Teaching/Training interests: Providing brief individual psychotherapy, issues of diversity and inclusion, the interface of psychology and religion/spirituality.

### **HAWKINS, Nathaniel**

Current VA Position: Staff Psychologist

Training Rotation: Program for Traumatic Stress (Combat PTSD)

Area of Specialization: Clinical Psychology

Degree: Ph.D., Pacific Graduate School of Psychology at Palo Alto University, 2014

VA hire: 2012

E-mail address: [Nathaniel.Hawkins@va.gov](mailto:Nathaniel.Hawkins@va.gov)

Licensure: California (2016)

Theoretical Orientation: Cognitive-Behavioral, Integrated  
Areas of Clinical Specialization: Trauma, PTSD, Substance Use Disorders, Sleep, LGBT Care  
Publications/Research interests: Trauma and substance use  
Teaching/Training Interests: Treatment of other trauma related disorders, military and childhood sexual trauma, posttraumatic resilience, PTSD family support, substance use disorders, transgender care, and LGBT issues

**HUANG, John S.**

Current VA Position: Staff Psychologist, PTSD Program; EBP Seminar Coordinator  
Degree: Ph.D., University of California, Santa Barbara, 2003  
Substantive Area: Clinical Psychology  
VA hire: 2006  
E-mail address: [john.huang2@va.gov](mailto:john.huang2@va.gov)  
Licensure: California (2005)  
Theoretical Orientation: Eclectic, Cognitive-Behavioral; Interpersonal Process; Acceptance and Commitment Therapy  
Areas of Clinical Focus: Diversity issues; PTSD; meditation/relaxation  
Publication/Research Interests: Diversity and mental health  
Research Interests: Diversity and mental health  
Professional Organizations: APA  
Teaching/Training Interests: Diversity; Buddhism, Christianity, Hinduism and Native American spirituality

**HURWITZ, Vanessa**

Current VA Position: Chief of Psychology Services and Staff Psychologist, Behavioral Health Interdisciplinary Program (BHIP)  
Degree: Ph.D., Fuller School of Psychology, 2016  
Substantive Area: Clinical Psychology  
VA hire: 2017  
E-mail address: [vanessa.hurwitz@va.gov](mailto:vanessa.hurwitz@va.gov)  
Licensure: California (2017)  
Theoretical Orientation: Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT).  
Areas of Clinical Focus: Trauma, Emotion Dysregulation  
Professional Organizations: American Psychological Association  
Teaching/Training Interests: DBT, Case Conceptualization-driven CBT, CBASP for chronic depression, Professional Development

**JOHNSON, Spring Flores**

Current VA Position: Postdoctoral Training Director and Staff Neuropsychologist  
Degree: Ph.D., Loma Linda University, 2019  
Substantive Area: Neuropsychology and Neurorehabilitation  
VA hire: 2022  
E-mail address: [spring.johnson@va.gov](mailto:spring.johnson@va.gov)  
Licensure: California (2023)  
Theoretical Orientation: Biopsychosocial, Integrative (Solution-Focused, Interpersonal, Disability Affirmative)  
Areas of Clinical Focus: Geriatric neuropsychology, acquired brain injury, movement disorders, other brain injury/illness  
Publications/research interests: acquired brain injury, neuroplasticity, underserved communities  
Professional Organizations: NAN, INS, APA, QNS, Division 22

Teaching/Training Interests: neuropsychology, functional neuroanatomy, diversity, neurorehabilitation, professional development

**KERNER, David N.**

Current VA Position: Staff Psychologist, Spinal Cord Injury/Disorder

Degree: Ph.D., Joint Doctoral Program, UC San Diego/San Diego State University, 1998

Substantive Area: Clinical Psychology

VA hire: 2001

E-mail address: [david.kerner2@va.gov](mailto:david.kerner2@va.gov)

Licensure: Illinois (2000)

Theoretical Orientation: Cognitive-Behavioral

Areas of Clinical Focus: Medical Psychology; Rehabilitation Psychology; chronic pain management

Publications/Research Interests: Outcome Methodology; Health Psychology

Professional Organizations: APA

Teaching/Training Interests: Medical/Health Psychology; Rehabilitation Psychology; Physiological psychology; pain management.

**KIM, Christine, H.**

Current VA Position: Staff Neuropsychologist; Associate Director, Neuropsychology Training

Degree: Ph.D., Fuller Graduate School of Psychology, 2008

Substantive Area: Clinical Neuropsychology

VA Hire: 2010 (Long Beach VA: January 2017)

E-mail address: [christine.kim@va.gov](mailto:christine.kim@va.gov)

Licensure: California (2010)

Theoretical Orientation: Cognitive-Behavioral, Biopsychosocial

Areas of Clinical Focus: Gero-Neuropsychology

Publications/Research Interests: normative data on Stroop Test, cognition and aging

Professional Organizations: INS

Teaching/Training Interests: neuropsychology, professional development

**KIM, Grace Y.**

Current VA Position: Staff Psychologist, Women's Mental Health Clinic (WMHC)

Degree: Ph.D., Rosemead School of Psychology – Biola University, 2020

Substantive Area: Clinical Psychology

VA Hire: 2021

E-mail address: [grace.kim8@va.gov](mailto:grace.kim8@va.gov)

Licensure: Iowa (2021)

Theoretical Orientation: Integrative; psychodynamic & cognitive behavioral

Areas of Clinical Focus: PTSD, trauma-focused evidence-based therapies, attachment related interpersonal issues, emotion dysregulation

Publications/Research Interests: self-compassion, therapist burnout & affective empathy, attachment theory, interpersonal trauma, PTSD

Professional Organizations: APA

Teaching/Training Interests: integration of psychodynamic theories/brief dynamic interventions and cognitive behavioral theory/interventions. Mindful self-compassion as resilience against shame, early childhood experiences and trauma and its effects on adult relationships and interpersonal interactions

**MONCRIEFFE, Kristina M.**

Current VA Position: Staff Psychologist; Medical Psychology, Consultation-Liaison Psychology

Degree: Psy.D., Fuller Graduate School of Psychology, 2020

VA hire: 2022

E-mail address: [kristina.moncrieffe@va.gov](mailto:kristina.moncrieffe@va.gov)

Licensure: California (2022)

Theoretical Orientation: Integrative (Acceptive and Commitment Therapy, Biopsychosocial, Cognitive Behavioral Therapy, Humanistic approaches), Solution-focused, Interpersonal, Motivational interviewing.

Areas of Clinical Focus: Medical/Health psychology, Rehabilitation psychology, Behavioral Medicine

Teaching/Training Interests: Medical/Health psychology, consultation-liaison psychology in acute medical settings, brief psychotherapy, neuro/rehabilitation psychology, neuropsychology, spirituality and existentialism, adjustment to disability and/or life altering chronic medical conditions, interdisciplinary treatment collaboration, intersectionality of disability and racial identity.

### **MONIZ, Erin**

Current VA Position: Staff Neuropsychologist

Degree: PhD, Pacific Graduate School of Psychology, 2016

Substantive Area: Clinical Neuropsychology

VA hire: 2023

E-mail address: [Erin.Moniz@va.gov](mailto:Erin.Moniz@va.gov)

Licensure: California

Theoretical Orientation: CBT

Areas of Clinical Focus: Neuropsychology, neurorehabilitation, behavioral intervention (s/p brain injury), health psychology

Professional Organizations: American Psychological Association

Teaching/Training Interests: Psychological and neuropsychological assessment in medical settings, post-stroke/brain injury recovery, behavior management in acute rehab, brief bedside psychotherapy

### **NAPIER, Shana M.**

Current VA Position: Women's Mental Health Clinic Coordinator & WMH Champion

Women's Mental Health Center

Training Rotation: Women's Mental Health

Area of Specialization: Clinical Psychology

Degree: Ph.D., Fuller Graduate School of Psychology, 2017

VA hire: 2018

E-mail address: [shana.napier@va.gov](mailto:shana.napier@va.gov)

Licensure: California (2020)

Theoretical Orientation: Integrative (e.g., Cognitive Behavioral Therapy (VA certified in CPT and PE), Interpersonal/Psychodynamic (VA certified in IPT for RMH), Existential)

Areas of Clinical Specialization: Women's Mental Health, Military Sexual Trauma (MST), Trauma/PTSD, Diversity, Reproductive Mental Health, Integration/Spirituality, Creativity.

Publications/Research Interests: Biological and Psychological contributors to Creativity, Creativity and Implications for Depression, Anxiety, and Self-Concept Impairment

Professional Organizations: APA, LACPA

Teaching/Training Interests: Women's Mental Health, Military Sexual Trauma (MST), Trauma/PTSD, Sexual Health, Diversity, Reproductive health, Grief, Integration/Spirituality, Creativity, and Professional development.

### **PALAD, Veronica**

Current VA Position: Staff Psychologist, Behavioral Health Interdisciplinary Program (BHIP); Dialectical Behavioral Therapy (DBT) Coordinator

Degree: Ph.D., Palo Alto University, 2013

Area of Degree: Clinical Psychology

VA hire: 2021

E-mail address: [veronica.palad@va.gov](mailto:veronica.palad@va.gov)

Licensure: California (2016)

Theoretical Orientation: Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT)

Areas of Clinical Focus: Trauma, Emotion Dysregulation, Severe Mental Illness

Professional Organizations: American Psychological Association, CPA, LACPA

Teaching/Training interests: DBT, Case Conceptualization-driven CBT

### **SINNARD, Morgan**

Current VA Position: Staff Psychologist

Area of Specialization: Counseling Psychology

Degree: Ph.D., University of Wisconsin-Madison (2021)

VA Hire: 2023

E-mail address: [Morgan.Sinnard@va.gov](mailto:Morgan.Sinnard@va.gov)

Licensure: California (2023)

Theoretical Orientation: Generally time-limited interventions informed by third-wave behavioral, attachment-based, and existential theories.

Areas of Clinical Specialization: Rehabilitation psychology, neuropsychology, and inpatient medical/health/gero- psychology.

Professional Organizations: APA Divisions 20, 22, & 40; International Neuropsychology Society; National Academy of Neuropsychology; Queer Neuropsychology Society.

Teaching/Training Interests: Assessment and intervention in inpatient medical milieu, dementia care, hospice, end of life care, geriatric neuropsychology, LGBTQ topics in health care, professional development.

### **STEWART-BURET, Melissa**

Current VA Position: Staff Psychologist, Combat PTSD Program

Degree: Psy.D, Spalding University, 2019

Substantive Area: Clinical Psychology

VA hire: 2020

E-mail address: [melissa.stewart-buret@va.gov](mailto:melissa.stewart-buret@va.gov)

Licensure: California (2021)

Theoretical Orientation: Integrative (cognitive-behavioral, mindfulness/acceptance-based approaches),

Cognitive Processing Therapy (CPT, VA certified), Prolonged Exposure Therapy (PE)

Areas of Clinical Focus: Trauma and PTSD

Publications/Research interests: Trauma-focused evidence-based therapies, Integrative therapy for trauma

Professional Organizations: American Psychological Association (APA), International Society for Traumatic Stress Studies (ISTSS)

Teaching/Training Interests: CPT, Trauma-focused evidence-based therapies, Professional Development

### **TAULE-NADAL, Daniel**

Current VA Position: Staff Psychologist, Combat PTSD and PCMHI

Degree: Psy.D., Rutgers University, (2020)

Substantive Area: Clinical Psychology

VA hire: 2021

E-mail address: [daniel.taule-nadal@va.gov](mailto:daniel.taule-nadal@va.gov)

Licensure: In Progress

Theoretical Orientation: CBT

Areas of Clinical Focus: PTSD, Depression, Insomnia, Anxiety Disorders

Publications/Research Interests: Increasing MH access within Primary Care; Adaptations for PTSD Tx

Professional Organizations: APA Div. 19 Society for Military Psychology

Teaching/Training Interests: EBPs for PTSD; Exposure-based Tx for OCD & Anxiety Disorders; CBT-I; brief assessment & intervention

**VAILLANCOURT, Ashley A.**

Current Position: Blind Rehabilitation Center Psychologist

Degree: Ph.D., Fuller Theological Seminary (2019)

Area of Degree: Clinical Psychology, major area of study: Neuropsychology

VA Hire: 2021

E-mail address: [ashley.vaillancourt@va.gov](mailto:ashley.vaillancourt@va.gov)

Licensure: California (2021)

Theoretical Orientation: Integrative (CBT, Disability Affirmative, MI)

Areas of Clinical Focus: Rehabilitation Psychology, Cognitive Assessment

Publications/Research Interests: Agenesis of the Corpus Callosum, disability and adjustment

Teaching/Training Interests: Disability affirmative psychology, rehabilitation psychology, neuropsychology/assessment, interdisciplinary care

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***DOCTORAL PROGRAMS OF RECENT FELLOWS***

***2022-2023 Postdoctoral Fellows:***

University of Wisconsin-Madison

Azusa Pacific University

Chicago School of Professional Psychology

Pepperdine University

Loma Linda University

Biola University

Palo Alto University

***2019-2020 Postdoctoral Fellows:***

University of La Verne

Adler University

Virginia Tech

University of Georgia

Palo Alto University

Purdue University

Azusa Pacific University

***2021-2022 Postdoctoral Fellows:***

Fuller Theological Seminary

University of Kansas

University of Louisville

Yeshiva University

University of Southern California

University of California, Los Angeles

***2018-2019 Postdoctoral Fellows:***

Biola University

PGSP - Stanford

University of North Texas

Pepperdine University

Fuller Theological Seminary

Indiana University - Purdue University

Indianapolis

University of Missouri - Saint Louis

***2020-2021 Postdoctoral Fellows:***

Adler University

Alliant International University, San Francisco

University of California, Berkeley

University of Denver

Palo Alto University

Rutgers University

University of La Verne

***2017-2018 Postdoctoral Fellows:***

Alliant International University, Los Angeles

Pepperdine University

University of Missouri - Saint Louis

University of Wisconsin - Madison

Florida Institute of Technology

Pennsylvania State University

George Fox University

Please feel free to request contact information for recent fellows if you would like to speak with them directly.

## LOCAL INFORMATION

VA Long Beach Healthcare System is a part of the Veterans Integrated Service Network (VISN) 22: Desert Pacific Healthcare Network, which also includes the New Mexico VA Healthcare System, Northern Arizona VA Healthcare System, Phoenix VA Healthcare System, Southern Arizona Healthcare System, VA Greater Los Angeles Healthcare System, VA Loma Linda Healthcare System, and VA San Diego Healthcare System, and outlying community-based outpatient clinics. The VA Long Beach Healthcare System includes the main medical center complex in Long Beach, as well as five community-based healthcare clinics located in Anaheim, Cabrillo Villages (West Long Beach), Laguna Hills, Santa Ana, and Santa Fe Springs.

Our Medical Center complex is located adjacent to California State University at Long Beach, and is approximately 30 miles south of UCLA and 20 miles north of the University of California at Irvine (UCI). The city of Long Beach is located along the California coast in southern Los Angeles County, next to the border of Orange County. The city is named for its miles of sandy beaches. Originally becoming popular as a seaside resort in the late 19th century, Long Beach is the fifth largest city in California, with an ethnically diverse population of almost a half million people. Its harbor is the home of the famous luxury liner the Queen Mary and the Port of Long Beach, which is the busiest closed container-shipping center in the United States. A large number of recreational, entertainment, cultural and sporting facilities are available in the greater Long Beach area.

### Directions to the Tibor Rubin VA Medical Center and Psychology Department

The Tibor Rubin VA Medical Center is located on the corner of Bellflower Boulevard and Seventh Street in Long Beach. It is adjacent to California State University at Long Beach, and is just northeast of where Pacific Coast Highway intersects with Bellflower Boulevard and Seventh Street. For more information on orienting yourself to VA Long Beach, please check the VA Long Beach Website. [www.longbeach.va.gov](http://www.longbeach.va.gov)

To find out more about events/attractions in the greater Los Angeles area, go to: <http://www.discoverlosangeles.com/>

