Your VA Personal Health Record
Take Control of Your Health and Wellness

*My Health**e**Vet provides you with opportunities and tools to make informed decisions and manage your health care.*

What is My Health*e*Vet?

My Health*e*Vet is VA's private and secure online Personal Health Record (PHR) for Veterans, active duty service members, their dependents and caregivers. Its online resources and tools offer you greater control over your care and wellness.

My Health*e*Vet provides you with trusted health information 24/7.

Having this information at your fingertips can help you make informed decisions about your overall health and wellness.

How to Get Started?

1 Log into **www.myhealth.va.gov**

2 Select the "Register" button

3 Fill out the required fields and submit

What Can I Do On My Health*e*Vet?

Pharmacy
Refill your VA prescriptions, track delivery, view a list of your VA prescriptions and other details.

Health Records
View, print, or download information from your VA medical record.

Messages
Communicate securely online with your VA health care team and other VA staff about non-urgent information or questions.

Appointments
Manage your upcoming VA medical appointments and get email reminders. VA patients with a Premium My Health*e*Vet account can schedule and cancel VA appointments at participating facilities.

My Health*e*Vet Help Desk

Toll Free Telephone Number: **1-877-327-0022**, **1-800-877-8339** (TTY)
Monday – Friday to 7 a.m. - 7 p.m. Central Time
For more information visit **www.myhealth.va.gov**.

U.S. Department of Veterans Affairs
Veterans Health Administration
Office of Connected Care

Specific features in My Health*e*Vet are available to you based on your account type. If you are a Veteran who receives care at VA, learn how to upgrade your account to Premium at your local VA facility. Access many more features, tools and resources by registering for a My Health*e*Vet account at **www.myhealth.va.gov**.