## Relationship Bootcamp





Many couples struggle when talking about topics related to their health, like what food to eat, what medications to take, smoking, exercise, etc.

The Relationship
Bootcamp is a
ONE-time virtual
meeting that teaches
couples strategies on
how to make those
discussions go better.

Attend ONEof the Virtual Meetings that Occur on the 1st Wednesday of every month

You must have access to internet, with an email to register.

To register or get more information, please call

Dr. Crane at: 585-353-3100