

VAU.S. Department
of Veterans AffairsAleda E. Lutz VA Medical Center
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News Release

FOR IMMEDIATE RELEASE

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We invite any media interested in interviewing our VA staff to learn more about care and services to contact our Public Affairs Officer at 989-497-2500, extension 13010 or e-mail tara.scheuer@va.gov

Aleda E. Lutz VAMC and all Clinic Locations Administering the Flu and COVID-19 Vaccines

You protected and defended your country. Now it's time to protect and defend yourself and your loved ones against the flu. Did you know anyone can get the flu? Studies show that getting a flu shot can reduce illness and death from flu. Get a flu shot and practice healthy habits like getting enough sleep and exercise, eating a balanced diet, and drinking plenty of fluids to stay healthy.

The Aleda E. Lutz VAMC is offering the flu vaccine in addition to COVID-19 vaccines at our medical center and outpatient clinics. Veterans can receive the vaccines at our walk-in clinic, located in the lobby of the medical center, at 1500 Weiss St., Saginaw, MI 48602, Monday-Friday from 9:00 a.m. to 3:00 p.m. Flu vaccines are now available at no cost to eligible Veterans at more than 70,000 in-network community providers nationwide. To be eligible, Veterans must be enrolled in the VA health care system **and** received care through VA from either a VA or community provider within the past 24 months (the second requirement is new for the 2023-2024 flu season).

To check their eligibility, Veterans can call 800-MyVA411 (800-698-2411) select option 1, then option 3, and then select option 1 again or contact their local VA medical facility. [Veterans can follow these steps](#) to find an in-network provider or call (877)-881-7618 or their local VA medical facility for help locating an in-network provider.

Resources

- Visit <https://www.va.gov/COMMUNITYCARE/flushot.asp>
- [VA Facility Locator](#)

The Aleda E. Lutz VAMC in Saginaw, Michigan operates an 81-bed skilled nursing and rehabilitation Community Living Center. It provides care to over 40,171 Veterans in a 35-county geographic area, from mid-Michigan to the Mackinac Bridge. Veterans can also receive care at one of our nine VA Community Based Outpatient Clinics located throughout Michigan. More information about this VA can be found at <https://www.va.gov/saginaw-health-care/>.

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