

# **WEEKEND VISITORS**

## **FACT SHEET**

\*Each Week Veterans will identify who is visiting on Sat, Sun or Holidays and provide in writing to Veterans Clinical Lead by Thursday 4:30. Only those visitors identified will be allowed visitation.

### Visitation Rules:

Saturday/Sunday and Holidays

Max 2 Adult Visitor per day/ 2 Minor

Visitors MUST present ID at the Door

Visitors family education starts at 14:00 (optional)

Visitation Orientation starts 14:45

Visitation hours: 15:00-16:30

\*children must remain with parents throughout visitation\*

If unable to attend due to work/family obligations during identified times, other arrangements can be made. Typically this would be arranged with Veteran's individual clinician. Please contact SARRTP/Veterans Clinical Lead to discuss and make accommodations.

### What is Family Education Series?

While not mandatory, we highly encourage family participation in the education series. Weekly providers will review various topics and materials to help families recovery processes. Topics will rotate weekly (topic list found below). Taking into consideration that Visitation frequency fluctuates we have created 8-10 separate topics to avoid any duplication. So whether you visit 1x or 8x – no two family education series topics will repeat.

We are working on development of a family resource guide so that everyone has access to full range of material. A clinical lead can always discuss more any education topic you would like more information about.

### Education Series Topics:

Change and Motivation	Emotions: Impact on MH and SUD
Positive Communication	Interpersonal Communication
Coping with Lapses	Circle of Supports
Disabling the Enabling	Post acute Withdraw Symptoms
Trust and Forgiveness	VA and Community Support/Resources

Family Therapy Sessions: Please notify primary clinician if this is something you are interested in exploring further. Session can occur with SARRTP clinician or explore potential for initial Marriage and Family referral/appts while in treatment. The clinical provider would work with you to set date/time that works for both of you.

Continued Family Support: There is community and VA support services for couples, families and caregivers. Discuss with clinician if interested in resources available or would like further information sent to family supports.

Please note: SARRTP promotes the involvement of family and support systems in a Veterans care and recovery processes. However, a release of information will need to be signed by Veteran *prior to* any protected health information being provided to a family member or support.