

Current PRRC CLASS CALENDAR

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00					
9:30	Illness Management & Recovery (IMR) (9:30-10:30)		Illness Management & Recovery (IMR) (9:30-10:30)	Let's Talk (9:00-10:00)	
10:00					
10:30					
11:00	Stress & Coping (11:00-12:00)	Relationships (11:00-12:00)	Mindfulness (11:00-12:00)		Relationships (11:00-12:00)
11:30					
12:00					
12:30					
1:00			Roll for Recovery (1:00-3:00)		
1:30					
2:00					
2:30					
3:00					

**Please check with your provider to ensure the most up-to-date info re: class availability and times.*

***Most classes are hybrid classes (i.e., available for in-person or Teleconferencing/VVC)*

Current PRRC CLASS CALENDAR

	DAYS	TIME	START DATE	END DATE	DURATION	FACILITATOR
MONDAY						
Illness Management & Recovery	Mon. & Wed.	9:30-10:30	ongoing		50 sessions	Dr. Cano
Stress & Coping	Mon.	11:00-12:00	ongoing		12 sessions	Dr. Cano
TUESDAY						
Clearing the Clutter	Tues.	9:00-10:00	10/24/2023	1/2/2024	11 sessions	Dr. Curland & Dr. Cano
Relationships	Tues. & Fri.	11:00-12:00	10/17/2023	1/5/2024	22 sessions	J. Pacetti & Dr. Curland
WEDNESDAY						
Illness Management & Recovery	Mon. & Wed.	9:30-10:30	ongoing			Dr. Cano
Mindfulness	Wed.	11:00-12:00	9/13/2023	12/27/2023	16 sessions	B. O'Keefe & Dr. Lyskaw
Roll for Recovery	Wed.	1:00-3:00	11/29/2023	3/13/2024	16 Sessions	Dr. Curland
THURSDAY						
Let's Talk	Thurs.	9:00-10:00	10/26/2023	2/29/2024	18 sessions	J. Pacetti & B. Patania
FRIDAY						
Relationships	Tues. & Fri.	11:00-12:00	10/17/2023	1/5/2024	22 sessions	J. Pacetti & Dr. Curland