# Malcom Randall VA Medical Center Orthopedic Physical Therapy Residency



# **About the Program**

The Orthopedic Physical Therapy Residency Program at the Malcom Randall VA Medical Center was founded in 2013 and is accredited by the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) as a post-professional residency program for Doctors of Physical Therapy. The residency is a one year training program designed to maximize clinical exposure and rigorously challenge the resident to higher clinical and academic achievement under the mentorship of specialist clinicians.

# Mission

The mission of the Orthopedic Physical Therapy Residency at the Malcom Randall VA Medical Center is to honor America's Veterans by providing exceptional physical therapy that improves their health, independence, and well-being. The program is designed to cultivate advanced patient management skills in the field of Orthopedic Physical Therapy. Through diverse clinical experience and didactic training under the mentorship of master clinicians, graduates of this program will be leaders in musculoskeletal and neuromuscular examination, evaluation, diagnosis, prognosis, and intervention.

# **Curriculum and Training**

Over the course of the 12-month orthopedic residency, residents will participate in clinical training covering all joints and regions of the human body. The training will encompass pharmacology, imaging, chronic pain, and pediatrics. The curriculum of study and practice-based methodology will be based on

available literature from the APTA, Orthopedic Academy, and Medbridge. This includes selected publications that meet the requirements found in the Description of Specialty Practice (DSP), Description of Residency Practice (DRP), and Orthopedic Certification Candidate Guide; this also includes contemporary literature in Orthopedic/Musculoskeletal health, medicine, and rehabilitation.

Throughout the year, residents will be evaluated for mastery in each of the following clinical areas Upper Quarter, Lower Quarter, Spine and Acute Care management. Each section will cover the differential diagnosis of pathology, identification of red flag symptoms, signs, lab values, the need for referral, imaging, and evidence-based modality and procedural interventions as they pertain to the area of care and need of the individual patient.

# **Program Highlights**

- Residents have averaged >200 hours of 1:1 clinical mentorship (ABPTRFE requirement=150 hours)
- Residents receive salary and benefits with federal government as a 'Post Doctoral Fellow,' including pay and observance for all federal holidays
- Residents are granted 13 days of Annual Leave and 13 days of Sick Leave
- All course materials are furnished and purchased for residents under their name
- Receive Experience and learning across multiple settings and domains throughout NFSG Veteran's Health System (primary care, ED/Urgent, Chronic Pain, Amputee, etc...).

#### **Accreditation**

The Malcom Randall VA Medical Center Orthopedic Residency is accredited by the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE).

## **Board Certification**

The Orthopedic Residency Program will prepare physical therapists with the knowledge and skills required to sit for and successfully pass the American Board of Physical Therapy Specialists (APBTS) board certification exam in Orthopedics. In addition to this, the program will prepare graduates to work as specialists within the VA and DOD system managing physical and musculoskeletal health across the spectrum!

#### **Board Certification Pass Rate for First time Test Takers**

Non-Residency Graduates: 67%Residency Prepared Graduates: 86%

Malcom Randall VA Medical Center Graduates: 91%

# **Important Data and Key Indicators of Program Quality**

- Placement of Graduates in settings falling under the Orthopedic Umbrella: 100%
- Federal Employment following Graduation: 82%
- Graduation Rate: 100%
- Board Certified and/or Residency Trained Faculty: 100%

# **Applications**

### If you are interested in submitting an application, please find us on RF-PTCAS!

### Applicants are required to submit:

- Complete RF-PTCAS application inclusive of required letters of recommendations
- Written essays
- College and DPT school transcripts
- Resume/CV
- License (not required if pending NPTE)

### **Applicant Qualifications:**

- Successful completion of a CAPTE accredited Doctor of Physical Therapy Program
- Intended (or current) Physical Therapy Licensure in a state, territory or commonwealth of the United States
- US Citizenship
- Desire to attain an advanced skillset and specialty knowledge

### Important dates for the 2024 application cycle:

Application deadline: March 31, 2024

Interviews: April 2024
Notification of Status: May 2024
Projected Start Date: Aug 19, 2024

# Interviews will be granted to applicants demonstrating exemplary qualifications

For questions or additional information, please reach out and introduce yourself!

Program Director: Dr. Mark K Carberry, DPT, OCS, COMT

# ABPTRFE Accredited Program