

Jacksonville VA Outpatient Clinic Orthopedic Physical Therapy Residency



About the Program

The Orthopedic Physical Therapy Residency Program at the Jacksonville VA outpatient Clinic is undergoing accreditation by the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) as a post-professional residency program for Doctors of Physical Therapy. The residency is a one year training program designed to maximize clinical exposure and rigorously challenge the resident to higher clinical and academic achievement under the mentorship of specialist clinicians.

Mission

The mission of the Orthopedic Physical Therapy Residency at the Jacksonville VA outpatient Clinic is to develop master clinicians to serve our veterans in line with the VA mission, to create quality subject matter experts for knowledge advancement and continue life-long learning, and to provide best care practices to facilitate efficient and effective patient management within physical therapy. Through diverse clinical experience and didactic training under the mentorship of master clinicians, graduates of this program will be leaders in musculoskeletal and neuromuscular examination, evaluation, diagnosis, prognosis, and intervention.

Curriculum and Training

Over the course of the 12-month orthopedic residency, residents will participate in clinical training covering all joints and regions of the human body. The training will encompass pharmacology, imaging, chronic pain, and pediatrics. The curriculum of study and practice-based methodology will be based on

available literature from the APTA, Orthopedic Academy, and Medbridge. This includes selected publications that meet the requirements found in the Description of Specialty Practice (DSP), Description of Residency Practice (DRP), and Orthopedic Certification Candidate Guide; this also includes contemporary literature in Orthopedic/Musculoskeletal health, medicine, and rehabilitation.

Throughout the year, residents will be evaluated for mastery in each of the following clinical areas Upper Quarter, Lower Quarter, and Spine at our Jefferson and Southpoint Locations. Each section will cover the differential diagnosis of pathology, identification of red flag symptoms, signs, lab values, the need for referral, imaging, and evidence-based modality and procedural interventions as they pertain to the area of care and need of the individual patient.

Program Highlights

- Residents will receive – at a minimum – 150 hours of 1:1 mentorship throughout their training from board certified and/or residency trained faculty
- Residents receive salary and benefits with federal government as a ‘Post Doctoral Fellow,’ including pay and observance for all federal holidays
- Residents are granted 13 days of Annual Leave and 13 days of Sick Leave
- All course materials are furnished and purchased for residents under their name
- Residents receive experience and training across multiple settings and domains throughout NFSG Veteran’s Health System (primary care, ED/Urgent, Chronic Pain, Amputee, etc...).

Board Certification

The Orthopedic Residency Program will prepare physical therapists with the knowledge and skills required to sit for and successfully pass the American Board of Physical Therapy Specialists (ABPTS) board certification exam in Orthopedics. In addition to this, the program will prepare graduates to work as specialists within the VA and DOD system managing physical and musculoskeletal health across the spectrum!

Board Certification Pass Rate for First time Test Takers

- Non-Residency Graduates: 67%
- Residency Prepared Graduates: 86%
- Jacksonville VA Outpatient Clinic Graduates: NA¹

Important Data and Key Indicators of Program Quality

- Placement of Graduates in settings falling under the Orthopedic Umbrella: 100%
- Graduation Rate: 100%
- Board Certified and/or Residency Trained Faculty: 100%

¹ First data expected starting July 2024 after 1st graduate takes ABPTS examination

Applications

If you are interested in submitting an application, please find us on RF-PTCAS!

Applicants are required to submit:

- Complete RF-PTCAS application inclusive of required letters of recommendations
- Written essays
- College and DPT school transcripts
- Resume/CV
- License (not required if pending NPTE)

Applicant Qualifications:

- Successful completion of a CAPTE accredited Doctor of Physical Therapy Program
- Intended (or current) Physical Therapy Licensure in a state, territory or commonwealth of the United States
- US Citizenship
- Desire to attain an advanced skillset and specialty knowledge

Important dates for the 2024 application cycle:

Application deadline: March 31, 2024

Interviews: April 2024

Notification of Status: May 2024

Projected Start Date: Aug 19, 2024

Interviews will be granted to applicants demonstrating exemplary qualifications

For questions or additional information, please reach out and introduce yourself!

Program Director: [Dr. Jennifer CuevasChrist, DPT, OCS](#)

ABPTRFE

Accredited
Program