

**VA**



U.S. Department  
of Veterans Affairs

Aleda E. Lutz VA Medical Center  
1500 Weiss Street  
Saginaw, MI 48602

Contact: Tara Scheuer, Public Affairs Officer  
(989) 497-2500, extension 13010  
tara.scheuer@va.gov

# News Release

FOR IMMEDIATE RELEASE

January 16, 2024

We invite any media interested in interviewing our VA staff to learn more about care and services to contact our Public Affairs Officer at 989-497-2500, extension 13010 or e-mail [tara.scheuer@va.gov](mailto:tara.scheuer@va.gov)

## Saginaw VA Women Veterans Go Red Heart Health Event February 9, 2024

Get ready for an exciting event that will help keep you **"heart healthy"**! Mark your calendars for the Saginaw VA Women Veterans Go Red Heart Health Event on Friday, February 9, 2024, at Aleda E. Lutz VAMC's Auditorium, 9:30 a.m. – 12:00 p.m.

Participants will get to hear from a local Cardiologist who will talk about what it means to be "heart healthy." "We encourage our women Veterans to attend this event and learn how cardiac issues affect women differently than men and what they can do to prevent heart disease as well as enjoying a healthy snack and some of the other activities and services the VA provides," stated Kelly Kubiak, Women Veterans Program Manager. Don't miss out on this opportunity to gain valuable insights on how to maintain a healthy heart!

The Aleda E. Lutz VAMC in Saginaw, Michigan operates an 81-bed skilled nursing and rehabilitation Community Living Center. It provides care to over 40,171 Veterans in a 35-county geographic area, from mid-Michigan to the Mackinac Bridge. Veterans can also receive care at one of our nine VA Community Based Outpatient Clinics located throughout Michigan. More information about this VA can be found at <https://www.va.gov/saginaw-health-care/>.

###