

RESOURCES FOR VETERANS



New number, same support.

| Dial 988 then Press 1.

VA Mental Health Care

<https://www.mentalhealth.va.gov/index.asp>

VA's repository of mental health resources, information, and data.

Emergency Medical Care for Veterans

https://www.va.gov/COMMUNITYCARE/programs/veterans/Emergency_Care.asp

VA provides, pays for, or reimburses emergency care for certain Veterans and individuals.

Veterans Crisis Line

<https://www.veteranscrisisline.net>

Available 24/7 to Veterans in crisis and their loved ones. **Dial 988 then Press 1 or text 838255.**

How to Apply for VA Benefits

<https://www.va.gov>

Veterans and service members can apply online for VA benefits and services.

Keep It Secure

<https://www.va.gov/reach/lethal-means/>

Promotes awareness about the simple steps Veterans can take to protect themselves and their families.

VA Resource Locator

<https://www.veteranscrisisline.net/find-resources/local-resources/>

Find VA facilities, Vet Centers, suicide prevention coordinators, and other VA resources.

Safe Home Environment One-Pager

https://www.mentalhealth.va.gov/suicide_prevention/docs/TWC_Safe_Home_Environment_CL_EARED_508_1-9-20.pdf

Highlights ways to create a safe home environment and protect yourself and others during a crisis.

Don't Wait. Reach Out

<https://www.va.gov/REACH/>

Use this site to find support and resources designed specifically for Veterans.

Make the Connection

<https://www.maketheconnection.net>

VA's premier Mental Health literacy and anti-stigma website highlights Veterans real stories of recovery and connects to local resources.

Patient Care Services for LGBTQ+ Veterans

<https://www.patientcare.va.gov/LGBTQ/index.asp>

Learn more about available health care services for LGBTQ+ Veterans.

VA Homeless Programs

<https://www.va.gov/homeless/>

If you know a Veteran who is homeless or at risk of homelessness, contact the National Call Center for Homeless Veterans at (877) 4AID-VET (877-424-3838)

RESOURCES FOR VETERAN SUPPORTERS

VA S.A.V.E. Training

<https://learn.psycharmor.org/courses/va-save>

The online training course that teaches anyone how to recognize warning signs of crisis and what to do to help a Veteran who may be at risk.

Reducing Firearm & Other Household Safety Risks for Veterans and Their Families

https://www.mentalhealth.va.gov/suicide_prevention/docs/Reducing_household_safety_risks.pdf

Advice and best practices for safely storing firearms and medication.

Start the Conversation

<https://starttheconversation.veteranscrisisline.net>

Customizable toolkit provides information about common issues that many Veterans face.

Talking with a Veteran in Crisis

<https://www.va.gov/ve/docs/talkingWithVeteranInCrisisHandout.pdf>

You don't have to be an expert to ask if someone is going through a difficult time or having thoughts of suicide.

Coaching Into Care

<https://mirecc.va.gov/coaching/>

A VA national telephone service that aims to educate, support and empower family members and friends who are seeking care and services for a Veteran.

Together We Can Series

https://www.mentalhealth.va.gov/suicide_prevention/prevention/index.asp

Evidence-based information on suicide risk and protective factors for Veterans and their family members.

VA Suicide Prevention Toolkit for Caregivers

<https://www.caregiver.va.gov/pdfs/VA-Suicide-Prevention-Toolkit-for-Caregivers.pdf>

The toolkit about suicide prevention, as well as evidence-based mental health and substance use disorder treatments. It also includes information on how caregivers can look after their own mental health and wellness.

VA Caregiver Support Program (CSP)

https://www.caregiver.va.gov/support/New_CSC_Page.asp

CSP teams are available at each VA Medical Center (VAMC) to help caregivers find the right support to meet their needs and to enroll in caregiver programs and services.