

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Salt Lake City Health Care System

GEORGE E. WAHLEN
DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER
VA Salt Lake City Health Care System
500 Foothill Drive
Salt Lake City, UT 84148

Dear Veteran,

We want to introduce you to one of the VA's telehealth services, the Remote Patient Monitoring-Home Telehealth program, a FREE service for our veterans. The program is designed to assist you in managing your chronic health condition from the comfort of your home by providing education and looking at trends in health data.

How it works:

- VA assigns you a Home Telehealth remote monitoring care coordinator who is a Registered Nurse (for medical), Social Worker (for mental health), or Registered Dietician (for Tele-Move).
- Your care coordinator will assess the equipment needed to send health data with you.
- Your care coordinator will look at your health data during the workweek, assist you with education, and create goals towards improved health.
- The typical time on this program is 4-6 months, up to one year.

Our goals:

- Help you regain control of your health.
- Assist you in identifying signs and symptoms.
- Connect you to the right resources at the right time.

You are provided with equipment to send health data, like vital signs, to your care team. Your care coordinator works with YOU and your healthcare providers to help manage your care in the comfort of your home.

One of the home telehealth nurses may contact you to discuss the program, with a consult from your Primary Care Provider, to see if you are interested in enrolling in this voluntary program to assist with your health.

If you have any other questions, please feel free to call at;

- RPM Home Telehealth: 1-800-613-4012
- RPM Program Specialist: 801-582-1565 ext. 4289
- RPM Home Telehealth Lead Care Coordinators: 801-582-1565 ext.4360 or ext 2112



Note: Your health data will not be collected without your informed consent. All diagnoses, questions, information, and treatments are determined solely by your doctor or primary care nurse. Home Telehealth technology is not an emergency service or first alert program. Don't hesitate to contact your doctor or nurse directly with any questions or concerns about your medical condition or health, or call 911 or go to a local emergency care facility.