

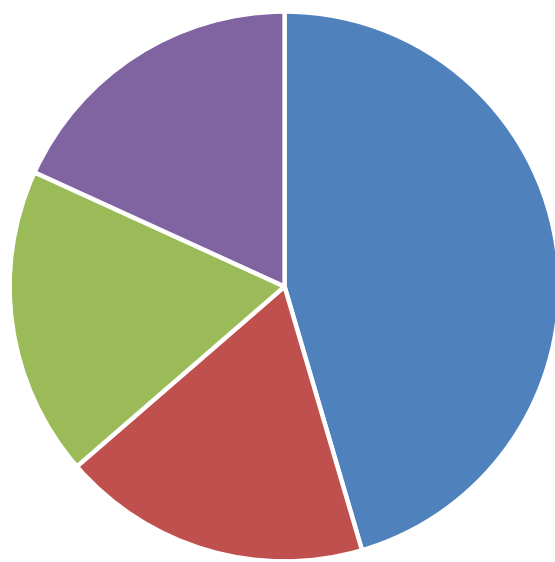
Minneapolis VA Chronic Pain Rehabilitation Program (CPRP) - Outcomes

WHO ATTENDED CPRP in Fiscal Year 2023*?

6 participants completed; 3 in each program
 Average Age: 51 years (range = 33 - 74 years)
 Military Status: 100% Veteran
 Work Status: 29% employed/volunteer; 57% disabled; 14% student

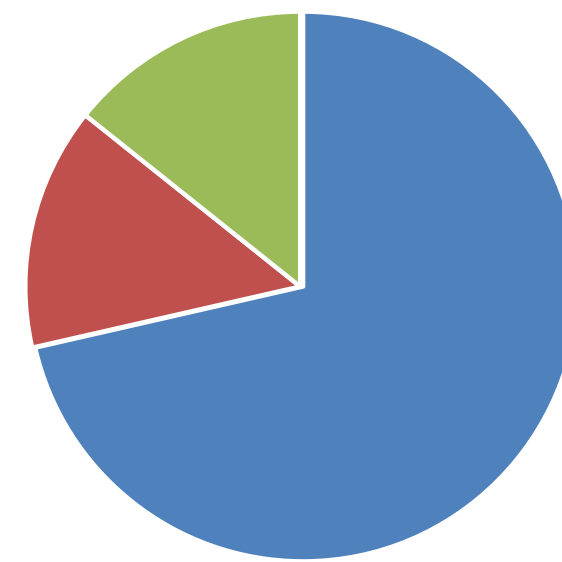
Completion Rate: 86%
 Gender: Male 71%
 Average Years of Pain: 10.5

Primary Pain Site



■ Back ■ Lower extremities ■ Widespread ■ Other

Conflict Era



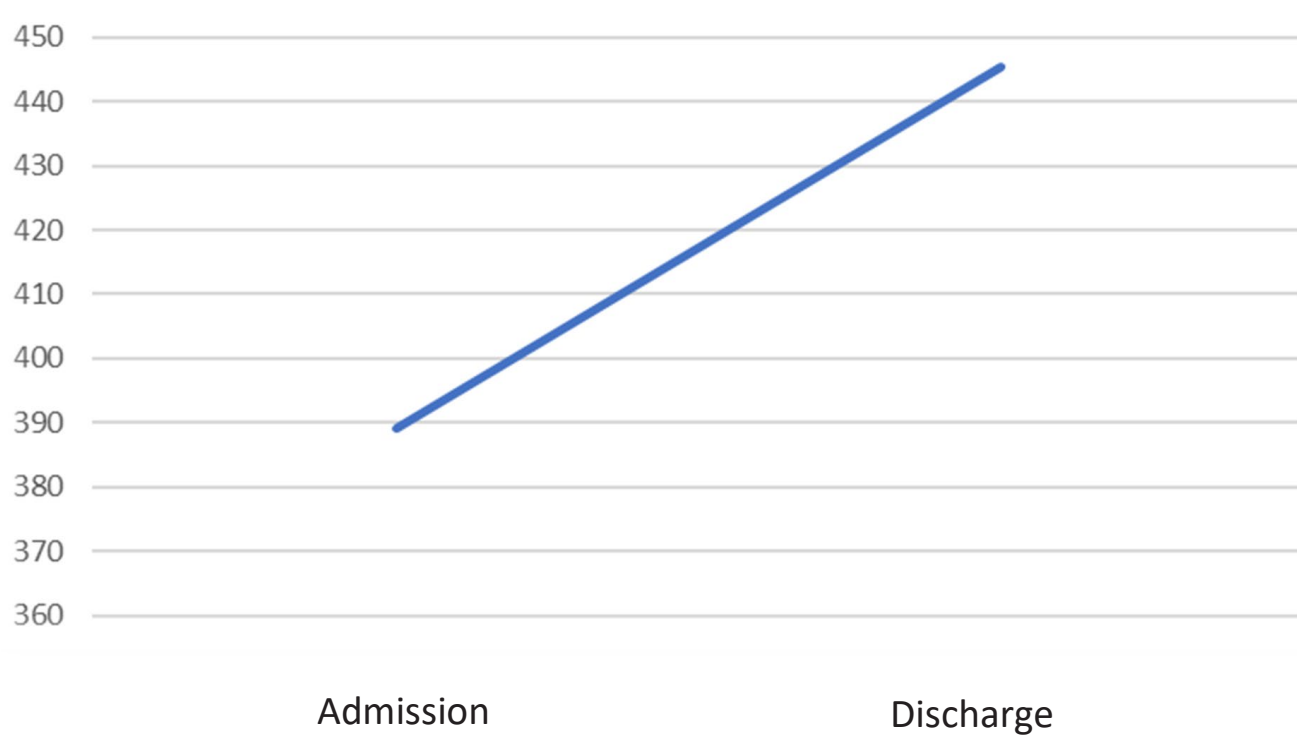
■ Persian Gulf War ■ Post Vietnam ■ Vietnam

HOW CAN CPRP HELP?

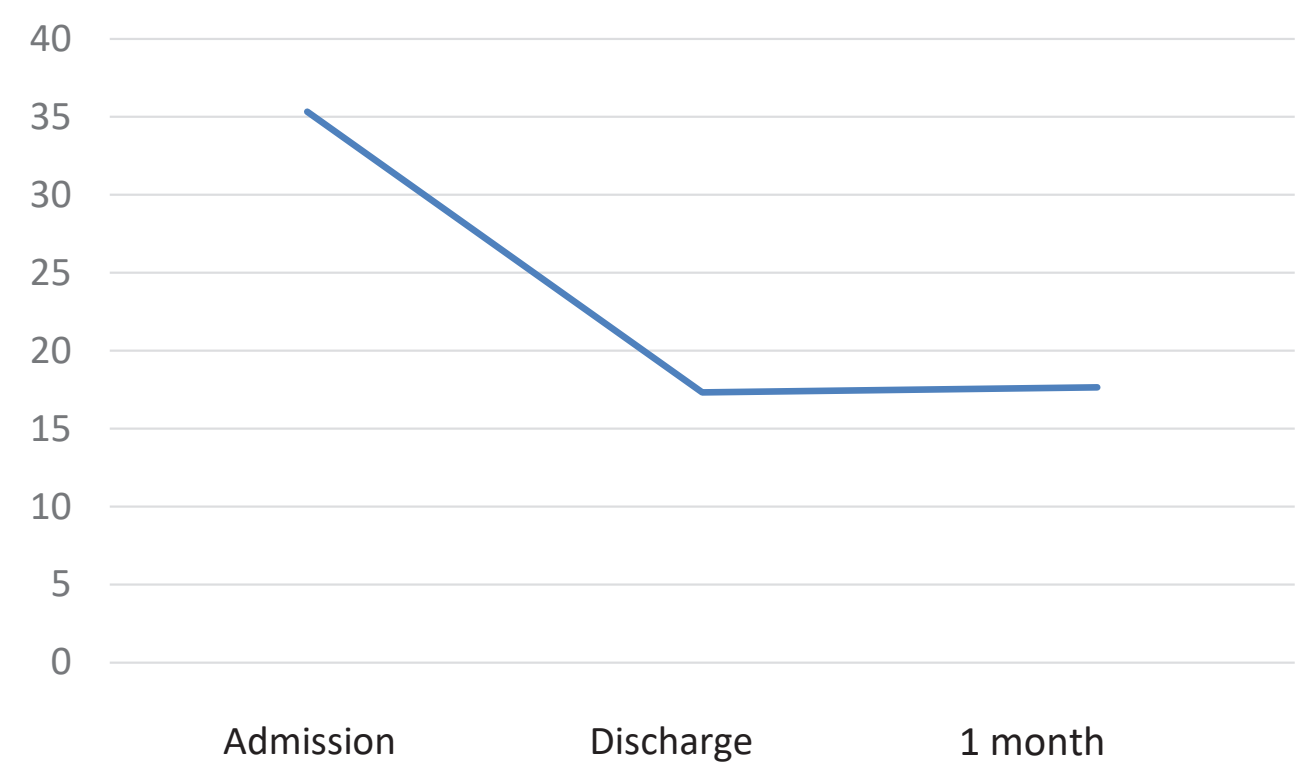
Participants improved walking and physical stamina after completing CPRP! On average, there is about 13% improvement in walking distance from admission to discharge. For many participants, progress continues after completing the program.

Participants reduced pain-related worries after completing CPRP! On average, participants report a 48% improvement in scores on the Pain Catastrophizing Scale from admission to discharge. For many participants, progress is maintained 1 month after completing the program.

Physical Stamina

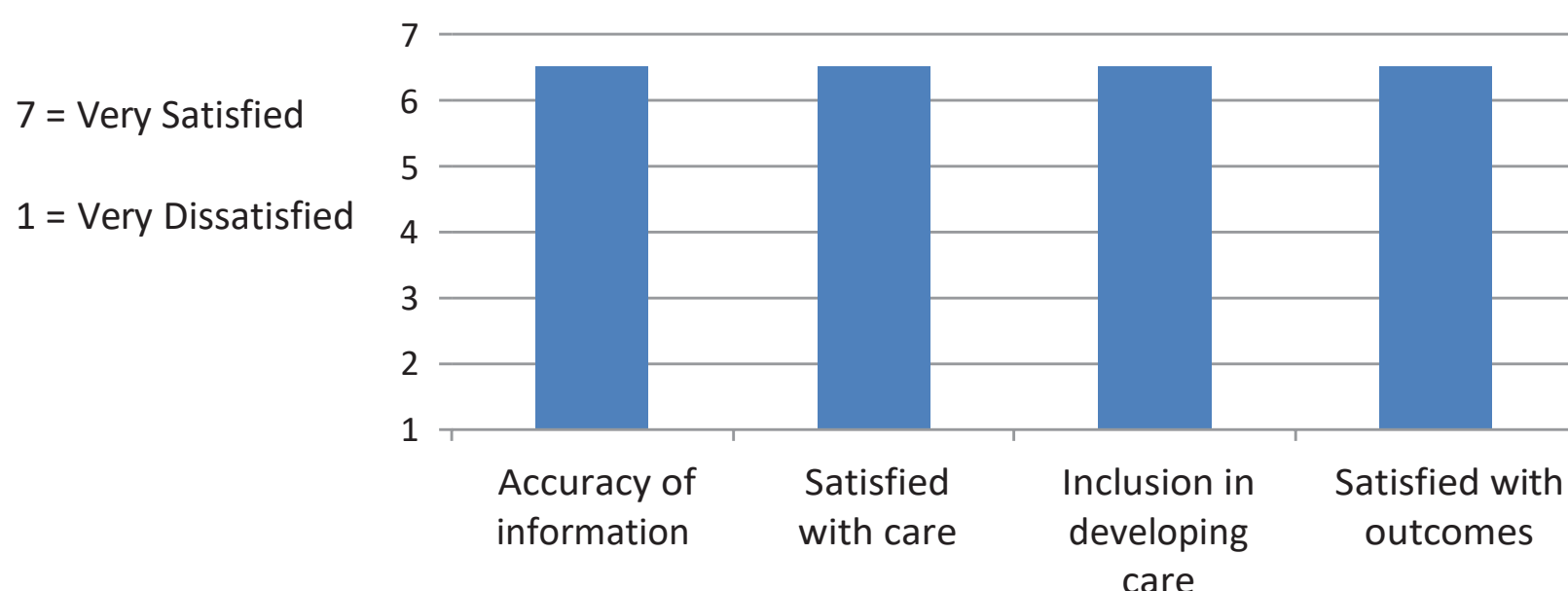


Pain-Related Worries



Participants feel that they received excellent care and are satisfied with their progress after completing the program. They also feel involved in developing the care plan and that the information given to them about the program was accurate.

Participant Satisfaction



U.S. Department of Veterans Affairs

*Fiscal Year 2023 is from October 2022 – September 2023; more information available upon request, including alternate formats
 **All participants remained home after program completion. Average hours of treatment per discipline: Psychology 22; Occupational therapy 17; Physical therapy 13; Recreational therapy 9; Nursing 3; Pharmacy 1; Social Work 6; Integrative Health 8