## Veteran Disciple Club

Looking for a low-stress way to meet new people, get outside, and enjoy a low-impact physical activity?

Disc golf may be your answer!

Disc golf is like regular golf,
but instead of using golf clubs and balls,
players throw flying discs into baskets.

No experience necessary. Participants will be matched to a team on the day of the event.

Event will cancel for rain or wet ground conditions.

Weekly on Monday Evenings @ 5pm Starting April 15th, 2024





Come each week, or just when your schedule allows!

## Ray Miller Park

adjacent to the LEA VA campus at the 4th street entrance

**Questions** Contact Nicolas Bridges at nicbridges17@gmail.com

Bring your own discs if you have them.

No Discs, No Problem! We have discs you can use!