



Finding your path to healing



In recognition of Sexual Assault Awareness and Prevention Month, the VA is offering a VIRTUAL outreach event to discuss VA services that can help in recovery from sexual trauma.

*WOMEN Focused Event

April 12, 2024 | 11:00 am - 1:00 pm

Dial to call into event: 872-701-0185, code 1933393#

11:00 am - 11:15 am

Hear from the local **Military Sexual Trauma (MST) Coordinator**, Ashley Hatton, PsyD, and learn about services available to survivors of MST.

11:15 am - 11:20 am

Meet the local **Intimate Partner Violence Assistance Program Coordinator**, Charlene Coaxum, LISW-CP/S.

11:20 am - 11:25 am

Meet a local **LGBTQ+ Mental Health Advocate**, Kristy Watters, PsyD.

11:25 am - 11:35 am

Hear from the local Women's Mental Health Champion, Katie Rider Munday, PhD, about Women-specific offerings and **post-traumatic growth**.

11:35 am - 11:45 am

Learn from the **Evidence Based Psychotherapy Coordinator**, Jonelle Flood, LCSW, LISW-CP, about shared decision making and evidence based treatment.

11:45 am - 11:55 am

Discover the **Whole Health** approach to healing from the program coordinator Shane Hallowell, BSN, ADN, RN.

11:55 am - 12:05 pm

Hear about the activities offered through **Recreation Therapy** from Katie Megregian, MSA, CTRS.

12:10 pm - 1:00 pm

Relax and Restore with **Trauma-Sensitive Yoga (TCTSY)** lead by Jeremy Lyne, PsyD. Open to all levels of experience and health.

*MEN Focused Event

April 26, 2024 | 11:00 am - 1:00 pm

Dial to call into event: 872-701-0185, code 757026434#

11:00 am - 11:15 am

Hear from the local **Military Sexual Trauma (MST) Coordinator**, Ashley Hatton, PsyD, and learn about services available to survivors of MST.

11:15 am - 11:20 am

Meet the local **Intimate Partner Violence Assistance Program Coordinator**, Charlene Coaxum, LISW-CP/S.

11:20 am - 11:25 am

Meet a local **LGBTQ+ Mental Health Advocate**, Kristy Watters, PsyD.

11:25 am - 11:30 am

Hear from a local Mental Health Champion, Katie Rider Munday, PhD, about **post-traumatic growth**.

11:30 am - 11:40 am

Learn from the **Evidence Based Psychotherapy Coordinator**, Jonelle Flood, LCSW, LISW-CP, about shared decision making and evidence based therapy options.

11:40 am - 11:50 am

Understand how **Peer Support Services** may be beneficial on your path to recovery with Tony Hedges.

11:50 am - 12:00 pm

Discover the **Whole Health** approach to healing from the program coordinator Shane Hallowell, BSN, ADN, RN.

12:00 pm - 12:10 pm

Hear about the activities offered through **Recreation Therapy** from Katie Megregian, MSA, CTRS.

12:10 pm - 1:00 pm

Relax and Restore with **Trauma-Sensitive Yoga (TCTSY)** lead by Jeremy Lyne, PsyD. Open to all levels of experience and health.



Scan here to access the Women's event. Microsoft Teams is needed.



Scan here to access the Men's event. Microsoft Teams is needed.



*Non-binary Veterans invited to attend either outreach even | Schedule is subject to change.
Questions? Contact Ashley Hatton, PsyD at 843-818-6996 ext 343147