

# Patient Centered Care... The Conversation Starts Here

## Compassionate Contact Corps



**QUALITY,  
COMPASSIONATE  
CARE**

**EVERY VETERAN  
EVERY DAY**

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### THE PROGRAM

The Compassionate Contact Corps is a virtual social program. Your experiences and interests help us match the best volunteer with you. Volunteers can visit with you over the phone or by video chat. These visits are often 1 - 2 times per week, for 15 - 60 minutes.

### THE VETERAN

You are living history! Tomah VA volunteers would like to hear your stories and have regular, friendly visits with you. Regular social visits are known to enhance well-being and quality of life! Even if you live with others and have a support system, you may enjoy talking to a friendly volunteer.

#### Benefits to Veterans:

- Increase your socialization.
- Combat loneliness or boredom.
- Chance to share your stories with someone new.



### THE VOLUNTEER

Tomah VA's volunteers show compassion and kindness. They are also idealistic and selfless. Volunteers can provide companionship and support for you and your caregiver. Volunteers must be 18 years old or over, attend orientation, successfully pass a background check, and train for specific tasks.

#### Who can volunteer?

- Veterans: You can use your unique background and skills to help other Veterans.
- Non-Veterans: You can promote friendships and learn from "living history".

#### Benefits to Volunteers:

- Chance to build one-on-one connections with our nation's heroes.
- Develop empathy and active listening skills.

Visits with a volunteer can provide quality one-on-one social interaction, engaging you in meaningful conversations.

**To learn more, please call Tomah VA Center for Development and Civic Engagement at 608-372-1727 or 1-800-872-8662, Ext. 61727**



# Nutrition and Food Services at Tomah VA Medical Center (VAMC) is proud to serve our Veterans delicious meals daily and have fun along the way!



We are excited to enhance the dining experience. We are working hard to create Veteran centric meals in a new format, one resembling a room service approach. More to come on this exciting journey as we move into 2024.

## **Fun Nutrition and Food Service facts:**

- Food Service serves 90-100 Veterans every meal, every day of the year
- We have 15 Registered Dietitians on staff
- We have staff in Nutrition and Food Service that have been on the team for more than 30 years



Thank you for the chance to serve you, our Veterans, the healthiest and most delicious meals every day.

# Recent Events

## Nutrition and Food Services



## Day at the Races



## Salute Week- Day 2 Valentine's Day



## Salute Week- Day 3 Valentine's Day Dance



## Holiday Gala



### Tomah VA Medical Center

500 East Veterans Street  
Tomah, WI 54660  
Phone: 1-800-872-8662  
608-372-3971  
<https://www.tomah.va.gov/>

### Clark County Clinic

8 Johnson Street  
Owen, WI 54660  
Phone: 715-229-4701  
Clinic Hours: Monday-Friday  
8:00 a.m.- 4:30 p.m.

### La Crosse VA Clinic

4000 State Road 16  
La Crosse, WI 54601  
Phone: 608-784-3886  
Clinic Hours: Monday –Friday  
7:30 a.m.- 4:30 p.m.

### Wisconsin Rapids Clinic

700 Hale Street  
Wisconsin Rapids, WI 54495  
Phone: 715-424-4682  
Clinic Hours: Monday-Friday  
8:00 a.m.- 4:30 p.m.

### Wausau Clinic

1105 East Grand Avenue  
Rothschild, WI 54474-1024  
Phone: 715-842-2834  
Clinic Hours:  
Monday- Friday  
8:00 a.m.- 4:30 p.m.



# Choose VA

The Tomah VA welcomes your feedback. If you have suggestions for future newsletter articles, please email, call, or text the Patient Centered Care Coordinator at [Vhatomvoiceofvet@va.gov](mailto:Vhatomvoiceofvet@va.gov) 608-399-8829

### Tomah VAMC Campus Map



### Tomah VA Medical Center Vision:

Tomah VAMC will excel in patient-centered Primary, Whole Health, Mental Health, Rehabilitative and Long-term healthcare, partnering with other VHA and community organizations providing a fully integrated continuum of care. As a servant led institution, we will develop a culture of excellence as a High Reliability Organization responsive to the changing needs of Veterans. Initiatives will be shaped by technology, research and evidenced based practices. Care will be delivered by engaged collaborative teams in an integrated environment that supports learning, continuous and sustained improvement. We will embrace change and constantly reinvent our organization to meet the changing needs of the Veteran, healthcare, and national direction.