

## What is My VA Images?

*Getting expert health care is easier than ever with this app!*

The My VA Images (MYVAI) web app enables you to securely send photos and videos to your VA care team to receive expert health care without visiting a VA facility. With My VA Images, you can upload new or stored photos or videos that your provider requests to better understand your health care concern. You can use My VA Images on any smartphone or tablet with a camera, or even from your personal computer.

### Benefits of My VA Images:

- Receive care from your VA care team in the convenience of your home or on the go.
- Securely upload requested photos and videos for your VA care team to review.
- Respond to your VA care team's requests for photos and videos.
- Review comments and responses from your VA care team about the photos and videos you submitted.

*Contact your VA care team to determine whether this is the right tool to complement your in-person care.*



### Learn More:

[mobile.va.gov/app/my-va-images](https://mobile.va.gov/app/my-va-images)

### Need Additional Support?

Contact your VA provider with questions about your health concern.

*My VA Images is not for urgent or emergency use.*

Technical support with My VA Images is available by calling the Health Resource Center Help Desk at 877-470-5947, available Monday to Friday, 6 a.m. to 6 p.m. Mountain time.



Visit [mobile.va.gov/login-information](https://mobile.va.gov/login-information) on how to create a secure log in account to access VA apps.

# My VA Images

**Send Photos or Videos to Your Provider Anytime, Anywhere**



VA



U.S. Department of Veterans Affairs  
Veterans Health Administration  
Office of Connected Care



VA Telehealth

VA



U.S. Department of Veterans Affairs  
Veterans Health Administration  
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VA Telehealth

## How Can I Use My VA Images?

Use My VA Images to get medical advice on topics such as:

- Skin conditions.
- Wound care.
- Rehab equipment.
- Foot care.
- Diet and nutrition

**My VA Images is also useful for:**

- Receiving ongoing virtual care.
- Capturing symptoms or behaviors at home.
- Reviewing the use of medical equipment.
- Managing wound care with your provider.



## Am I Eligible to Use My VA Images?

- ☐ Do you have a My HealtheVet Premium, DS Logon, ID.me, or Login.gov account?
- ☐ Can you read and follow instructions on your device's screen?
- ☐ Are you comfortable using your device?
- ☐ Do you have a smartphone, tablet, or computer with a built-in camera?
- ☐ Can you photograph yourself, or do you have someone who can help with this?
- ☐ Do you have an email account that you can access on your device?

If you said yes to all of the questions above, you may be eligible to use My VA Images!

Contact a member of your VA care team to determine whether the app is appropriate for your health care needs.

## After My Provider and I Agree To Use My VA Images, What's Next?

- 1 You'll receive an email with a direct link to My VA Images.
- 2 The app will guide you through taking and sending photos or videos requested by your provider.
- 3 After you submit the requested photos or videos, your provider will message you through the app with their clinical advice.



For step-by-step instructions on how to use My VA Images, visit, [mobile.va.gov/app/my-va-images](https://mobile.va.gov/app/my-va-images).

