

## 2024-2025 Tuscaloosa VA Medical Center Resident Bios

### (PGY1 Residents)



**Jade Anderson, PharmD**

**Hometown:** Lexington, MS

**School of Pharmacy:** Samford University's McWhorter School of Pharmacy

**Professional Areas of Interest:** Geriatrics, ambulatory care, and psych

**What do you want to do professionally after completing this residency?** Become a board-certified Clinical Pharmacist Specialist in Geriatrics, Ambulatory Care, or Psych.

**Hobbies:** Listening to music, going to concerts, outdoor activities (hiking, fishing, hunting), and spending time with my dog Ace.

**What is your favorite part of living in Tuscaloosa?** Football season, trying new restaurants, and building great relationships with my co-residents, preceptors, and RPD.

**Why Tuscaloosa VA Medical Center?** TVAMC is a perfect match for me. I am able to pursue all of my interests during my residency. Shelley is an amazing RPD and is really passionate about helping us transition from students to clinical pharmacists and pushes us to our full potential. Shelley will go above and beyond to show that she cares about her residents and will do anything to help us succeed. TVAMC also feels like a home away from home.



**Joseph Chen, PharmD**

**Hometown:** Cheshire, CT

**School of Pharmacy:** University of Pittsburgh

**Professional Areas of Interest:** SUD and Primary Care!

**What do you want to do professionally after completing this residency?** Hopefully stay on at the VA and become a Clinical Pharmacist Specialist in either primary care or mental health! I also would eventually love to be professor at a school of pharmacy to inspire and guide the pharmacists of tomorrow, just as many others have done for me!

**Hobbies:** Music, (I've been to over 50 concerts in my life and I'm learning to shuffle!), anything active and fun (pickleball, volleyball, etc.), being goofy with loved ones, and exploring new restaurants!

**What is your favorite part of living in Tuscaloosa?** Finally having consistent vitamin D levels!

**Why Tuscaloosa VA Medical Center?** This VA has a really great pharmacy residency for those interested in outpatient primary care, mental health, and geriatrics! Also, the team is very supportive here!



**Shanterell (Terra) Redd, PharmD**

**Hometown:** Brandon, MS

**School of Pharmacy:** Lipscomb University College of Pharmacy and Health Sciences

**Professional Areas of Interest:** Psychiatric, Geriatrics, and Pain

**What do you want to do professionally after completing this residency?** I would love to continue my learning with a PGY-2 in Psych, Geriatrics, or Pain.

**Hobbies:** I really enjoy cooking, hiking, and binge-watching Netflix with my fur baby.

**What is your favorite part of living of Tuscaloosa?** Tuscaloosa has a beautiful downtown, with plenty of restaurants that take half of my paychecks, lol.

**Why Tuscaloosa VA Medical Center?** When looking for a residency, I wanted a residency that emphasized the importance of direct patient care, while also cultivating a learning environment that is challenging yet supportive with a multitude of resources. TVAMC fits this description, with the pleasant addition of curating a positive and amusing environment. I knew that choosing TVAMC I would be able to also create interpersonal relationships with my RPD, preceptors, and co-residents that are beneficial for navigating a demanding and rewarding PGY-1 program. Last but not least, TVAMC also has an amazing psych PGY-2, which is a major interest of mine, so I was excited to learn at an institution that intertwined mental health within every rotation offered.



**Justin Williams, PharmD**

**Hometown:** Rome, GA by way of Huntsville, AL

**School of Pharmacy:** Samford University's McWhorter School of Pharmacy

**Professional Areas of Interest:** Ambulatory Care and Pharmacy Leadership

**What do you want to do professionally after completing this residency?** I would like to begin a PGY2 within the VA focused in either Ambulatory Care or Health-System Pharmacy Administration and Leadership.

**Hobbies:** Walks with my dog, Cooper Kaine, going out to eat/amateur food critic (yelp reviewer), trivia nights, swimming, going to the gym, and cleaning.

**What is your favorite part of living of Tuscaloosa?** Any that occurs at "The Plaza", such as live at the plaza, holidays at the plaza, etc. It is right in the mix of everything the city has to offer!

**Why Tuscaloosa VA Medical Center?** From the very moment I entered the Tuscaloosa VA Medical Center, I knew it was the place for me. Everyone you meet is inviting and welcoming, there are so many opportunities to learn, and as a pharmacist within the VA health system I am able to learn and practice at the top of my license. Each pharmacist I have met has pushed me to excel and showed me that they care about my development as a Clinical Pharmacist. The culture is truly unmatched and I am thankful to serve those who have served us!

## (PGY2 Residents)



**Jonathan Chappell, PharmD (PGY1 Completed at the James H. Quillen VAMC in Mountain Home – Johnson City, TN)**

**Hometown:** Valley, AL

**School of Pharmacy:** Samford University's McWhorter School of Pharmacy

**Professional Areas of Interest:** Neurology, Psychiatric Pharmacy, Ambulatory Care

**What do you want to do professionally after completing this residency?** I plan to pursue a neurology pharmacist position either within the VA or elsewhere.

**Hobbies:** Bouldering/rock climbing, running, reading.

**What is your favorite part of living of Tuscaloosa?** My favorite part of living in Tuscaloosa is the atmosphere. Tuscaloosa offers many things that smaller towns can't while still having a small-town feel.

**Why Tuscaloosa VA Medical Center?** I committed to a PGY2 at TVAMC as several of my former classmates completed rotations or PGY1 residencies here and had great things to say about the people and culture here.



**Blake Christensen, PharmD (PGY1 Completed at Tuscaloosa VA Medical Center)**

**Hometown:** Boise, Idaho

**School of Pharmacy:** University of Houston

**Professional Areas of Interest:** Psychiatric Pharmacy

**What do you want to do professionally after completing this residency?** Work as a Clinical Pharmacy Specialist at the VA.

**Hobbies:** Stained glass, pickleball, laser engraving, ping pong.

**What is your favorite part of living of Tuscaloosa?** Druid City Makerspace! It's like a gym for hobbies.

**Why Tuscaloosa VA Medical Center?** TVAMC has a heavy focus on psychiatry, with lots of knowledgeable preceptors to help us become subject matter experts. Additionally, the residency program is designed to support their residents and encourage a good work-life balance.