

Your story allows you to pass
your wisdom and experiences
to your family and future
generations.

After all, this is your story.

Share your story, and schedule
an interview today.

CONTACT

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MY LIFE, MY STORY



VA

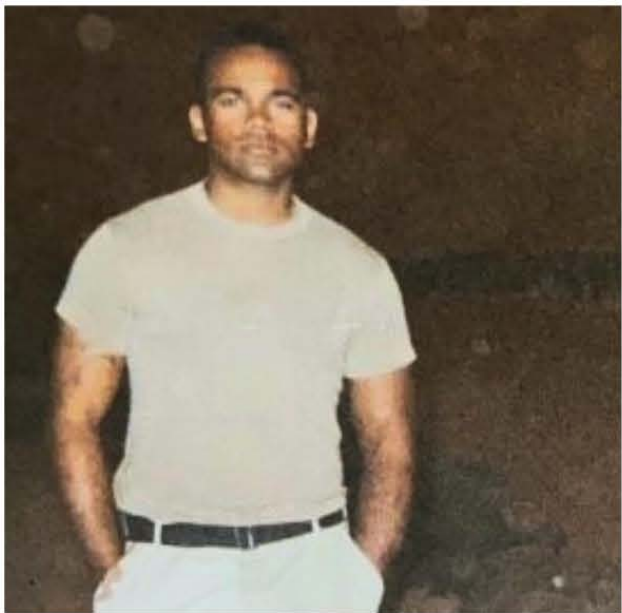


U.S. Department of Veterans Affairs

Veterans Health Administration
Tennessee Valley Healthcare System

WHAT IS MY LIFE, MY STORY?

My Life, My Story (MLMS) is a VA program where Veterans are interviewed to share their life story. The interview is written in a first-person narrative and reviewed with the Veteran. With the Veteran's permission, the story enters their medical record as a resource for care teams to know the Veteran as a person, in their own words. Our team will encourage you to share what you'd like to share; there's no pressure to discuss "off-limits" topics.



WHY IS THIS IMPORTANT?



My Life, My Story is an opportunity for your medical team to know you better and discover what is most important to you. The My Life, My Story team believes each Veteran has a story worth telling.

Research suggests that when doctors, nurses, and other care providers know their patients well, they provide better care.

"SO, WHAT SHOULD I TALK ABOUT?"

Some topics to consider:

- Childhood
- Schooling
- Military experience
- Work and career
- Family and friends
- Medical concerns, past or present
- Hobbies, interests, or skills
- Anything you wish your treatment team knew about you but never got around to share
- Topics important to you, but may not be discussed during appointments

