



U.S. Department
of Veterans Affairs

NEWS RELEASE

VA Tennessee Valley Healthcare System
Office of Public Affairs
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FOR IMMEDIATE RELEASE

Nov. 11, 2024

VA Program Celebrates Veterans by Sharing Life Experiences Through Storytelling

NASHVILLE, Tenn. – VA Tennessee Valley Healthcare System (TVHS) is excited to announce the launch of the “My Life, My Story” project on Veterans Day, Nov. 11, to enhance Veterans’ health care experience and connection.

“My Life, My Story” is a national VA project that provides Veterans an opportunity to share their life experiences with their health care providers and family members. Each Veteran story provides a glimpse into their lives and offers physicians a chance to know Veterans on a deeper level.

Writers interview Veterans for about an hour and carefully draft a 1,000-word story about the patient’s unique life experiences. The stories are reviewed by the Veteran and, with their approval, added to their VA medical record.

To schedule an interview, Veterans can contact tvhmylifemystory@va.gov or call the TVHS “My Life, My Story” coordinator at 423-893-6500 ext. 27495 or 423-370-7159.

Visit [My Life, My Story - Whole Health \(va.gov\)](https://www.va.gov/mylifemystory) for more information.

VA Tennessee Valley Healthcare System is an integrated tertiary health care system comprised of two hospitals, the Alvin C. York Campus in Murfreesboro and the Nashville Campus, as well as more than a dozen community-based outpatient clinics located in Tennessee and Kentucky. TVHS provides ambulatory care, primary care, and secondary care in acute medicine and surgery, specialized tertiary care, transplant services, spinal cord injury outpatient care, and a full range of extended care and mental health services.

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