



U.S. Department of Veterans Affairs

VA Palo Alto Health Care System

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PATIENT NEEDS LIST

Personal Hygiene Items

Assembled Kits Preferred

- Body Lotion
- Stick Deodorant*****
- Combs/Brushes
- Nail Clippers (*brand new*)***
- Chapstick/Lip Balm
- Toothpaste
- Toothbrush
- Floss
- Mouthwash (*WITHOUT alcohol*)
- Pocket Mirror
- Razors
- Shave Cream
- Shampoo
- Conditioner
- Body Wash/Shower Gel

Year-Round Clothing for Men/Women

For large used clothing donations call in advance

- Socks (*new only*)
- Shoes (*new only*)
- Flip Flops/Slippers
- Shower shoes
- Sweatpants/Shirts
(*Sizes: L, XL, 2XL, 3XL*)
- Suits
- Underwear (*new only*)
- T-Shirts/Shorts***
(*Sizes: L, XL, 2XL, 3XL*)
- Jeans
- Ball Caps/Hats(*new only*)***

Comfort/Recreational Items

- Lap robes
- Blankets/Quilts
- Gloves
- Board Games
- Coloring Books w/ Crayon/Colored Pencil
- Journal/Sketch Pads
- Puzzle Books
- Playing Cards
- Neck Pillows
- Sleep Masks
- Ear plugs

Miscellaneous Items

- Back Packs*****
- Small flashlights
- Stationary Items
- Stamps
- Reading Glasses
- Suitcases
- Magazines (*NO more than 3 months old*)
- Calendars
- Shopping bags
- Tote bags
- Duffle bags
- Belts

***NOTE: these items are in high demand

Last Updated: January 2025