

Assisted Living



What is Assisted Living?

Assisted Living Facilities are places where Veterans can live in a rented room or apartment. There are some shared living spaces, like a dining room. In some facilities the Veteran could have their own kitchen or kitchenette.

There is a trained caregiver on duty 24 hours a day, 7 days a week. This person can help the Veteran with activities of daily living (e.g., bathing and getting dressed).

Veterans may also be able to have the VA arrange for a health professional (e.g., a nurse) to visit and give them extra care.

The VA does not pay for the Veteran's rent, which usually includes basic services. However, the VA may pay for some of the extra services the Veteran may need in an Assisted Living Facility.

Am I eligible for Assisted Living?

Eligibility for Assisted Living varies by facility. Talk with the administrator of the Assisted Living facility you are interested in to see if you are eligible. To find out how to pay for assisted living visit the Paying for Long Term Care section at www.va.gov/Geriatrics.

How do I decide if it is right for me?

You can use a **Shared Decision Making Worksheet** to help you figure out what long term care services or settings may best meet your needs now or in the future.

There's also a **Caregiver Self-Assessment**. It can help your caregiver identify their own needs and decide how much support they can offer to you. Having this information from your caregiver, along with the involvement of your care team and social worker, will help you reach good long term care decisions.

Ask your social worker for these Worksheets or download copies from the **Shared Decision Making** section at www.va.gov/Geriatrics.

