Vets! Use the VA health support services listed below to maintain your physical and mental wellness:

### Health Benefits
www.va.gov/healthbenefits
Start here to learn what VA health benefits you are eligible for and apply for care.

<table>
<thead>
<tr>
<th>Health Benefits:</th>
<th>877-222-VETS (8387)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other VA Benefits:</td>
<td>800-827-1000</td>
</tr>
<tr>
<td>Homeless Services:</td>
<td>877-424-3838</td>
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### Compensated Work Therapy
www.cwt.va.gov
A vocational rehabilitation program to match and support work ready veterans in competitive jobs.

### Disease Prevention
www.prevention.va.gov
Advocating for health promotion, disease prevention, and health education for our nation’s Veterans.

### Geriatrics & Extended Care
www.va.gov/geriatrics
Geriatric and extended care services for Veterans including non-institutional and institutional options.

### Homeless Services
www.va.gov/homeless
To end Veteran homelessness within the next five years, VA offers a variety of resources, programs and benefits to assist Veterans who are homeless.

### Mental Health
www.mentalhealth.va.gov
Maintaining and improving the health and well-being of Veterans through excellence in health care, social services, education, and research.

### MyHealtheVet
www.myhealth.va.gov
Anywhere, anytime Internet access to VA health care information and services.

### National Center for Post-Traumatic Stress Disorder
www.ptsd.va.gov
VA’s center of excellence for research and education on the prevention, understanding and treatment of posttraumatic stress disorder.

### Readjustment Counseling (Vet Centers)
www.vetcenter.va.gov
Offers services to Veterans and their families to aid their successful transition from military to civilian life.

### Rural Health
www.ruralhealth.va.gov
Improving access and quality of care for Veterans living in rural areas.

### Substance Abuse Programs
www.mentalhealth.va.gov/substanceabuse.asp
Treatments addressing problems related to substance use, from unhealthy use of alcohol to life-threatening addictions.

### Veterans Crisis Line
veteranscrisisline.net
The Veterans Crisis Line (Dial 1-800-273-8255 and press 1) is a toll-free, confidential phone support line that connects Veterans in crisis and their families and friends with qualified, caring VA responders.

### Women Veterans Health Care
www.womenshealth.va.gov
Implementing positive changes in providing care for all women Veterans.