



Home



Kidney Info



Nutrition



Laboratory



Social Work
Services



Pharmacy



Treatment

Start Here

Font Size: A A A

Welcome to the VA

eKidney Clinic

How do I access the eKidney Clinic?

- No registration and no passwords!
- Free, easy, and accessible to you 24/7!
- To view the **eKidney Clinic**, visit the **eKidney Clinic** website at:

[http://www.va.gov/health/
services/renal/](http://www.va.gov/health/services/renal/)

**Learn about steps you can
take to stay as healthy as
possible!**



Veterans Health
Administration

Our Mission

Our Servicemembers and Veterans have sacrificed to keep our country—and everything it represents—safe.

We honor and serve those men and women by fulfilling President Lincoln’s promise **“to care for him who shall have borne the battle, and for his widow, and his orphan.”**

We strive to provide Service members and Veterans with the world-class benefits and services they have earned, and will adhere to the highest standards of compassion, commitment, excellence, professionalism, integrity, accountability, and stewardship.

**Thank you for your service.
Now let us serve you.**

Veterans Health Administration
Office of Specialty Care Services
eKidney Clinic Patient Information Brochure
February 19, 2014
www.va.gov



**Learn how to take care
of your kidneys and
make choices that will
help you feel your best
*Online.***

[http://www.va.gov/health/
services/renal/](http://www.va.gov/health/services/renal/)





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What is the **eKidney Clinic**?

The **eKidney Clinic** is an online education tool where you can watch videos and view animated illustrations to help you learn about kidneys and kidney disease.

You will learn about...

- The pros and cons of treatment options - to help you make a choice that is a good fit for the way you want to live.
- Medicines your doctor may prescribe.

- Key nutrients and how to use them to improve your health.
- Blood and urine tests that check kidney health and how to use them to track your progress.
- Managing related conditions.
- How your VA social worker can help you learn to cope with kidney disease and how it affects your life. He/she will help you get the VA and other care you are entitled to.

<http://www.va.gov/health/services/renal/>

What are the benefits of using the **eKidney Clinic**?

You can...

- Work at your own pace.
- Assess your knowledge with practice tests.
- Mouse-over words for definitions.
- Share treatment options with family members and caregivers.
- Create/print a list of things you want to talk to your VA care team about and take to your next VA appointment.
- Increase text font size.