Chief Resident in Quality and Patient Safety

1. PURPOSE


This is a Request for Proposals (RFP) for a Chief Resident in Quality and Patient Safety (CRQS). The RFP provides information, policies, and application procedures to Department of Veterans Affairs (VA) facilities and Veterans Integrated Service Networks (VISNs) that wish to submit applications to the Office of Academic Affiliations (OAA) for additional physician chief resident positions for Academic Year 2016, which begins July 1, 2015 through June 30, 2016. These positions will be recurring positions and become part of the facility’s Graduate Medical Education (GME) ‘base’ allocation. Facilities that received temporary CRQS positions for AY2015, should apply via this RFP to make these positions permanent.

This RFP allows facilities to request new physician chief resident base positions to enhance their ability to care for Veterans by redesigning medical education and patient care to include the area of quality and patient safety. Applicants are expected to demonstrate innovative approaches in educating physicians in the area of quality and patient safety. The CRQS is a non-accredited, one-year, post-residency position. These chief residents must have completed their primary residency training for initial board eligibility and qualify for credentialing and privileging as licensed independent practitioners (LIPs) in their specialty.

The CRQS is both a teaching and a learning role, which must be distinguished from the more traditional administrative role of chief residents in some specialties. The CRQS position is for one-year only. Suggested continuation tracks include Advanced Fellowships in Patient Safety (1-year) or the VA Quality Scholars program (2-3 years).

b. Eligibility to Apply.

1. Applicant facilities and programs must be willing to transform established educational and patient care systems in order to:
   a) Enhance education and the quality of care while promoting a culture of patient safety;
   b) Promote professionalism, patient-centeredness and continuity of care;
   c) Actively engage residents in systems-based patient safety and quality improvement activities; and
   d) Support the professional development of faculty.

2. Additional program requirements include a:
   a) Strong curriculum and teaching role must be outlined for the position; and
   b) Minimum of 8 other VA physician resident positions in the same core specialty training program for each Chief Resident in that discipline. [Note: subspecialty programs are not eligible to apply.]

3. Facilities must be committed to continuous improvement in clinical care and have an established track record of, or strong commitment to, innovation in the clinical learning environment.
4. The application requires close collaboration with affiliated sponsors of accredited residency training programs.

5. If applying for an additional CRQS position, the facility must have adequate resources and support to provide a high quality experience to all CRQSs.
   a) Application for an additional CRQS position may be undertaken only if the second position will be in a different program (e.g., anesthesiology, internal medicine, or psychiatry) or clinical setting (e.g., ambulatory vs. inpatient) or with a separate affiliate from the first CRQS.
   b) First-time applicants for a CRQS position may apply for more than one position, but would be awarded only one position. If a CRQS is sought in more than one program, each program application will be evaluated separately.

6. Program eligibility requirements (must be documented in the application and institutional letters of support):
   a) The specialty training program that applies for the CRQS must have a current minimum of a 3-year accreditation cycle and have had no adverse actions (such as probation or ‘accreditation with warning’) in the prior cycle;
   b) Must have ABMS (American Board of Medical Specialties) or AOA (American Osteopathic Association) board examination rolling 3-year pass rate of at least 80%;
   c) Must be willing to participate in the CRQS National Curriculum, which entails joint planning and faculty development activities involving VACO/OAA, National Center for Patient Safety (NCPS), VA Quality Scholars program, and other CRQS innovation sites, including meeting with other CRQS sites and presenting at regional and national meetings. Depending upon VHA’s travel guidance and budget at the time of the residency, some activities may be held via VTEL or Live Meeting and some may require travel for face-to-face activities.

7. The application must be supported by the local VA bodies that supervise GME and by the sponsoring institution’s Designated Institutional Official (DIO) and Graduate Medical Education Committee (GMEC), or equivalents.

8. The facility in collaboration with the affiliated program sponsor must be willing to recruit for and fill the position requested for AY 2016 (beginning July 1, 2015) and annually thereafter.

9. The facility must demonstrate a willingness to incorporate and actively engage the CRQS and other residents in ongoing, interprofessional patient safety, quality improvement, systems redesign, and risk management programs.

10. The facility and the program must meet the following faculty requirements:
    a) There must be sufficient, high caliber supervising practitioners and faculty mentors in the targeted specialty to provide a high quality educational experience, exemplary resident supervision, and enthusiastic and ongoing participation in the CRQS initiative;
    b) The facility and faculty must be committed to the premise that a dedicated CRQS position will enhance clinical and educational innovation and promote faculty development in the areas of quality improvement and patient safety;
c) Participating faculty must be willing to undertake professional development, as needed, to further their abilities to participate in the initiative, including at least one off-site meetings annually, subject to approval and consistent with VHA’s travel guidance during the residency. [Note: faculty mentors do not need to be experts in patient safety or quality management, but they must have a track record as clinician educators and be willing to develop expertise in these areas. However, preference will be given to sites with locally available mentors that demonstrate expertise in quality and patient safety]; and

d) Participating faculty must be willing to work with content experts outside their respective specialty areas (e.g., representatives from the National Center for Patient Safety (NCPS) and the VA Quality Scholars program, other interprofessional quality improvement and patient safety experts, system-redesign specialists) and to assist in the oversight and implementation of a national curriculum for the CRQS program.

10. Applicant facilities must be willing to provide the following:
   a) Protected teaching time for VA-based faculty and quality improvement and patient safety professionals;
   b) Support for program oversight, administration and evaluation;
   c) Support for VA-based faculty professional development;
   d) Protected time for the CRQS to engage in relevant educational activities; and
   e) Travel support for the CRQS and faculty mentor(s) to attend at least one off-site meeting annually – including one training program involving the NCPS faculty and one gathering of all CRQS sites or presentation of project results at a regional or national meeting. [Note: all travel is subject to VHA’s travel guidance and approval process during the CRQS residency period.]

2. FOCUS AND SCOPE

a. What is a Chief Resident in Quality & Patient Safety (CRQS)?
The Chief Residency in Quality and Patient Safety (CRQS) is a chief resident who is actively engaged in training and in becoming personally proficient in quality improvement, patient safety and clinical and educational system redesign. Learning methods include but are not limited to attending the CRQS “Boot Camp,” or ‘immersion experience,’ and attending monthly seminars as part of the CRQS National Curriculum. Teaching methods include participation in patient safety rounds and root cause analyses, simulation, instruction regarding review of hospital and outpatient quality indicators, and working directly with quality improvement and patient safety managers and their interprofessional teams. The CRQS position is a very ‘hands-on’ position that requires engagement with clinical services, ongoing quality and patient safety activities, and an active teaching role. The CRQS role is distinct from both the traditional, more administrative chief resident role and also from the VA Quality Scholar role, which is more research focused. Nevertheless, the CRQS, in common with other CRs, has a direct relationship with the residents in the core accredited program and serves to guide, mentor, and teach them. In addition, the CRQS should engage in interprofessional educational efforts to include other health professions trainees and VA staff from other health professions.

The CRQS spends time disseminating quality and safety information and methods by overseeing and teaching more junior residents in the program. For example, in one already existing program, the CRQS organizes an “immersion week” for PGY-3s during their
continuity clinic and supervises them on specific quality improvement and patient safety rotations. The curriculum includes clinical reminders and quality indicators, including “resident report cards,” and is updated annually and delivered in part by the CRQS. Some programs may include “Lean” and “Six Sigma” training for the CRQS, along with the possibility of appropriate certifications.

The CRQS and faculty mentors must commit to participation in the National Curriculum for CRQS. This curriculum consists of the following:

- Participation in monthly two-way interactive video conference seminars (TWIVs)
  - Pre-TWIV reading assignments
  - 2-hours in duration with case-based format.
- Use of the special CRQS website, which contains educational and other resources in a password-protected location
- Attendance at a 2.5-day CRQS “Boot Camp” in the summer, or other approved training early in the course of the CRQS’s tenure [VA travel regulations permitting.]
- One major project (with a suitable mentor) in order to produce a scholarly paper, poster, or presentation as first author. The CRQS is also expected to collaborate on at least one other scholarly project, with either CRQS colleagues or program faculty.

Although to date most CRQS positions have been in internal medicine, the CRQS is not restricted to any program or setting. Current program sponsors include anesthesiology, psychiatry, radiology, and surgery. Many CRQS incumbents are interested in hospital-based medicine, although some programs have focused on ambulatory settings.

Of note, CRQS positions are open only to those licensed physicians who have completed their core residency training and are eligible for credentialing and privileging as licensed independent practitioners. The position may not be used for residents in a “gap year”, who have not completed core training for initial board certification.

CRQS incumbents may engage in specialty-specific clinical activities to maintain their skills and competency, but should restrict clinical activities to no more than 20% of total activities in order to have sufficient time for all of the other activities expected in this role. This role is not intended to fill gaps in service, but may fill gaps in teaching and provide expertise in quality and safety management.

b. Benefits of the CRQS role
Few residency programs today allow residents the time to participate fully in patient safety or quality improvement activities or to participate in related educational activities. Nevertheless, inclusion of quality and patient safety training is now part of ACGME’s Common Program Requirements. However, there is a shortage of faculty qualified to teach quality improvement and patient safety. The CRQS has been developed to address this gap and engender interest in more junior residents in quality and patient. Already the CRQS program has shown promise as being an important career development option for training junior faculty in these vital areas.

The current sites that have already implemented the CRQS program have realized immediate benefits in terms of tangible improvements in hospital performance measures and efficiency of operations and of reductions in the occurrence of serious adverse events. A culture of quality and safety has spread throughout the engaged programs and sparked
interest throughout the hospital in general. For example, residents often recognize safety issues that need to be addressed, but do not report medical errors, especially ‘close calls’. By having a CRQS, who is closer to the residents and with whom they feel more comfortable sharing information, hospitals find that medical error and patient safety incident reports increase. Several sites have implemented an innovation called “Patient Safety Consults”, which any resident can initiate at any time. These consults go directly to the CRQS and his/her team for investigation, action, and providing feedback to the reporting resident(s). Several CRQS sites have implemented interprofessional, system-based mortality and morbidity (M&M) conferences, which serve to lessen the ‘shame and blame’ aspects of the ‘hidden curriculum’.

4. FACILITY AND PROGRAM EXPECTATIONS
   a. Facility and Program Structure and Leadership.

   Facilities must have a strong academic affiliation with accredited programs in good standing, creative educational leadership – both at the VA and the affiliate – and an appropriate educational and quality and patient safety infrastructure. Program design, implementation and evaluation require the active involvement of program directors, service chiefs and departmental chairs and strong commitment from the VA facility Designated Education Officer (DEO, Associate Chief of Staff for Education, or equivalent) and the VA Chief of Staff. Early and on-going support from the Medical Center Director and VISN leadership will be necessary to free up the resources necessary for the program to flourish.

   b. Program Implementation.

   Facilities may apply for CRQS positions if they are willing to foster and support implementation of educational innovations in quality and patient safety for any ACGME or AOA accredited program that meets the requirements of this RFP. Positions will begin July 1, 2015. Recruitment may begin as soon as approval has been received from OAA.

   c. Evaluation and post award follow-up.

   CRQS awardees are expected to have a far-ranging impact on resident training and clinical care models throughout VA. CRQS applications must demonstrate a strong local curriculum for the position and willingness to have incumbents and their faculty mentors participate in the national curriculum for the program. Involvement of the CRQS in studies leading to regional or national presentations will be part of the success criteria for the program. Sites must be willing to report and communicate with OAA on a regular basis and will be expected to submit program evaluations as requested. We also will track the career paths of persons who undertaken a CRQS year.

PROGRAM APPLICATIONS

The facility must submit the information requested to include:

Formal application is due June 16, 2014 using an online submission process (see Attachment A for specific instructions).

6. POLICIES

   a. Governance. The Office of Academic Affiliations (OAA) maintains overall responsibility for the administration of VA’s CRQS Program and allocation and funding of CRQS positions. The National Center for Patient Safety (NCPS) will serve at the national hubsite for the implementation of the CRQS National Curriculum and data tracking functions. Although the
CRQS is a non-accredited position, all programs receiving positions through this RFP will comply with the ACGME or AOA’s Program Requirements for Residency Education (see http://www.acgme.org or http://www.osteopathic.org/inside-aoa/Education/OGME-development-initiative/Pages/what-is-aoa-accreditation.aspx) and with VA provisions for the training of physician residents.

b. GME Program Sponsorship. All CRQS positions requested through this RFP must be in association with an ACGME or AOA-accredited parent pipeline program. Programs may be sponsored in the name of an affiliate or in the name of the VA. There must be at least 8 full-time positions at the VA in the parent pipeline program for each chief resident position.

d. Appointment and Compensation of Physician Residents.

1) Appointment authority. Appointments will be made under Title 38 U.S.C. 7406.

2) Stipend determination. Per OAA policy, resident stipends will be based on PGY levels indexed to the local affiliate. For example, for a CRQS in Internal Medicine, a PGY-4 stipend would be the base, whereas PGY-5 would be used for an Anesthesiology CRQS. A chief resident ‘differential’ may be added to the base stipend if that is the local practice at the index hospital. Resident positions can be paid directly or reimbursed under a disbursement agreement. Payment will only be made for time spent in educational activities at the VA facility (with excused absences as defined by VA policy – e.g., didactic sessions at the affiliate). All stipend rates must be approved in advance by OAA.

e. VACO Support. OAA will provide funds to VA facilities for residents’ stipends and fringe benefits. Funding of residents’ stipends and benefits through a disbursement agreement is recommended. Disbursement agreements cannot fund administrative costs of residency training programs. Currently, facilities receive approximately $83,000 per year in VERA educational funds as indirect educational support for each physician resident position allocated. Facilities applying under the CRQS RFP are particularly encouraged to make use of VERA educational funds to provide faculty with protected time for teaching, support faculty development, support faculty and trainee meeting expenses, and oversee and administer educational programs).

f. Liability. Residents will be protected from personal liability while providing professional services as a trainee at a VA facility under the Federal Employees Liability Reform and Tort Compensation Act, 28 U.S.C. 2679(b)-(d).

g. Expenses. Except as specified above, expenses connected to the resident’s recruitment or research are not funded under this program. Transportation to the VA facility and housing arrangements are the sole responsibility of the selected residents. Travel to VA-sponsored meetings and regional/national meetings (e.g., to present findings, to meet with other CRQS sites, to train at the National Center for Patient Safety, or to attend the CRQS “Boot Camp”) are the responsibility of the local facility, unless otherwise specified. Educational travel for CRQS and faculty mentors is an expected part of the facility’s commitment to the program. Such travel should be considered ‘medical care’ travel and funded as essential, job-related travel. [Note: all travel is subject to VHA’s travel guidance and approval process during the CRQS residency period.]

7. EVALUATION CRITERIA FOR SELECTION OF SITES & PROGRAMS

Applications will be evaluated by a panel of peer reviewers with expertise in GME, educational evaluation, and quality and patient safety. The following criteria will be used to evaluate proposals.
a. Affiliations. The VA facility must be affiliated with a sponsoring institution (medical school or teaching hospital) that provides ACGME or AOA accredited residency training and has ACGME or AOA institutional approval in the specialty training program that will include the CRQS. A strong affiliation relationship and close collaboration in the preparation of the application must be evident in the proposal and evidenced in the letters of support (see Appendix A).

b. Site Characteristics. The facility must provide evidence of committed leadership, appropriate clinical, educational, and interprofessional quality and patient safety activities, and evidence of committed leadership by academic program director(s) and department chair(s).

1) Past experience with, or strong commitment to, patient safety and quality improvement, patient-centered care, continuity of care, and interprofessional training.

2) Appropriate clinical activities and ongoing quality improvement and patient safety activities to support the CRQS position.

3) Sites with no CRQS position may apply for more than one position/program, but should expect to be awarded only one position at most. Preference will be given to sites that have no CRQS position.

4) If the site already has one CRQS position, application may be made for an additional position, provided the second position is in a different program, clinical setting or with a separate affiliate. Nevertheless, there should be interaction between the two CRQSs and some joint activities, including training and participation in ongoing QI and patient safety activities at the facility level. The site must describe in its application how the two CRQS positions/programs will be integrated, indicate the capacity for training, and what ‘added value’ the second position will bring. Application for a second CRQS position requires demonstration of success with the initial position, a record of QI/PS accomplishments, and a strong rationale for adding another CRQS position.

c. Program Characteristics. The program must provide evidence of committed leadership, appropriate clinical, educational, and QI/PS activities, and sufficient workload to support a culture of excellence in graduate medical education. Sites approved for the CRQS Program must have a strong local curriculum supplementing that provided by the National Curriculum, an appropriate infrastructure, and qualified leadership.

The site must demonstrate the following:

1) Program eligibility criteria as outlined in 1.b. must be documented. If the eligibility criteria are NOT met or if they are NOT explicitly stated as being met, then the proposal will not be considered for review. [Eligibility information must be included in the core institutional proposal.]

2) Appropriate quality improvement and patient safety expertise in local faculty mentors to carry out the proposed training.

3) Evidence of sound strategies for learner evaluation and assessment and expressed willingness to participate in data collection about the process and outcomes of the innovation. [Evaluation strategies should be provided in the core institutional proposal.] Evaluation plans will reviewed for:
   - Correspondence to stated educational objectives;
   - Educational outcomes (both subjective and objective); and
Faculty and/or staff satisfaction with the program for examination of short-term impact.

4) A clear description of the planned activities for the CRQS.

5) Willingness to participate in the CRQS National Curriculum and iOAA- and NCPS-sponsored meetings to promote and share innovations with other VA sites.

d. Online Application. See Attachment A for a description of the online application process and instructions.

8. REVIEW PROCESS

a. Review committee. An ad hoc, interdisciplinary review committee designated by the Chief Academic Affiliations Officer will assess the merits of the applications. The committee will have expertise and leadership in GME and educational evaluation, experience in educational and clinical system redesign, and experience in quality improvement and patient safety.

b. Scoring of Applications. Applications will be scored according to the selection criteria provided. See Evaluation Criteria in 7 above.

9. SCHEDULE

March 2014 OAA sends request for applications to eligible facilities, VISNs, and appropriate Central Office officials. RFPs published on OAA website.

June 16, 2014 Applications are due in OAA via ONLINE process.

July 2014 Review committee reviews applications and makes recommendations for approval to the Chief Academic Affiliations Officer.

August 2014 OAA notifies facilities about the approval or disapproval of their applications.

August – September 2014 Facility and VISN planning for AY 2015; recruitment begins

December 2014 OAA makes final allocations for AY 2015 in the OAA database

July 1, 2016 Resident training begins.

10. OAA CONTACT PERSONS

General information: Please contact Christy Howard, OAA/GME Project Manager at 804-675-5000 (ext 7182) or by e-mail at Christy.howard@va.gov; or Judy Brannen, MD, MBA at 804 675-5481 or by e-mail at judy.brannen@va.gov.

Technical information: For assistance with the online submission, please email the OAA Help Desk (oaahelp@va.gov) or contact David Bernett at (803) 647-5806 or by e-mail to david.bernett@va.gov.

11. SUBMISSION INSTRUCTIONS
a. Preparation of applications. OAA recommends that considerable thought and dialogue with affiliates precede the actual drafting of an application. VA and affiliate support for the CRQS program in terms of clinical, educational and administrative infrastructure should be addressed candidly. The sponsoring institution’s Designated Institutional Official (DIO), GMEC and program directors and VA’s educational and clinical leadership (e.g., VA site directors, service chiefs, Chief of Staff) should be involved in these discussions. The VA DEO should be the focal point for coordination of the application and collation of information from the various programs seeking additional positions.

b. Online submission instructions.

   Documents will be submitted at:

   1) You must initially register for access by clicking on the REGISTER link at the bottom of the page.
   2) After registration, you will be able to login with your created password. After login you will be ready to begin your upload(s).
   3) Documents required for upload are the core narrative, approval signatures and support letters.
   4) Documents can be uploaded as one or more files. Please name your file(s) appropriately. The application will not change your file names.

c. Faxed, e-mailed, or mailed applications will NOT be accepted.
ATTACHMENT A

APPLICATION INSTRUCTIONS

1. GENERAL INSTRUCTIONS

   a. **General.** See Checklist for submission of items in ATTACHMENT B. Word or pdf files formats may be used. Letters must include a signature (i.e., they must be a scanned copy of an original, signed document).

   b. **Font and margin sizes.** Font size must be 10-point or larger, with 12 point preferred for narrative portions. Margins must be at least one inch all around (excluding headers and footers).

   c. **RFP Online submission Process.**


      5) You must initially register for access by clicking on the REGISTER link at the bottom of the page.

      6) After registration, you will be able to login with your created password. After login you will be ready to begin your upload(s).

      7) Documents required for upload are the **core narrative, approval signatures and support letters.**

      8) Documents can be uploaded as one or more files. **Please name your file(s) appropriately. The application will not change your file names.**

2. FACILITY APPLICATION PACKAGE INSTRUCTIONS

   The following three elements and information must be submitted in the appropriate location in the OAA database online submission site:

   a. **Core Narrative:** The core institutional narrative proposal **must not exceed 5 pages** in a Word or pdf file. Use the template embedded below as a guide for completing your core narrative.

      The core narrative is intended to give the reviewers an overview of the educational environment, program status, the proposal for the CRQS curriculum, and the proposed evaluation methods. The proposal must provide a convincing account of what the CRQS will actually be doing and with whom he will be interacting (i.e., which offices, which types of health professions trainees or VA clinical staff).

      [NOTE: if your site is applying for CRQS positions in more than 1 program, please notify OAA. You will need to submit a “core narrative” for each program in which a CRQS is requested.]
b. **Approval Signatures:** Use the embedded Word document as a template for creating your approval signature page with dates. Upload as a separate file, *this document does not count against your five page limit.*

   ![Signature Page.docx](Signature Page.docx)

   "Signature Page.docx"

   c. **Support letters:** Letters of support in the following categories may be entered (uploaded) as pdf (scanned from signed originals). Please use the outlines for each letter that are provided below in order to ensure that reviewers have the specific information that they will use to evaluate the proposals. Please emphasize your particular leadership perspective.

   Limit each letter to no more than two pages. The letter should be addressed to Karen Sanders, MD, Interim Chief Academic Affiliations Officer (10A2D)

**Medical Center Director and Chief of Staff**

   a. Comment on the clinical & educational environment at the facility.
   b. Indicate support for requested the requested additional position for a CRQS and willingness to support faculty development and protected time to participate in the professional development of the CRQS, especially for the mentor of the CRQS.
   c. Describe the local institutional culture with respect to quality and patient safety, plus the organizational structure for quality management and patient safety.
   d. Describe your level of enthusiasm for integrating the CRQS and other trainees into ongoing quality improvement, patient safety, and risk management activities.
   e. Indicate a willingness to support off-site travel for participation a NCPS course or other national CRQS curriculum-related meetings (subject to VA travel policies and approval processes).
   f. Assess the potential educational and clinical ‘value’ of the CRQS position to the facility

**Network Director**

   a. Describe the relevance of the facility CRQS proposal to the VISN’s education and clinical missions.
   b. Specify your rationale for wanting establish a CRQS positions at the applicant site (VISN perspective)
   c. Assess the VISN and facility’s ability to productively use a CRQS to meet training needs in quality and patient safety and to act as a change agent in these areas.
   d. Elucidate the perceived merits of the facility proposal from the VISN and national perspective;
   e. Identify the Network POC, i.e., the Network Academic Affiliations Officer or Chief Medical Officer, as appropriate
ATTACHMENT B

APPLICATION SUBMISSION CHECK LIST

Instructions: *Incomplete applications will not be considered by the review committee.*

The following list is to assist your planning and represents the required sections for this application.

See ATTACHMENT A for detailed instructions and outlines.

1. **Core Narrative**: Not to exceed 5 pages – the core narrative upload must use the outline provided in Attachment A.

2. **Approval Signature Page**: Upload the embedded document shown above with all needed signatures.

3. **Support Uploads**: Letters of Support (facility/VISN letters – must follow the outlines provided):
   - Medical Center Director and Chief of Staff (limit 2 pages)
   - Network Director (through VISN Chief Medical Officer and the Network Academic Affiliations Officer) (limit 2 pages)