

VA



**U.S. Department
of Veterans Affairs**

News Release

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Washington – The Department of Veterans Affairs (VA) is partnering with the U.S. Tennis Association (USTA) Foundation, Inc., to make exercise more readily available to VA patients.

The VA/USTA Foundation partnership will facilitate the formation of tennis clinics at VA medical facilities, link VA medical facilities with community resources and provide consulting and design services for VA facilities interested in upgrading or building tennis courts.

“Exercise and physical activity is an important component of health and wellness and has been shown to provide numerous physical and mental health benefits,” said Interim Under Secretary for Health Carolyn M. Clancy, MD. “We are very excited to be partnering with the USTA Foundation to improve Veterans’ physical fitness and ultimately their overall health and well-being.”

The USTA Foundation will support VA in the form of coaching, instruction, equipment or use of courts or other technical assistance to sustain a tennis clinic, along with the recently developed “Warrior Tennis Curriculum,” an electronic manual that provides rehabilitation therapists guidance through text, pictures and videos on how to use tennis as a therapeutic option to help Veterans stay fit and active.

“The USTA Foundation is honored to partner with the Department of Veteran Affairs in helping to enhance and improve the rehabilitation needs of our country’s Veterans through tennis,” said Dan Faber, Executive Director, USTA Foundation. “We are committed to providing the tools needed for VA facilities around the country to incorporate tennis into their existing rehabilitation programs. Together, we are striving to provide an opportunity for our Veterans to stay active and fit in tribute to their sacrifice and bravery.”

With more than eight million Veterans enrolled, VA operates the largest integrated health care delivery system in the United States. The USTA Foundation is the philanthropic arm of the US Tennis Association.

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