

VA**U.S. Department
of Veterans Affairs**

News Release

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VA celebrates National Family Caregivers Month

WASHINGTON — The U.S. Department of Veterans Affairs (VA) recognizes [National Family Caregivers Month](#) this November honoring the 5.5 million family members, friends and neighbors who care for Veterans suffering from chronic conditions, disabilities, disease or daily difficulties.

This year's theme, [#BeCareCurious](#), encourages family caregivers across the country to ask questions, explore options and share in the care decisions that affect the health and well-being of their loved ones.

"VA is not only listening to our Veterans, but to the voices of their families, caregivers and survivors," said VA Secretary Robert Wilkie. "We are taking action to address their concerns and needs, as we improve the delivery of care, benefits and services."

VA leads the country in providing benefits and services to caregivers in support of Veterans. Caregivers play a critical role in the U.S. health care system and enable Veterans to maintain their highest level of independence while remaining in their homes and communities for as long as possible. Recognizing the responsibilities of a caregiver can take a toll on one's physical, psychological and financial health, VA remains committed to creating awareness and providing [resources and information](#).

For more details on Family Caregivers Month, contact your local [VA Caregiver Support Coordinator](#). Access [VA Caregiver Support resources](#) or call the Caregiver Support Line at **855-260-3274 from 8 a.m. to 8 p.m.**

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