

**VA**



U.S. Department  
of Veterans Affairs

# News Release

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## VA kicks off online campaign emphasizing mental health support

### *Goal is to build awareness of resources available to Veterans*

**WASHINGTON** — In recognition of Mental Health Month, the U.S. Department of Veterans Affairs (VA) today announced the launch of the “Now Is the Time” campaign.

The focus is on getting Veterans the support they need from family and friends through professional mental health treatment.

“As VA’s health care environment continues to evolve, the department is working to serve as many Veterans as possible by reaching Veterans where they are, said VA Secretary Robert Wilkie. “This May, VA encourages everyone to explore Mental Health Month resources at [MakeTheConnection.net/MHM](http://MakeTheConnection.net/MHM). Veterans and their families can help themselves or someone they love learn about the support that can improve their lives.”

This year’s Mental Health Month presents an extra challenge as the world confronts the coronavirus disease 2019 (COVID-19) outbreak. With the added stress, VA urges Veterans to prioritize their mental health and stay engaged with VA information as it becomes available at the following webpages:

- [VA Novel Coronavirus Disease \(COVID-19\)](#)
- [VA Coronavirus FAQs](#)
- [CDC Coronavirus](#)
- [USA.gov Coronavirus](#)

Learn more about mental health resources and [hear stories of recovery](#) from other Veterans.

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