

**Update \_2\_0\_291**

Clinical Reminders

VA-MOVE PROGRAM TEMPLATE UPDATE

Install Guide

**August 2022**

Product Development

Office of Information Technology

Department of Veterans Affairs

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# Introduction

The MOVE! Weight Management Program note template is to be used by local facility clinicians delivering MOVE! orientation and 16-session MOVE! workbook curriculum to document veteran participation in the MOVE! Program.

The template is sponsored by the National Center for Health Promotion and Disease Prevention (NCP). For questions, contact REDACTED).

UPDATE\_2\_0\_291 contains 1 Reminder Exchange entry:

**UPDATE\_2\_0\_291 VA-MOVE PROGRAM TEMPLATE UPDATE**

**The exchange file contains the following components:**

**GMRV VITAL TYPE**

WEIGHT

**TIU TEMPLATE FIELD**

VA-WORDR

IC/BLANK LINE 74 CHARACTERS T DIALOG USE

VA-MOVE GOAL STATUS

VA-WORD

OTHER TEXT

OTHER NON-VA

TEXT (1-4)

TIME SPENT 15-90

TEXT (1-50 CHAR)

NUMBER 1-50

**HEALTH FACTORS**

VA-REMINDER UPDATES [C]

VA-UPDATE\_2\_0\_291

VA-MOVE WEIGHT MANAGEMENT [C]

VA-MOVE SESSION-MAINTENANCE

VA-MOVE SESSION ORIENTATION-DECIDE WHAT'S NEXT

VA-MOVE SESSION ORIENTATION-OTHER TOPIC

VA-MOVE SESSION ORIENTATION-WHY CHOOSE MOVE

VA-MOVE SESSION ORIENTATION-VISION AND STRENGTHS

VA-MOVE SESSION ORIENTATION-MISSION ASPIRATIONS OR PURPOSE

VA-MOVE SESSION-ORIENTATION

VA-MOVE SESSION MAINTAIN-GOAL SETTING

VA-MOVE SESSION MAINTAIN-TOOLKIT

VA-MOVE SESSION MAINTAIN-OTHER

VA-MOVE SESSION MAINTAIN-MOTIVATED

VA-MOVE SESSION MAINTAIN-BODY IMAGE

VA-MOVE SESSION MAINTAIN-WEIGHT

VA-MOVE SESSION-MAINTAIN PROGRESS

VA-MOVE SESSION FINE TUNE-MEDS

VA-MOVE SESSION FINE TUNE-MOTIVATION

VA-MOVE SESSION FINE TUNE-OTHER

VA-MOVE SESSION FINE TUNE-CHR COND

VA-MOVE SESSION FINE TUNE-FINE TUNE

VA-MOVE SESSION FINE TUNE-HOW ACTIVE

VA-MOVE SESSION-FINE TUNE ACTIVITY

VA-MOVE SESSION STRESS-SUPPORT

VA-MOVE SESSION STRESS-TECHNIQUES

VA-MOVE SESSION STRESS-OTHER

VA-MOVE SESSION STRESS-MINDFULNESS

VA-MOVE SESSION STRESS-TRACKING

VA-MOVE SESSION STRESS-MANAGE

VA-MOVE SESSION-STRESS

VA-MOVE SESSION DINING OUT-SOCIAL EATING

VA-MOVE SESSION DINING OUT-TAKEOUT

VA-MOVE SESSION DINING OUT-OTHER

VA-MOVE SESSION DINING OUT-FAST FOOD

VA-MOVE SESSION DINING OUT-RESTAURANT

VA-MOVE SESSION DINING OUT-PLAN

VA-MOVE SESSION-DINING OUT

VA-MOVE SESSION SLIPS-OTHER

VA-MOVE SESSION SLIPS-RELAPSE

VA-MOVE SESSION SLIPS-PLAN

VA-MOVE SESSION SLIPS-HANDLE SLIPS

VA-MOVE SESSION SLIPS-RECOGNIZE

VA-MOVE SESSION-SLIPS

VA-MOVE SESSION FOOD-FAD DIETS

VA-MOVE SESSION FOOD-SUBSTITUTIONS

VA-MOVE SESSION FOOD-OTHER

VA-MOVE SESSION FOOD-FAT

VA-MOVE SESSION FOOD-PROTEIN

VA-MOVE SESSION FOOD-CARBS

VA-MOVE SESSION-FOOD FINESSE

VA-MOVE SESSION TRIGGERS-BUST TRIGGERS

VA-MOVE SESSION TRIGGERS-ENVIRONMENT

VA-MOVE SESSION TRIGGERS-OTHER

VA-MOVE SESSION TRIGGERS-CRAVINGS

VA-MOVE SESSION TRIGGERS-RESPONDING

VA-MOVE SESSION TRIGGERS-CUES

VA-MOVE SESSION-TRIGGERS/CUES

VA-MOVE SESSION INC ACTIV-ALL TOGETHER

VA-MOVE SESSION INC ACTIV-FLEXIBILITY

VA-MOVE SESSION INC ACTIV-OTHER

VA-MOVE SESSION INC ACTIV-STRENGTH

VA-MOVE SESSION INC ACTIV-CARDIO

VA-MOVE SESSION INC ACTIV-CHECK IN

VA-MOVE SESSION-PUMP UP ACTIVITY

VA-MOVE SESSION CHALLENGES-OTHER

VA-MOVE SESSION CHALLENGES-PLATEAUS

VA-MOVE SESSION CHALLENGES-PROB SOLVING

VA-MOVE SESSION CHALLENGES-COMMON

VA-MOVE SESSION-CHALLENGES

VA-MOVE SESSION PLAN-BARRIERS

VA-MOVE SESSION PLAN-COOKING HLTHY

VA-MOVE SESSION PLAN-OTHER

VA-MOVE SESSION PLAN-FOOD LABELS

VA-MOVE SESSION PLAN-SHOPPING

VA-MOVE SESSION PLAN-MEALS

VA-MOVE SESSION-PLAN/SHOP/COOK

VA-MOVE SESSION TAKE CHARGE-TRIGGERS

VA-MOVE SESSION TAKE CHARGE-OTHER

VA-MOVE SESSION TAKE CHARGE-RETHINKING

VA-MOVE SESSION TAKE CHARGE-THOUGHTS

VA-MOVE SESSION TAKE CHARGE-AWARENESS

VA-MOVE SESSION-TAKE CHARGE

VA-MOVE SESSION FITNESS-BARRIERS

VA-MOVE SESSION FITNESS-CURRENT ACTIVITY

VA-MOVE SESSION FITNESS-OTHER

VA-MOVE SESSION FITNESS-INTENSITY

VA-MOVE SESSION FITNESS-HOW ACTIVE

VA-MOVE SESSION FITNESS-PHY ACTIVITY

VA-MOVE SESSION-FIT FOR LIFE

VA-MOVE SESSION EAT WISELY-BARRIERS

VA-MOVE SESSION EAT WISELY-SIZE IT UP

VA-MOVE SESSION EAT WISELY-OTHER

VA-MOVE SESSION EAT WISELY-LIQ CALORIES

VA-MOVE SESSION EAT WISELY-FOOD GRPS

VA-MOVE SESSION EAT WISELY-HLTHY PLATE

VA-MOVE SESSION-EAT WISELY

VA-MOVE SESSION BALANCE-BURNING CALORIES

VA-MOVE SESSION BALANCE-FEWER CALORIES

VA-MOVE SESSION BALANCE-OTHER

VA-MOVE SESSION BALANCE-TARIK STORY

VA-MOVE SESSION BALANCE-CALORIE GOAL

VA-MOVE SESSION BALANCE-ENERGY

VA-MOVE SESSION-TIP THE BALANCE

VA-MOVE SESSION TRACKING-REWARDS

VA-MOVE SESSION TRACKING-BARRIERS

VA-MOVE SESSION TRACKING-OTHER

VA-MOVE SESSION TRACKING-FOOD/ACTIVITY

VA-MOVE SESSION TRACKING-SARAH STORY

VA-MOVE SESSION TRACKING-WHAT YOU DO

VA-MOVE SESSION-TRACKING

VA-MOVE SESSION WELCOME-CONFIDENCE

VA-MOVE SESSION WELCOME-GOAL SETTING

VA-MOVE SESSION WELCOME-OTHER

VA-MOVE SESSION WELCOME-BALANCE

VA-MOVE SESSION WELCOME-REASONS

VA-MOVE SESSION WELCOME-MOVE

VA-MOVE SESSION-WELCOME

VA-MOVE EDUCATION UNDERSTANDING-OTHER

VA-MOVE EDUCATION UNDERSTANDING-LIMITED

VA-MOVE EDUCATION UNDERSTANDING-SOME

VA-MOVE EDUCATION UNDERSTANDING-FULL

VA-MOVE ENGAGEMENT LEVEL-OTHER

VA-MOVE ENGAGEMENT LEVEL-NOT ASSESSED

VA-MOVE ENGAGEMENT LEVEL-FULL

VA-MOVE ENGAGEMENT LEVEL-SOME

VA-MOVE ENGAGEMENT LEVEL-LIMITED

VA-MOVE SESSION GOAL 2

VA-MOVE SESSION GOAL 1

VA-MOVE SMART GOAL REVIEW

VA-MOVE SESSION-MOVEMENT ACTIVITY

VA-MOVE FOOD/ACTIVITY LOG ELECTRONIC DATA NOT REVIEWED

VA-MOVE FOOD/ACTIVITY LOG ELECTRONIC DATA REVIEWED

VA-MOVE FOOD/ACTIVITY LOG PAPER LOG

VA-MOVE FOOD/ACTIVITY LOG-CLINICIAN REVIEWED

VA-MOVE FOOD/ACTIVITY LOG DISCUSSED

VA-MOVE EDUCATION-OTHER

VA-MOVE EDUCATION-WORKBOOK

VA-MOVE DELIVERY METHOD-VIDEO

VA-MOVE DELIVERY METHOD-PHONE

VA-MOVE DELIVERY METHOD-IN PERSON

VA-MOVE STARTING WEIGHT (LBS)

VA-MOVE STARTING DATE

VA-MOVE ASSESSMENT-IND

VA-MOVE ASSESSMENT-GRP

**REMINDER SPONSOR**

NATIONAL CENTER FOR HEALTH PROMOTION AND DISEASE PREVENTION (NCP)

OFFICE OF TELEHEALTH SERVICES STORE AND FORWARD TELEHEALTH

**REMINDER TERM**

VA-REMINDER UPDATE\_2\_0\_191

VA-BL MOVE! SMART GOAL 2

VA-BL MOVE! SMART GOAL 1

VA-BL MOVE! STARTING WEIGHT

VA-BL MOVE! STARTING DATE

**HEALTH SUMMARY COMPONENT**

PCE HEALTH FACTORS SELECTED

VITAL SIGNS SELECTED

**HEALTH SUMMARY TYPE**

VA- MOVE! SMART GOAL 2

VA- MOVE! SMART GOAL 1

VA- MOVE! STARTING WEIGHT

VA- MOVE! STARTING DATE

WEIGHT-LAST 3

**HEALTH SUMMARY OBJECTS**

VA- MOVE! SMART GOAL 2 (TIU)

VA- MOVE! SMART GOAL 1 (TIU)

VA- MOVE! STARTING WEIGHT (TIU)

VA- MOVE! STARTING DATE (TIU)

WEIGHT-LAST 3 (TIU)

**TIU DOCUMENT DEFINTION**

VA- MOVE! SMART GOAL 2

VA- MOVE! SMART GOAL 1

VA- MOVE! STARTING WEIGHT

VA- MOVE! STARTING DATE

WEIGHT-LAST 3

PATIENT HEIGHT

**REMINDER DIALOG**

VA-MOVE! WEIGHT MANAGMENT PROGRAM

# Pre-Installation

Prior to installing this Update:

1. Check Reminder Exchange Install History (IH) and ensure your facility has installed the following (previously released) Update:
   * UPDATE\_2\_0\_143 VA-MOVE PROGRAM TEMPLATE
2. From the Reminder Dialog Management menu, Inquire/Print (INQ) and capture/save the following GROUP (if this group has sequences (groups/elements) mapped, you will need to add the sequence(s) back when you reach the post-installation section):
   * VAL-GP MOVE! WEIGHT PLACEHOLDER

# Install Details

This update is being distributed as a web host file. The address for the host file is: **https://REDACTED/UPDATE\_2\_0\_291.PRD**

The file will be installed using Reminder Exchange, programmer access is not required.

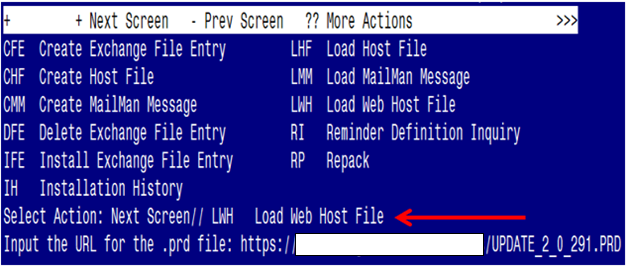
Installation:

=============

This update can be loaded with users on the system. Installation will take less than 15 minutes.

# Install Example

To Load the Web Host File. Navigate to Reminder exchange in Vista



At the **Select Action:** prompt, enter **LWH** for Load Web Host File

At the **Input the url for the .prd file:** prompt, type the following web

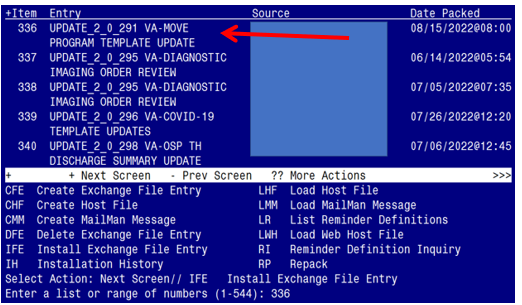
address:

**https://Redacted/UPDATE\_2\_0\_291.PRD**

You should see a message at the top of your screen that the file successfully loaded.

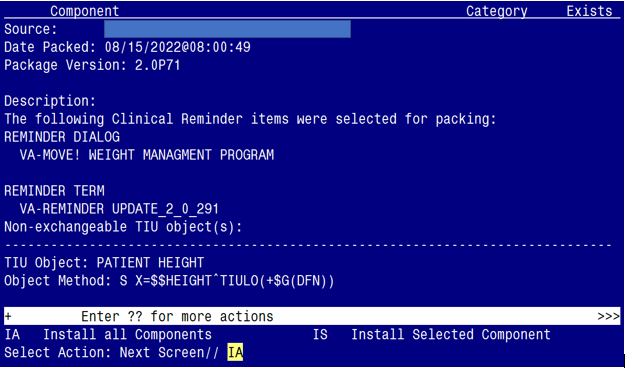
Terminal window screen shot of the message displaying the URL of the file that was successfully loaded.  Part of the URL has been redacted as it is a VA only internal web site URL.

Search and locate an entry titled **UPDATE\_2\_0\_291 VA-MOVE PROGRAM TEMPLATE UPDATE** in reminder exchange.



At the **Select Action** prompt, enter **IFE** for Install Exchange File Entry

Enter the number that corresponds with your entry UPDATE\_2\_0\_291 VA-MOVE PROGRAM TEMPLATE UPDATE *(in this example it is entry 336. It will vary by site).* The date of the exchange file should be 08/15/2022@08:00.



At the **Select Action** prompt, type **IA** for Install all Components and hit enter.

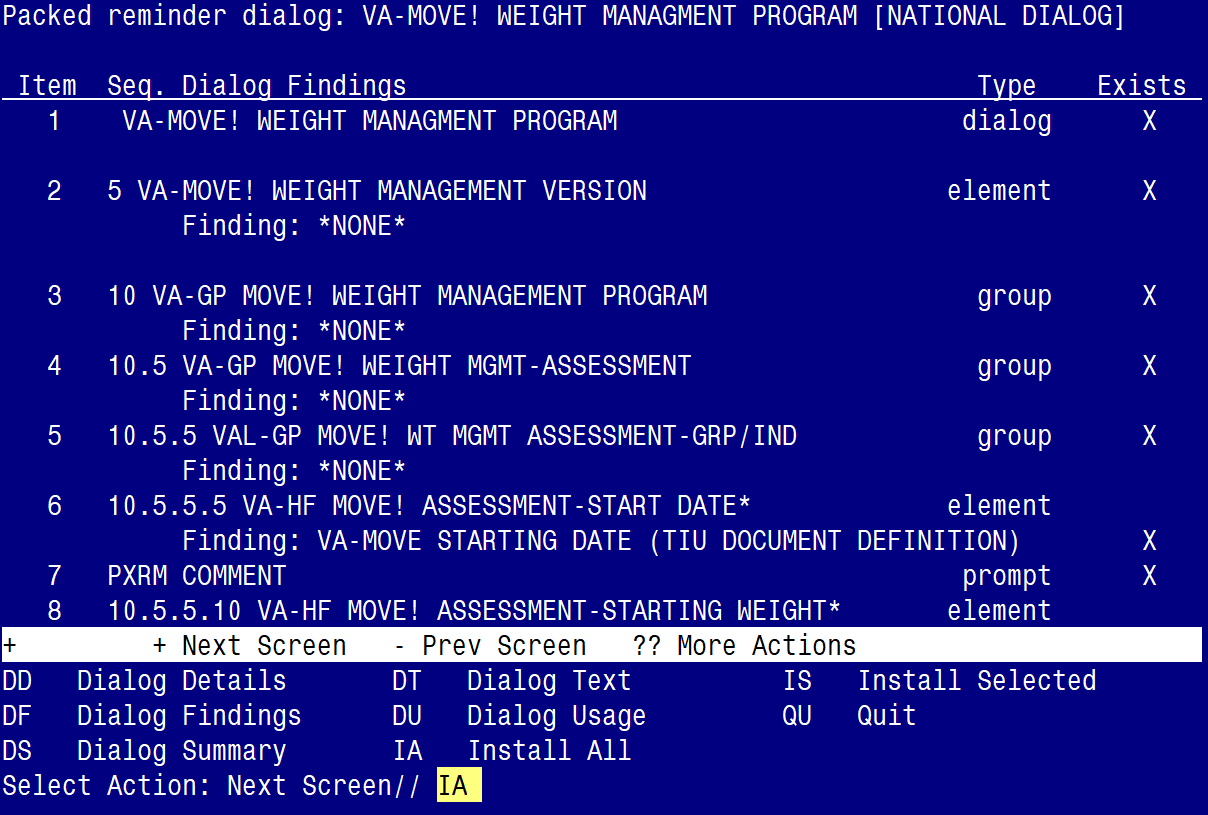
Select Action: Next Screen// IA Install all Components

You will see several prompts, for all new entries you will choose **I to Install**

For components that already exists but packed component is different, choose **O to Overwrite**

**You will be promped to install the reminder dialog component (VA-MOVE! WEIGHT MANAGMENT PROGRAM)**

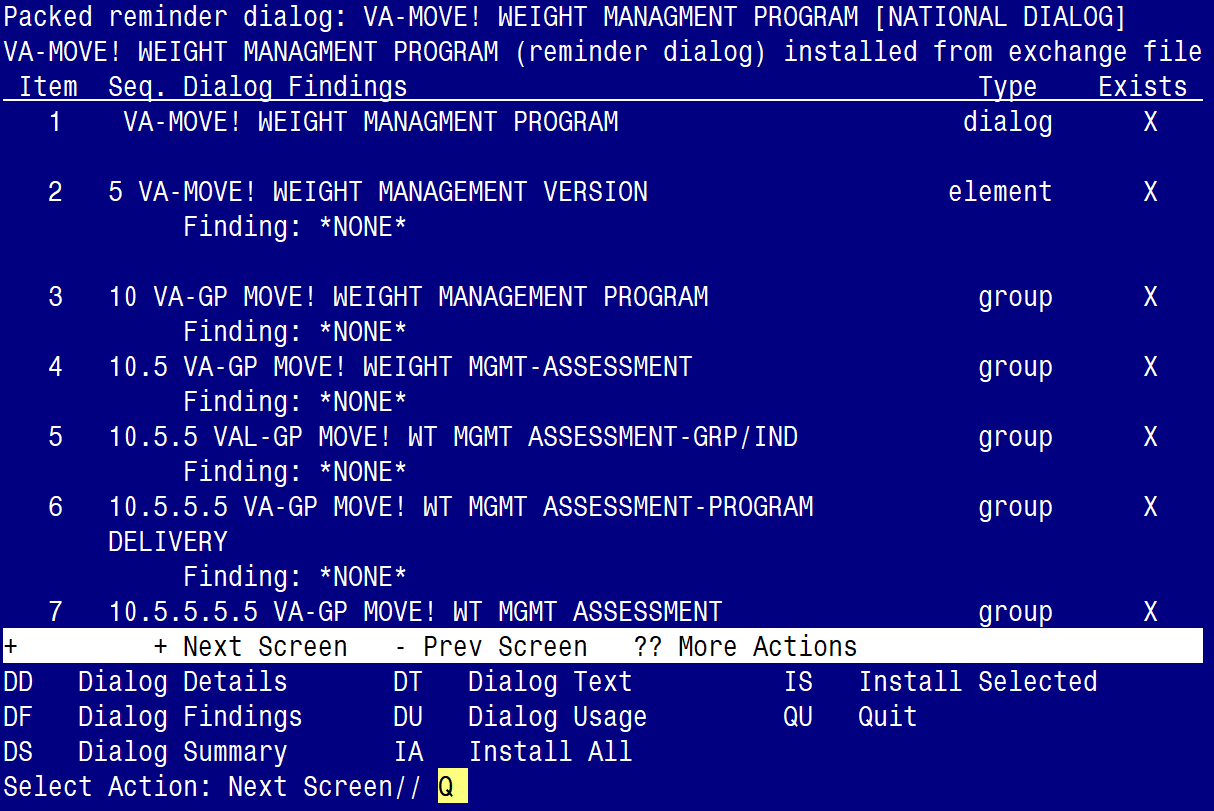
* You will choose to install all even though some components may have an X to indicate that they exist.



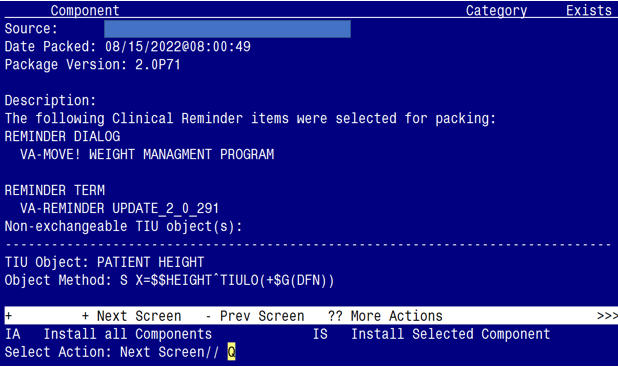
At the **Select Action** prompt, type **IA** to install the dialog – **VA-MOVE! WEIGHT MANAGMENT PROGRAM**

Select Action: Next Screen// IA Install All

Install reminder dialog and all components with no further changes: Y// Yes



After completing this dialog install, you will type Q.

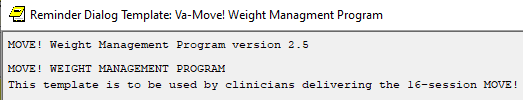


You will then be returned to this screen. At the **Select Action** prompt, type **Q.**

Install complete.

# Post Installation

1. Launch the **VA-MOVE! WEIGHT MANAGMENT PROGRAM** dialog and confirm the version number is 2.5 (displayed at the top of the dialog). See screenshot below.
   1. Launch the dialog using note title: MOVE! COMPREHENSIVE LIFESTYLE INTERVENTION
   2. If your site does not have the note title established, refer to the original install guide and the post-installation step instructions for note title creation. The link to that install guide is > REDACTED



1. Confirm the PATIENT HEIGHT and WEIGHT-LAST 3 objects are embedded in GROUP: **VAL-GP MOVE! WT MGMT ASSESSMENT – GRP/IND.**

NAME: VAL-GP MOVE! WT MGMT ASSESSMENT-GRP/IND Replace

DISABLE:

CLASS: LOCAL//

GROUP HEADER DIALOG TEXT:

BMI Assessment:\\

Height: |PATIENT HEIGHT|\\

Weight: |WEIGHT-LAST 3|

\\

1. Add your sites Patient Telephone and Patient Address object the following ELEMENTS:

Element: VAL-TH VVC TELEPHONE TRIAGE CONTACT PHONE OBJECT

Text: \*PHONE OBJECT HERE\*

Element: VAL-TH VVC TELEPHONE TRIAGE PATIENT LOCATION HOME

Text: Home \*PATIENT ADDRESS OBJECT HERE\*

1. (Optional) Add local dialog groups and elements to group **VAL-GP MOVE! WEIGHT PLACEHOLDER**, if needed.

* Refer to the INQ you saved from pre-installation step #2. If your site already had sequences mapped to this group, you will need to re-map them.
* If your site did NOT have sequences mapped to this group, but your MOVE staff would like to insert local groups and elements from other dialogs into this template, you add them to this local reminder dialog group. Adding to this dialog group will place the local content at the end of the dialog template.