



Update _2_0_291

Clinical Reminders

**VA-MOVE PROGRAM TEMPLATE UPDATE
Install Guide**

August 2022

Product Development
Office of Information Technology
Department of Veterans Affairs

Table of Contents

INTRODUCTION 1
PRE-INSTALLATION 5
INSTALL DETAILS 6
INSTALL EXAMPLE 6
POST INSTALLATION 9

Introduction

The MOVE! Weight Management Program note template is to be used by local facility clinicians delivering MOVE! orientation and 16-session MOVE! workbook curriculum to document veteran participation in the MOVE! Program.

The template is sponsored by the National Center for Health Promotion and Disease Prevention (NCP). For questions, contact REDACTED).

UPDATE_2_0_291 contains 1 Reminder Exchange entry:

UPDATE_2_0_291 VA-MOVE PROGRAM TEMPLATE UPDATE

The exchange file contains the following components:

GMRV VITAL TYPE

WEIGHT

TIU TEMPLATE FIELD

VA-WORDR

IC/BLANK LINE 74 CHARACTERS T DIALOG USE

VA-MOVE GOAL STATUS

VA-WORD

OTHER TEXT

OTHER NON-VA

TEXT (1-4)

TIME SPENT 15-90

TEXT (1-50 CHAR)

NUMBER 1-50

HEALTH FACTORS

VA-REMINDER UPDATES [C]

VA-UPDATE_2_0_291

VA-MOVE WEIGHT MANAGEMENT [C]

VA-MOVE SESSION-MAINTENANCE

VA-MOVE SESSION ORIENTATION-DECIDE WHAT'S NEXT

VA-MOVE SESSION ORIENTATION-OTHER TOPIC

VA-MOVE SESSION ORIENTATION-WHY CHOOSE MOVE

VA-MOVE SESSION ORIENTATION-VISION AND STRENGTHS

VA-MOVE SESSION ORIENTATION-MISSION ASPIRATIONS OR PURPOSE

VA-MOVE SESSION-ORIENTATION

VA-MOVE SESSION MAINTAIN-GOAL SETTING

VA-MOVE SESSION MAINTAIN-TOOLKIT

VA-MOVE SESSION MAINTAIN-OTHER

VA-MOVE SESSION MAINTAIN-MOTIVATED

VA-MOVE SESSION MAINTAIN-BODY IMAGE

VA-MOVE SESSION MAINTAIN-WEIGHT

VA-MOVE SESSION-MAINTAIN PROGRESS
VA-MOVE SESSION FINE TUNE-MEDS
VA-MOVE SESSION FINE TUNE-MOTIVATION
VA-MOVE SESSION FINE TUNE-OTHER
VA-MOVE SESSION FINE TUNE-CHR COND
VA-MOVE SESSION FINE TUNE-FINE TUNE
VA-MOVE SESSION FINE TUNE-HOW ACTIVE
VA-MOVE SESSION-FINE TUNE ACTIVITY
VA-MOVE SESSION STRESS-SUPPORT
VA-MOVE SESSION STRESS-TECHNIQUES
VA-MOVE SESSION STRESS-OTHER
VA-MOVE SESSION STRESS-MINDFULNESS
VA-MOVE SESSION STRESS-TRACKING
VA-MOVE SESSION STRESS-MANAGE
VA-MOVE SESSION-STRESS
VA-MOVE SESSION DINING OUT-SOCIAL EATING
VA-MOVE SESSION DINING OUT-TAKEOUT
VA-MOVE SESSION DINING OUT-OTHER
VA-MOVE SESSION DINING OUT-FAST FOOD
VA-MOVE SESSION DINING OUT-RESTAURANT
VA-MOVE SESSION DINING OUT-PLAN
VA-MOVE SESSION-DINING OUT
VA-MOVE SESSION SLIPS-OTHER
VA-MOVE SESSION SLIPS-RELAPSE
VA-MOVE SESSION SLIPS-PLAN
VA-MOVE SESSION SLIPS-HANDLE SLIPS
VA-MOVE SESSION SLIPS-RECOGNIZE
VA-MOVE SESSION-SLIPS
VA-MOVE SESSION FOOD-FAD DIETS
VA-MOVE SESSION FOOD-SUBSTITUTIONS
VA-MOVE SESSION FOOD-OTHER
VA-MOVE SESSION FOOD-FAT
VA-MOVE SESSION FOOD-PROTEIN
VA-MOVE SESSION FOOD-CARBS
VA-MOVE SESSION-FOOD FINESSE
VA-MOVE SESSION TRIGGERS-BUST TRIGGERS
VA-MOVE SESSION TRIGGERS-ENVIRONMENT
VA-MOVE SESSION TRIGGERS-OTHER
VA-MOVE SESSION TRIGGERS-CRAVINGS
VA-MOVE SESSION TRIGGERS-RESPONDING
VA-MOVE SESSION TRIGGERS-CUES
VA-MOVE SESSION-TRIGGERS/CUES
VA-MOVE SESSION INC ACTIV-ALL TOGETHER
VA-MOVE SESSION INC ACTIV-FLEXIBILITY
VA-MOVE SESSION INC ACTIV-OTHER
VA-MOVE SESSION INC ACTIV-STRENGTH

VA-MOVE SESSION INC ACTIV-CARDIO
VA-MOVE SESSION INC ACTIV-CHECK IN
VA-MOVE SESSION-PUMP UP ACTIVITY
VA-MOVE SESSION CHALLENGES-OTHER
VA-MOVE SESSION CHALLENGES-PLATEAUS
VA-MOVE SESSION CHALLENGES-PROB SOLVING
VA-MOVE SESSION CHALLENGES-COMMON
VA-MOVE SESSION-CHALLENGES
VA-MOVE SESSION PLAN-BARRIERS
VA-MOVE SESSION PLAN-COOKING HLTHY
VA-MOVE SESSION PLAN-OTHER
VA-MOVE SESSION PLAN-FOOD LABELS
VA-MOVE SESSION PLAN-SHOPPING
VA-MOVE SESSION PLAN-MEALS
VA-MOVE SESSION-PLAN/SHOP/COOK
VA-MOVE SESSION TAKE CHARGE-TRIGGERS
VA-MOVE SESSION TAKE CHARGE-OTHER
VA-MOVE SESSION TAKE CHARGE-RETHINKING
VA-MOVE SESSION TAKE CHARGE-THOUGHTS
VA-MOVE SESSION TAKE CHARGE-AWARENESS
VA-MOVE SESSION-TAKE CHARGE
VA-MOVE SESSION FITNESS-BARRIERS
VA-MOVE SESSION FITNESS-CURRENT ACTIVITY
VA-MOVE SESSION FITNESS-OTHER
VA-MOVE SESSION FITNESS-INTENSITY
VA-MOVE SESSION FITNESS-HOW ACTIVE
VA-MOVE SESSION FITNESS-PHY ACTIVITY
VA-MOVE SESSION-FIT FOR LIFE
VA-MOVE SESSION EAT WISELY-BARRIERS
VA-MOVE SESSION EAT WISELY-SIZE IT UP
VA-MOVE SESSION EAT WISELY-OTHER
VA-MOVE SESSION EAT WISELY-LIQ CALORIES
VA-MOVE SESSION EAT WISELY-FOOD GRPS
VA-MOVE SESSION EAT WISELY-HLTHY PLATE
VA-MOVE SESSION-EAT WISELY
VA-MOVE SESSION BALANCE-BURNING CALORIES
VA-MOVE SESSION BALANCE-FEWER CALORIES
VA-MOVE SESSION BALANCE-OTHER
VA-MOVE SESSION BALANCE-TARIK STORY
VA-MOVE SESSION BALANCE-CALORIE GOAL
VA-MOVE SESSION BALANCE-ENERGY
VA-MOVE SESSION-TIP THE BALANCE
VA-MOVE SESSION TRACKING-REWARDS
VA-MOVE SESSION TRACKING-BARRIERS
VA-MOVE SESSION TRACKING-OTHER
VA-MOVE SESSION TRACKING-FOOD/ACTIVITY

VA-MOVE SESSION TRACKING-SARAH STORY
VA-MOVE SESSION TRACKING-WHAT YOU DO
VA-MOVE SESSION-TRACKING
VA-MOVE SESSION WELCOME-CONFIDENCE
VA-MOVE SESSION WELCOME-GOAL SETTING
VA-MOVE SESSION WELCOME-OTHER
VA-MOVE SESSION WELCOME-BALANCE
VA-MOVE SESSION WELCOME-REASONS
VA-MOVE SESSION WELCOME-MOVE
VA-MOVE SESSION-WELCOME
VA-MOVE EDUCATION UNDERSTANDING-OTHER
VA-MOVE EDUCATION UNDERSTANDING-LIMITED
VA-MOVE EDUCATION UNDERSTANDING-SOME
VA-MOVE EDUCATION UNDERSTANDING-FULL
VA-MOVE ENGAGEMENT LEVEL-OTHER
VA-MOVE ENGAGEMENT LEVEL-NOT ASSESSED
VA-MOVE ENGAGEMENT LEVEL-FULL
VA-MOVE ENGAGEMENT LEVEL-SOME
VA-MOVE ENGAGEMENT LEVEL-LIMITED
VA-MOVE SESSION GOAL 2
VA-MOVE SESSION GOAL 1
VA-MOVE SMART GOAL REVIEW
VA-MOVE SESSION-MOVEMENT ACTIVITY
VA-MOVE FOOD/ACTIVITY LOG ELECTRONIC DATA NOT REVIEWED
VA-MOVE FOOD/ACTIVITY LOG ELECTRONIC DATA REVIEWED
VA-MOVE FOOD/ACTIVITY LOG PAPER LOG
VA-MOVE FOOD/ACTIVITY LOG-CLINICIAN REVIEWED
VA-MOVE FOOD/ACTIVITY LOG DISCUSSED
VA-MOVE EDUCATION-OTHER
VA-MOVE EDUCATION-WORKBOOK
VA-MOVE DELIVERY METHOD-VIDEO
VA-MOVE DELIVERY METHOD-PHONE
VA-MOVE DELIVERY METHOD-IN PERSON
VA-MOVE STARTING WEIGHT (LBS)
VA-MOVE STARTING DATE
VA-MOVE ASSESSMENT-IND
VA-MOVE ASSESSMENT-GRP

REMINDER SPONSOR

NATIONAL CENTER FOR HEALTH PROMOTION AND DISEASE PREVENTION
(NCP)
OFFICE OF TELEHEALTH SERVICES STORE AND FORWARD TELEHEALTH

REMINDER TERM

VA-REMINDER UPDATE_2_0_191
VA-BL MOVE! SMART GOAL 2
VA-BL MOVE! SMART GOAL 1

VA-BL MOVE! STARTING WEIGHT
VA-BL MOVE! STARTING DATE

HEALTH SUMMARY COMPONENT
PCE HEALTH FACTORS SELECTED
VITAL SIGNS SELECTED

HEALTH SUMMARY TYPE
VA- MOVE! SMART GOAL 2
VA- MOVE! SMART GOAL 1
VA- MOVE! STARTING WEIGHT
VA- MOVE! STARTING DATE
WEIGHT-LAST 3

HEALTH SUMMARY OBJECTS
VA- MOVE! SMART GOAL 2 (TIU)
VA- MOVE! SMART GOAL 1 (TIU)
VA- MOVE! STARTING WEIGHT (TIU)
VA- MOVE! STARTING DATE (TIU)
WEIGHT-LAST 3 (TIU)

TIU DOCUMENT DEFINITION
VA- MOVE! SMART GOAL 2
VA- MOVE! SMART GOAL 1
VA- MOVE! STARTING WEIGHT
VA- MOVE! STARTING DATE
WEIGHT-LAST 3
PATIENT HEIGHT

REMINDER DIALOG
VA-MOVE! WEIGHT MANAGMENT PROGRAM

Pre-Installation

Prior to installing this Update:

1. Check Reminder Exchange Install History (IH) and ensure your facility has installed the following (previously released) Update:
 - **UPDATE_2_0_143 VA-MOVE PROGRAM TEMPLATE**
2. From the Reminder Dialog Management menu, Inquire/Print (INQ) and capture/save the following GROUP (if this group has sequences (groups/elements) mapped, you will need to add the sequence(s) back when you reach the post-installation section):
 - **VAL-GP MOVE! WEIGHT PLACEHOLDER**

Install Details

This update is being distributed as a web host file. The address for the host file is:

https://REDACTED/UPDATE_2_0_291.PRD

The file will be installed using Reminder Exchange, programmer access is not required.

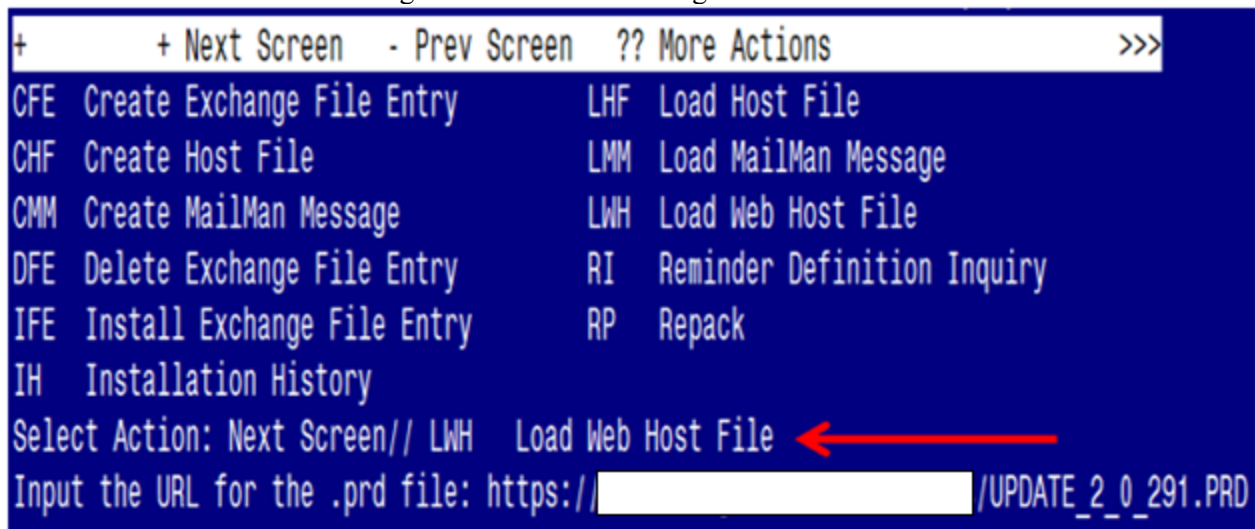
Installation:

=====

This update can be loaded with users on the system. Installation will take less than 15 minutes.

Install Example

To Load the Web Host File. Navigate to Reminder exchange in Vista



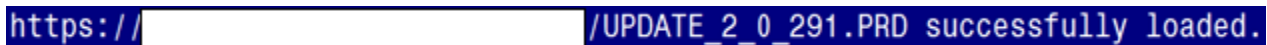
```
+      + Next Screen  - Prev Screen  ?? More Actions      >>>
CFE Create Exchange File Entry      LHF Load Host File
CHF Create Host File                LMM Load MailMan Message
CMM Create MailMan Message          LWH Load Web Host File
DFE Delete Exchange File Entry      RI  Reminder Definition Inquiry
IFE Install Exchange File Entry      RP  Repack
IH  Installation History
Select Action: Next Screen// LWH  Load Web Host File ←
Input the URL for the .prd file: https://[REDACTED]/UPDATE_2_0_291.PRD
```

At the **Select Action:** prompt, enter **LWH** for Load Web Host File

At the **Input the url for the .prd file:** prompt, type the following web address:

https://Redacted/UPDATE_2_0_291.PRD

You should see a message at the top of your screen that the file successfully loaded.



```
https://[REDACTED]/UPDATE_2_0_291.PRD successfully loaded.
```

Search and locate an entry titled **UPDATE_2_0_291 VA-MOVE PROGRAM TEMPLATE UPDATE** in reminder exchange.

+Item	Entry	Source	Date Packed
336	UPDATE_2_0_291 VA-MOVE PROGRAM TEMPLATE UPDATE		08/15/2022@08:00
337	UPDATE_2_0_295 VA-DIAGNOSTIC IMAGING ORDER REVIEW		06/14/2022@05:54
338	UPDATE_2_0_295 VA-DIAGNOSTIC IMAGING ORDER REVIEW		07/05/2022@07:35
339	UPDATE_2_0_296 VA-COVID-19 TEMPLATE UPDATES		07/26/2022@12:20
340	UPDATE_2_0_298 VA-OSP TH DISCHARGE SUMMARY UPDATE		07/06/2022@12:45


```

+      + Next Screen  - Prev Screen  ?? More Actions  >>>
CFE  Create Exchange File Entry      LHF  Load Host File
CHF  Create Host File                 LMM  Load MailMan Message
CMM  Create MailMan Message           LR   List Reminder Definitions
DFE  Delete Exchange File Entry       LWH  Load Web Host File
IFE  Install Exchange File Entry       RI   Reminder Definition Inquiry
IH   Installation History              RP   Repack
Select Action: Next Screen// IFE  Install Exchange File Entry
Enter a list or range of numbers (1-544): 336

```

At the **Select Action** prompt, enter **IFE** for Install Exchange File Entry
 Enter the number that corresponds with your entry UPDATE_2_0_291 VA-MOVE PROGRAM TEMPLATE UPDATE (in this example it is entry 336. It will vary by site). The date of the exchange file should be 08/15/2022@08:00.

```

Component                                     Category   Exists
Source:
Date Packed: 08/15/2022@08:00:49
Package Version: 2.0P71

Description:
The following Clinical Reminder items were selected for packing:
REMINDER DIALOG
  VA-MOVE! WEIGHT MANAGMENT PROGRAM

REMINDER TERM
  VA-REMINDER UPDATE_2_0_291
Non-exchangeable TIU object(s):
-----
TIU Object: PATIENT HEIGHT
Object Method: S X=$$HEIGHT^TIULO(+$(DFN))

+      Enter ?? for more actions  >>>
IA  Install all Components          IS  Install Selected Component
Select Action: Next Screen// IA

```

At the **Select Action** prompt, type **IA** for Install all Components and hit enter.
 Select Action: Next Screen// **IA Install all Components**
 You will see several prompts, for all new entries you will choose **I to Install**
 For components that already exists but packed component is different, choose **O to Overwrite**

You will be prompted to install the reminder dialog component (VA-MOVE! WEIGHT MANAGMENT PROGRAM)

- You will choose to install all even though some components may have an X to indicate that they exist.

```
Packed reminder dialog: VA-MOVE! WEIGHT MANAGMENT PROGRAM [NATIONAL DIALOG]
```

Item	Seq.	Dialog Findings	Type	Exists
1		VA-MOVE! WEIGHT MANAGMENT PROGRAM	dialog	X
2	5	VA-MOVE! WEIGHT MANAGEMENT VERSION Finding: *NONE*	element	X
3	10	VA-GP MOVE! WEIGHT MANAGEMENT PROGRAM Finding: *NONE*	group	X
4	10.5	VA-GP MOVE! WEIGHT MGMT-ASSESSMENT Finding: *NONE*	group	X
5	10.5.5	VAL-GP MOVE! WT MGMT ASSESSMENT-GRP/IND Finding: *NONE*	group	X
6	10.5.5.5	VA-HF MOVE! ASSESSMENT-START DATE* Finding: VA-MOVE STARTING DATE (TIU DOCUMENT DEFINITION)	element	X
7		PXRM COMMENT	prompt	X
8	10.5.5.10	VA-HF MOVE! ASSESSMENT-STARTING WEIGHT*	element	

```
+ Next Screen - Prev Screen ?? More Actions
DD Dialog Details DT Dialog Text IS Install Selected
DF Dialog Findings DU Dialog Usage QU Quit
DS Dialog Summary IA Install All
Select Action: Next Screen// IA
```

At the **Select Action** prompt, type **IA** to install the dialog – **VA-MOVE! WEIGHT MANAGMENT PROGRAM**

Select Action: Next Screen// **IA** Install All

Install reminder dialog and all components with no further changes: Y// **Yes**

```
Packed reminder dialog: VA-MOVE! WEIGHT MANAGMENT PROGRAM [NATIONAL DIALOG]
VA-MOVE! WEIGHT MANAGMENT PROGRAM (reminder dialog) installed from exchange file
```

Item	Seq.	Dialog Findings	Type	Exists
1		VA-MOVE! WEIGHT MANAGMENT PROGRAM	dialog	X
2	5	VA-MOVE! WEIGHT MANAGEMENT VERSION Finding: *NONE*	element	X
3	10	VA-GP MOVE! WEIGHT MANAGEMENT PROGRAM Finding: *NONE*	group	X
4	10.5	VA-GP MOVE! WEIGHT MGMT-ASSESSMENT Finding: *NONE*	group	X
5	10.5.5	VAL-GP MOVE! WT MGMT ASSESSMENT-GRP/IND Finding: *NONE*	group	X
6	10.5.5.5	VA-GP MOVE! WT MGMT ASSESSMENT-PROGRAM DELIVERY Finding: *NONE*	group	X
7	10.5.5.5.5	VA-GP MOVE! WT MGMT ASSESSMENT	group	X

```
+ Next Screen - Prev Screen ?? More Actions
DD Dialog Details DT Dialog Text IS Install Selected
DF Dialog Findings DU Dialog Usage QU Quit
DS Dialog Summary IA Install All
Select Action: Next Screen// Q
```

After completing this dialog install, you will type **Q**.

```

Component                                     Category   Exists
Source: [REDACTED]
Date Packed: 08/15/2022@08:00:49
Package Version: 2.0P71

Description:
The following Clinical Reminder items were selected for packing:
REMINDER DIALOG
  VA-MOVE! WEIGHT MANAGMENT PROGRAM

REMINDER TERM
  VA-REMINDER UPDATE_2_0_291
Non-exchangeable TIU object(s):
-----
TIU Object: PATIENT HEIGHT
Object Method: S X=$$HEIGHT^TIULO(+$$G(DFN))

+      + Next Screen  - Prev Screen  ?? More Actions      >>>
IA  Install all Components          IS  Install Selected Component
Select Action: Next Screen// Q

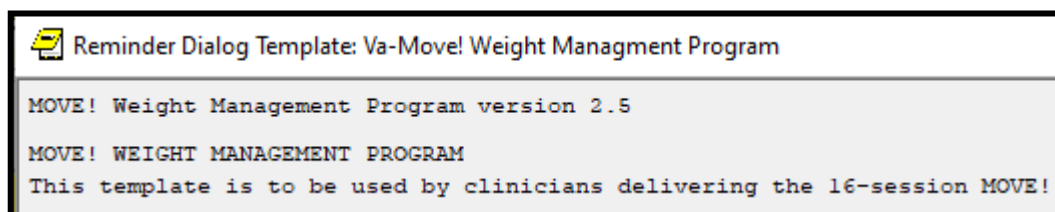
```

You will then be returned to this screen. At the **Select Action** prompt, type **Q**.

Install complete.

Post Installation

1. Launch the **VA-MOVE! WEIGHT MANAGMENT PROGRAM** dialog and confirm the version number is 2.5 (displayed at the top of the dialog). See screenshot below.
 - a. Launch the dialog using note title: **MOVE! COMPREHENSIVE LIFESTYLE INTERVENTION**
 - b. If your site does not have the note title established, refer to the original install guide and the post-installation step instructions for note title creation. The link to that install guide is > REDACTED



2. Confirm the PATIENT HEIGHT and WEIGHT-LAST 3 objects are embedded in GROUP:
VAL-GP MOVE! WT MGMT ASSESSMENT – GRP/IND.

NAME: VAL-GP MOVE! WT MGMT ASSESSMENT-GRP/IND Replace
DISABLE:
CLASS: LOCAL//

GROUP HEADER DIALOG TEXT:
BMI Assessment:\\
Height: |PATIENT HEIGHT|\\
Weight: |WEIGHT-LAST 3|
\\

3. Add your sites Patient Telephone and Patient Address object the following ELEMENTS:

Element: VAL-TH VVC TELEPHONE TRIAGE CONTACT PHONE OBJECT
Text: *PHONE OBJECT HERE*

Element: VAL-TH VVC TELEPHONE TRIAGE PATIENT LOCATION HOME
Text: Home *PATIENT ADDRESS OBJECT HERE*

4. (Optional) Add local dialog groups and elements to group **VAL-GP MOVE! WEIGHT PLACEHOLDER**, if needed.
 - Refer to the INQ you saved from pre-installation step #2. If your site already had sequences mapped to this group, you will need to re-map them.
 - If your site did NOT have sequences mapped to this group, but your MOVE staff would like to insert local groups and elements from other dialogs into this template, you add them to this local reminder dialog group. Adding to this dialog group will place the local content at the end of the dialog template.