



**Update \_2\_0\_291**

**Clinical Reminders**

**VA-MOVE PROGRAM TEMPLATE UPDATE**

**Install Guide**

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**August 2022**

Product Development  
Office of Information Technology  
Department of Veterans Affairs



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## **Introduction**

The MOVE! Weight Management Program note template is to be used by local facility clinicians delivering MOVE! orientation and 16-session MOVE! workbook curriculum to document veteran participation in the MOVE! Program.

The template is sponsored by the National Center for Health Promotion and Disease Prevention (NCP). For questions, contact REDACTED).

UPDATE\_2\_0\_291 contains 1 Reminder Exchange entry:

**UPDATE\_2\_0\_291 VA-MOVE PROGRAM TEMPLATE UPDATE**

**The exchange file contains the following components:**

### **GMRV VITAL TYPE**

WEIGHT

### **TIU TEMPLATE FIELD**

VA-WORDR

IC/BLANK LINE 74 CHARACTERS T DIALOG USE

VA-MOVE GOAL STATUS

VA-WORD

OTHER TEXT

OTHER NON-VA

TEXT (1-4)

TIME SPENT 15-90

TEXT (1-50 CHAR)

NUMBER 1-50

### **HEALTH FACTORS**

VA-REMINDER UPDATES [C]

VA-UPDATE\_2\_0\_291

VA-MOVE WEIGHT MANAGEMENT [C]

VA-MOVE SESSION-MAINTENANCE

VA-MOVE SESSION ORIENTATION-DECIDE WHAT'S NEXT

VA-MOVE SESSION ORIENTATION-OTHER TOPIC

VA-MOVE SESSION ORIENTATION-WHY CHOOSE MOVE

VA-MOVE SESSION ORIENTATION-VISION AND STRENGTHS

VA-MOVE SESSION ORIENTATION-MISSION ASPIRATIONS OR PURPOSE

VA-MOVE SESSION-ORIENTATION

VA-MOVE SESSION MAINTAIN-GOAL SETTING

VA-MOVE SESSION MAINTAIN-TOOLKIT

VA-MOVE SESSION MAINTAIN-OTHER

VA-MOVE SESSION MAINTAIN-MOTIVATED

VA-MOVE SESSION MAINTAIN-BODY IMAGE

VA-MOVE SESSION MAINTAIN-WEIGHT

VA-MOVE SESSION-MAINTAIN PROGRESS

VA-MOVE SESSION FINE TUNE-MEDS  
VA-MOVE SESSION FINE TUNE-MOTIVATION  
VA-MOVE SESSION FINE TUNE-OTHER  
VA-MOVE SESSION FINE TUNE-CHR COND  
VA-MOVE SESSION FINE TUNE-FINE TUNE  
VA-MOVE SESSION FINE TUNE-HOW ACTIVE  
VA-MOVE SESSION-FINE TUNE ACTIVITY  
VA-MOVE SESSION STRESS-SUPPORT  
VA-MOVE SESSION STRESS-TECHNIQUES  
VA-MOVE SESSION STRESS-OTHER  
VA-MOVE SESSION STRESS-MINDFULNESS  
VA-MOVE SESSION STRESS-TRACKING  
VA-MOVE SESSION STRESS-MANAGE  
VA-MOVE SESSION-STRESS  
VA-MOVE SESSION DINING OUT-SOCIAL EATING  
VA-MOVE SESSION DINING OUT-TAKEOUT  
VA-MOVE SESSION DINING OUT-OTHER  
VA-MOVE SESSION DINING OUT-FAST FOOD  
VA-MOVE SESSION DINING OUT-RESTAURANT  
VA-MOVE SESSION DINING OUT-PLAN  
VA-MOVE SESSION-DINING OUT  
VA-MOVE SESSION SLIPS-OTHER  
VA-MOVE SESSION SLIPS-RELAPSE  
VA-MOVE SESSION SLIPS-PLAN  
VA-MOVE SESSION SLIPS-HANDLE SLIPS  
VA-MOVE SESSION SLIPS-RECOGNIZE  
VA-MOVE SESSION-SLIPS  
VA-MOVE SESSION FOOD-FAD DIETS  
VA-MOVE SESSION FOOD-SUBSTITUTIONS  
VA-MOVE SESSION FOOD-OTHER  
VA-MOVE SESSION FOOD-FAT  
VA-MOVE SESSION FOOD-PROTEIN  
VA-MOVE SESSION FOOD-CARBS  
VA-MOVE SESSION-FOOD FINESSE  
VA-MOVE SESSION TRIGGERS-BUST TRIGGERS  
VA-MOVE SESSION TRIGGERS-ENVIRONMENT  
VA-MOVE SESSION TRIGGERS-OTHER  
VA-MOVE SESSION TRIGGERS-CRAVINGS  
VA-MOVE SESSION TRIGGERS-RESPONDING  
VA-MOVE SESSION TRIGGERS-CUES  
VA-MOVE SESSION-TRIGGERS/CUES  
VA-MOVE SESSION INC ACTIV-ALL TOGETHER  
VA-MOVE SESSION INC ACTIV-FLEXIBILITY  
VA-MOVE SESSION INC ACTIV-OTHER  
VA-MOVE SESSION INC ACTIV-STRENGTH  
VA-MOVE SESSION INC ACTIV-CARDIO

VA-MOVE SESSION INC ACTIV-CHECK IN  
VA-MOVE SESSION-PUMP UP ACTIVITY  
VA-MOVE SESSION CHALLENGES-OTHER  
VA-MOVE SESSION CHALLENGES-PLATEAUS  
VA-MOVE SESSION CHALLENGES-PROB SOLVING  
VA-MOVE SESSION CHALLENGES-COMMON  
VA-MOVE SESSION-CHALLENGES  
VA-MOVE SESSION PLAN-BARRIERS  
VA-MOVE SESSION PLAN-COOKING HLTHY  
VA-MOVE SESSION PLAN-OTHER  
VA-MOVE SESSION PLAN-FOOD LABELS  
VA-MOVE SESSION PLAN-SHOPPING  
VA-MOVE SESSION PLAN-MEALS  
VA-MOVE SESSION-PLAN/SHOP/COOK  
VA-MOVE SESSION TAKE CHARGE-TRIGGERS  
VA-MOVE SESSION TAKE CHARGE-OTHER  
VA-MOVE SESSION TAKE CHARGE-RETHINKING  
VA-MOVE SESSION TAKE CHARGE-THOUGHTS  
VA-MOVE SESSION TAKE CHARGE-AWARENESS  
VA-MOVE SESSION-TAKE CHARGE  
VA-MOVE SESSION FITNESS-BARRIERS  
VA-MOVE SESSION FITNESS-CURRENT ACTIVITY  
VA-MOVE SESSION FITNESS-OTHER  
VA-MOVE SESSION FITNESS-INTENSITY  
VA-MOVE SESSION FITNESS-HOW ACTIVE  
VA-MOVE SESSION FITNESS-PHY ACTIVITY  
VA-MOVE SESSION-FIT FOR LIFE  
VA-MOVE SESSION EAT WISELY-BARRIERS  
VA-MOVE SESSION EAT WISELY-SIZE IT UP  
VA-MOVE SESSION EAT WISELY-OTHER  
VA-MOVE SESSION EAT WISELY-LIQ CALORIES  
VA-MOVE SESSION EAT WISELY-FOOD GRPS  
VA-MOVE SESSION EAT WISELY-HLTHY PLATE  
VA-MOVE SESSION-EAT WISELY  
VA-MOVE SESSION BALANCE-BURNING CALORIES  
VA-MOVE SESSION BALANCE-FEWER CALORIES  
VA-MOVE SESSION BALANCE-OTHER  
VA-MOVE SESSION BALANCE-TARIK STORY  
VA-MOVE SESSION BALANCE-CALORIE GOAL  
VA-MOVE SESSION BALANCE-ENERGY  
VA-MOVE SESSION-TIP THE BALANCE  
VA-MOVE SESSION TRACKING-REWARDS  
VA-MOVE SESSION TRACKING-BARRIERS  
VA-MOVE SESSION TRACKING-OTHER  
VA-MOVE SESSION TRACKING-FOOD/ACTIVITY  
VA-MOVE SESSION TRACKING-SARAH STORY

VA-MOVE SESSION TRACKING-WHAT YOU DO  
VA-MOVE SESSION-TRACKING  
VA-MOVE SESSION WELCOME-CONFIDENCE  
VA-MOVE SESSION WELCOME-GOAL SETTING  
VA-MOVE SESSION WELCOME-OTHER  
VA-MOVE SESSION WELCOME-BALANCE  
VA-MOVE SESSION WELCOME-REASONS  
VA-MOVE SESSION WELCOME-MOVE  
VA-MOVE SESSION-WELCOME  
VA-MOVE EDUCATION UNDERSTANDING-OTHER  
VA-MOVE EDUCATION UNDERSTANDING-LIMITED  
VA-MOVE EDUCATION UNDERSTANDING-SOME  
VA-MOVE EDUCATION UNDERSTANDING-FULL  
VA-MOVE ENGAGEMENT LEVEL-OTHER  
VA-MOVE ENGAGEMENT LEVEL-NOT ASSESSED  
VA-MOVE ENGAGEMENT LEVEL-FULL  
VA-MOVE ENGAGEMENT LEVEL-SOME  
VA-MOVE ENGAGEMENT LEVEL-LIMITED  
VA-MOVE SESSION GOAL 2  
VA-MOVE SESSION GOAL 1  
VA-MOVE SMART GOAL REVIEW  
VA-MOVE SESSION-MOVEMENT ACTIVITY  
VA-MOVE FOOD/ACTIVITY LOG ELECTRONIC DATA NOT REVIEWED  
VA-MOVE FOOD/ACTIVITY LOG ELECTRONIC DATA REVIEWED  
VA-MOVE FOOD/ACTIVITY LOG PAPER LOG  
VA-MOVE FOOD/ACTIVITY LOG-CLINICIAN REVIEWED  
VA-MOVE FOOD/ACTIVITY LOG DISCUSSED  
VA-MOVE EDUCATION-OTHER  
VA-MOVE EDUCATION-WORKBOOK  
VA-MOVE DELIVERY METHOD-VIDEO  
VA-MOVE DELIVERY METHOD-PHONE  
VA-MOVE DELIVERY METHOD-IN PERSON  
VA-MOVE STARTING WEIGHT (LBS)  
VA-MOVE STARTING DATE  
VA-MOVE ASSESSMENT-IND  
VA-MOVE ASSESSMENT-GRP

**REMINDER SPONSOR**

NATIONAL CENTER FOR HEALTH PROMOTION AND DISEASE PREVENTION  
(NCP)  
OFFICE OF TELEHEALTH SERVICES STORE AND FORWARD TELEHEALTH

**REMINDER TERM**

VA-REMINDER UPDATE\_2\_0\_191  
VA-BL MOVE! SMART GOAL 2  
VA-BL MOVE! SMART GOAL 1  
VA-BL MOVE! STARTING WEIGHT



VA-BL MOVE! STARTING DATE

**HEALTH SUMMARY COMPONENT**

PCE HEALTH FACTORS SELECTED  
VITAL SIGNS SELECTED

**HEALTH SUMMARY TYPE**

VA- MOVE! SMART GOAL 2  
VA- MOVE! SMART GOAL 1  
VA- MOVE! STARTING WEIGHT  
VA- MOVE! STARTING DATE  
WEIGHT-LAST 3

**HEALTH SUMMARY OBJECTS**

VA- MOVE! SMART GOAL 2 (TIU)  
VA- MOVE! SMART GOAL 1 (TIU)  
VA- MOVE! STARTING WEIGHT (TIU)  
VA- MOVE! STARTING DATE (TIU)  
WEIGHT-LAST 3 (TIU)

**TIU DOCUMENT DEFINITION**

VA- MOVE! SMART GOAL 2  
VA- MOVE! SMART GOAL 1  
VA- MOVE! STARTING WEIGHT  
VA- MOVE! STARTING DATE  
WEIGHT-LAST 3  
PATIENT HEIGHT

**REMINDER DIALOG**

VA-MOVE! WEIGHT MANAGMENT PROGRAM

## **Pre-Installation**

Prior to installing this Update:

1. Check Reminder Exchange Install History (IH) and ensure your facility has installed the following (previously released) Update:
  - UPDATE\_2\_0\_143 VA-MOVE PROGRAM TEMPLATE
2. From the Reminder Dialog Management menu, Inquire/Print (INQ) and capture/save the following GROUP (if this group has sequences (groups/elements) mapped, you will need to add the sequence(s) back when you reach the post-installation section):

- VAL-GP MOVE! WEIGHT PLACEHOLDER

## Install Details

This update is being distributed as a web host file. The address for the host file is:

**https://REDACTED/UPDATE\_2\_0\_291.PRD**

The file will be installed using Reminder Exchange, programmer access is not required.

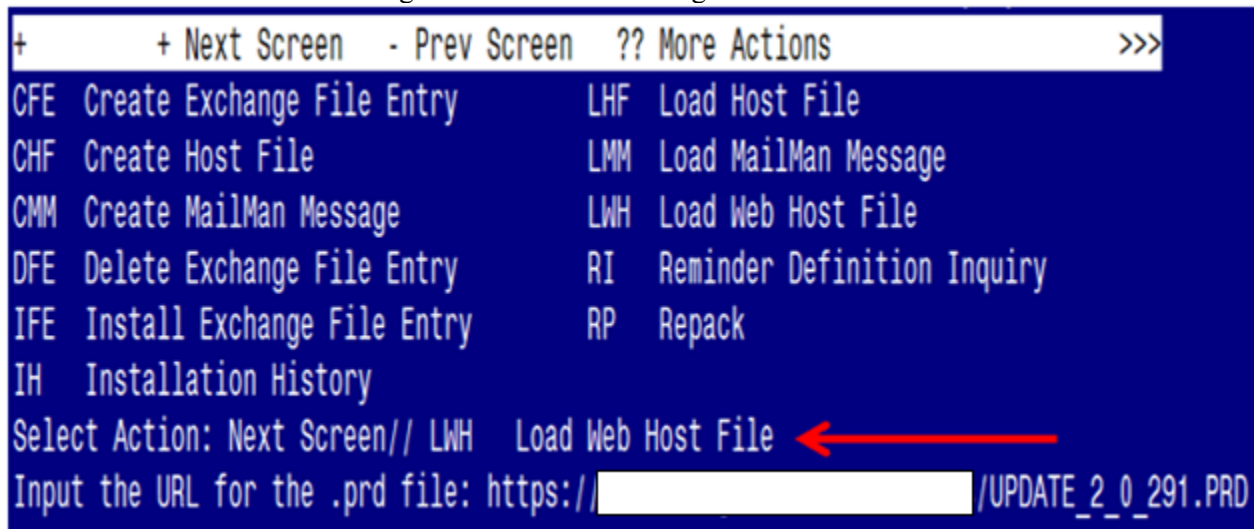
Installation:

=====

This update can be loaded with users on the system. Installation will take less than 15 minutes.

## Install Example

To Load the Web Host File. Navigate to Reminder exchange in Vista



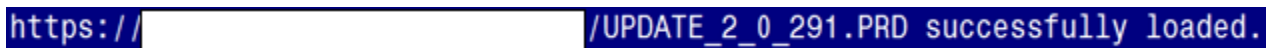
```
+      + Next Screen  - Prev Screen  ?? More Actions  >>>
CFE  Create Exchange File Entry      LHF  Load Host File
CHF  Create Host File                 LMM  Load MailMan Message
CMM  Create MailMan Message           LWH  Load Web Host File
DFE  Delete Exchange File Entry       RI   Reminder Definition Inquiry
IFE  Install Exchange File Entry       RP   Repack
IH   Installation History
Select Action: Next Screen// LWH  Load Web Host File ←
Input the URL for the .prd file: https://[REDACTED]/UPDATE_2_0_291.PRD
```

At the **Select Action:** prompt, enter **LWH** for Load Web Host File

At the **Input the url for the .prd file:** prompt, type the following web address:

**https://Redacted/UPDATE\_2\_0\_291.PRD**

You should see a message at the top of your screen that the file successfully loaded.



```
https://[REDACTED]/UPDATE_2_0_291.PRD successfully loaded.
```

Search and locate an entry titled **UPDATE\_2\_0\_291 VA-MOVE PROGRAM TEMPLATE UPDATE** in reminder exchange.

```

+Item  Entry                               Source                               Date Packed
 336  UPDATE_2_0_291 VA-MOVE                [REDACTED]                          08/15/2022@08:00
      PROGRAM TEMPLATE UPDATE
 337  UPDATE_2_0_295 VA-DIAGNOSTIC         [REDACTED]                          06/14/2022@05:54
      IMAGING ORDER REVIEW
 338  UPDATE_2_0_295 VA-DIAGNOSTIC         [REDACTED]                          07/05/2022@07:35
      IMAGING ORDER REVIEW
 339  UPDATE_2_0_296 VA-COVID-19          [REDACTED]                          07/26/2022@12:20
      TEMPLATE UPDATES
 340  UPDATE_2_0_298 VA-OSP TH            [REDACTED]                          07/06/2022@12:45
      DISCHARGE SUMMARY UPDATE

+      + Next Screen  - Prev Screen  ?? More Actions  >>>
CFE  Create Exchange File Entry          LHF  Load Host File
CHF  Create Host File                   LMM  Load MailMan Message
CMM  Create MailMan Message             LR   List Reminder Definitions
DFE  Delete Exchange File Entry         LWH  Load Web Host File
IFE  Install Exchange File Entry        RI   Reminder Definition Inquiry
IH   Installation History               RP   Repack
Select Action: Next Screen// IFE  Install Exchange File Entry
Enter a list or range of numbers (1-544): 336

```

At the **Select Action** prompt, enter **IFE** for Install Exchange File Entry  
 Enter the number that corresponds with your entry UPDATE\_2\_0\_291 VA-MOVE PROGRAM  
 TEMPLATE UPDATE (in this example it is entry 336. It will vary by site). The date of the  
 exchange file should be 08/15/2022@08:00.

```

Component                               Category                               Exists
Source: [REDACTED]
Date Packed: 08/15/2022@08:00:49
Package Version: 2.0P71

Description:
The following Clinical Reminder items were selected for packing:
REMINDER DIALOG
  VA-MOVE! WEIGHT MANAGMENT PROGRAM

REMINDER TERM
  VA-REMINDER UPDATE_2_0_291
Non-exchangeable TIU object(s):
-----
TIU Object: PATIENT HEIGHT
Object Method: S X=$$HEIGHT^TIULO(+$$G(DFN))

+      Enter ?? for more actions  >>>
IA  Install all Components           IS  Install Selected Component
Select Action: Next Screen// IA

```

At the **Select Action** prompt, type **IA** for Install all Components and hit enter.  
 Select Action: Next Screen// **IA Install all Components**  
 You will see several prompts, for all new entries you will choose **I to Install**  
 For components that already exists but packed component is different, choose **O to Overwrite**  
**You will be prompted to install the reminder dialog component (VA-MOVE! WEIGHT  
 MANAGMENT PROGRAM)**

- You will choose to install all even though some components may have an X to indicate that they exist.

```
Packed reminder dialog: VA-MOVE! WEIGHT MANAGMENT PROGRAM [NATIONAL DIALOG]
Item Seq. Dialog Findings Type Exists
1 VA-MOVE! WEIGHT MANAGMENT PROGRAM dialog X
2 5 VA-MOVE! WEIGHT MANAGEMENT VERSION element X
Finding: *NONE*
3 10 VA-GP MOVE! WEIGHT MANAGEMENT PROGRAM group X
Finding: *NONE*
4 10.5 VA-GP MOVE! WEIGHT MGMT-ASSESSMENT group X
Finding: *NONE*
5 10.5.5 VAL-GP MOVE! WT MGMT ASSESSMENT-GRP/IND group X
Finding: *NONE*
6 10.5.5.5 VA-HF MOVE! ASSESSMENT-START DATE* element X
Finding: VA-MOVE STARTING DATE (TIU DOCUMENT DEFINITION)
7 PXRMM COMMENT prompt X
8 10.5.5.10 VA-HF MOVE! ASSESSMENT-STARTING WEIGHT* element
+ + Next Screen - Prev Screen ?? More Actions
DD Dialog Details DT Dialog Text IS Install Selected
DF Dialog Findings DU Dialog Usage QU Quit
DS Dialog Summary IA Install All
Select Action: Next Screen// IA
```

At the **Select Action** prompt, type **IA** to install the dialog – **VA-MOVE! WEIGHT MANAGMENT PROGRAM**

Select Action: Next Screen// **IA** Install All

Install reminder dialog and all components with no further changes: Y// **Yes**

```
Packed reminder dialog: VA-MOVE! WEIGHT MANAGMENT PROGRAM [NATIONAL DIALOG]
VA-MOVE! WEIGHT MANAGMENT PROGRAM (reminder dialog) installed from exchange file
Item Seq. Dialog Findings Type Exists
1 VA-MOVE! WEIGHT MANAGMENT PROGRAM dialog X
2 5 VA-MOVE! WEIGHT MANAGEMENT VERSION element X
Finding: *NONE*
3 10 VA-GP MOVE! WEIGHT MANAGEMENT PROGRAM group X
Finding: *NONE*
4 10.5 VA-GP MOVE! WEIGHT MGMT-ASSESSMENT group X
Finding: *NONE*
5 10.5.5 VAL-GP MOVE! WT MGMT ASSESSMENT-GRP/IND group X
Finding: *NONE*
6 10.5.5.5 VA-GP MOVE! WT MGMT ASSESSMENT-PROGRAM group X
DELIVERY
Finding: *NONE*
7 10.5.5.5.5 VA-GP MOVE! WT MGMT ASSESSMENT group X
+ + Next Screen - Prev Screen ?? More Actions
DD Dialog Details DT Dialog Text IS Install Selected
DF Dialog Findings DU Dialog Usage QU Quit
DS Dialog Summary IA Install All
Select Action: Next Screen// Q
```

After completing this dialog install, you will type **Q**.

```

Component                                     Category   Exists
Source:
Date Packed: 08/15/2022@08:00:49
Package Version: 2.0P71

Description:
The following Clinical Reminder items were selected for packing:
REMINDER DIALOG
  VA-MOVE! WEIGHT MANAGMENT PROGRAM

REMINDER TERM
  VA-REMINDER UPDATE_2_0_291
Non-exchangeable TIU object(s):
-----
TIU Object: PATIENT HEIGHT
Object Method: S X=$$HEIGHT^TIULO(+$$G(DFN))

+      + Next Screen  - Prev Screen  ?? More Actions      >>>
IA  Install all Components          IS  Install Selected Component
Select Action: Next Screen// Q

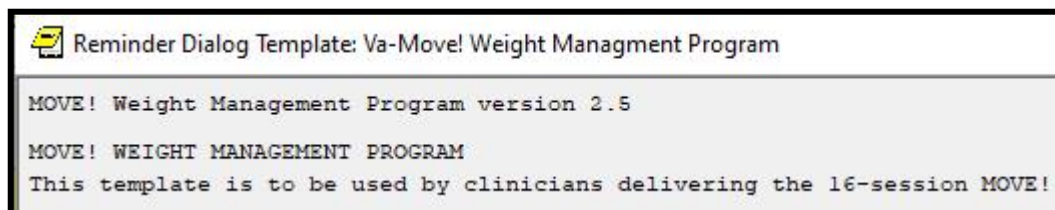
```

You will then be returned to this screen. At the **Select Action** prompt, type **Q**.

Install complete.

## Post Installation

1. Launch the **VA-MOVE! WEIGHT MANAGMENT PROGRAM** dialog and confirm the version number is 2.5 (displayed at the top of the dialog). See screenshot below.
  - a. Launch the dialog using note title: **MOVE! COMPREHENSIVE LIFESTYLE INTERVENTION**
  - b. If your site does not have the note title established, refer to the original install guide and the post-installation step instructions for note title creation. The link to that install guide is > REDACTED



2. Confirm the PATIENT HEIGHT and WEIGHT-LAST 3 objects are embedded in GROUP: **VAL-GP MOVE! WT MGMT ASSESSMENT – GRP/IND.**



NAME: VAL-GP MOVE! WT MGMT ASSESSMENT-GRP/IND Replace  
DISABLE:  
CLASS: LOCAL//

GROUP HEADER DIALOG TEXT:  
BMI Assessment:\\  
Height: |PATIENT HEIGHT|\\  
Weight: |WEIGHT-LAST 3|  
\\

3. Add your sites Patient Telephone and Patient Address object the following ELEMENTS:

Element: VAL-TH VVC TELEPHONE TRIAGE CONTACT PHONE OBJECT  
Text: \*PHONE OBJECT HERE\*

Element: VAL-TH VVC TELEPHONE TRIAGE PATIENT LOCATION HOME  
Text: Home \*PATIENT ADDRESS OBJECT HERE\*

4. (Optional) Add local dialog groups and elements to group **VAL-GP MOVE! WEIGHT PLACEHOLDER**, if needed.

- Refer to the INQ you saved from pre-installation step #2. If your site already had sequences mapped to this group, you will need to re-map them.
- If your site did NOT have sequences mapped to this group, but your MOVE staff would like to insert local groups and elements from other dialogs into this template, you add them to this local reminder dialog group. Adding to this dialog group will place the local content at the end of the dialog template.