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Product Development

VistA Mental Health Clinical Reminder
Dialog Templates

User Guide
PXRM*2.0*32

November 2014
Version 1.3

Revision History

Date	Version	Description	Author
September 2014	1.3	Updated for release	Information Innovators Inc.
February 2014	1.2	Document specific to PXRM*2.0*32 (Increment 3)	Information Innovators Inc.
August 2013	1.1	Document specific to PXRM*2.0*29 (Increments 1&2)	Information Innovators Inc.
January 2013	1.0	Initial draft	K&R Consulting, Inc.

Contents

Introduction

The purpose of this document is to provide clinicians with the information they need to use the Mental Health Clinical Reminder (MHCR) Dialog Templates (patch PXRM*2.0*32) in the VA's Computerized Patient Record System (CPRS). It is not intended to provide basic information such as logging in to CPRS, or getting help. For information on those and other fundamentals, see *Related Documentation*.

Target audience

The intended users are the Mental Health clinicians who deliver these particular Evidenced-Based Psychotherapies (EBPs) at VHA facilities. The Clinical Reminder Dialog Templates (patch PXRM*2.0*32) will be made available to all clinicians engaged in the supported therapy protocols. Proficiency in CPRS is the only user requirement.

Other sources of information

Other relevant information is also available on the Clinical Reminders website: http://vista.med.va.gov/reminders/

Related documentation

The following manuals are available from the VistA Documentation Library (VDL) http://www.va.gov/vdl:

Documentation	Documentation file name
Computerized Patient Record System (CPRS) User Guide GUI version February 2012	cprsguium.PDF
Mental Health Clinical Reminders Dialog Installation and Setup Guide	PXRM_2.0_32_IG.PDF
MHCR Release Notes	PXRM_2.0_32_UM.PDF
Clinical Reminders Manager's Manual	PXRM_2.0_MM.PDF
Clinical Reminders Technical Manual	PXRM_2.0_TM.PDF

Background

The Improve Veterans' Mental Health (IVMH) Initiative is part of the Department of Veterans Affairs (VA)'s set of 21st century transformational initiatives (T21). The Mental Health Clinical Reminders (MHCR) project was designed to help facilitate IVMH by providing a national distribution of MHCR dialog templates appropriate for Evidence Based Psychotherapy (EBP) protocols. The protocols will be used for the treatment of mental health conditions, including depression, post-traumatic stress disorder, and others. The national reminder dialog templates will facilitate uniform data collection. This will allow Mental Health Services (MHS) the ability to effectively monitor implementation of the therapy protocols as well as evaluate the effectiveness of the therapies. The templates will assist in providing uniformity across mental services within the VA.

Access to the MHCR templates is through the CPRS environment. All of the templates will use the existing Clinical Reminder dialog functionalities; no new functionalities have been created to support the protocols.

About the MHA application

The dialog templates may include Mental Health Assistant (MHA) instruments as part of the template dialog. If so, you will have the option to complete the instruments. Depending on how your site has configured the reminder dialogs, the assessment will appear in the progress note or not. (Both approaches are used in the EBP templates included in this project.)

MHCR dialog templates for PXRM*2.0*32

Mandated template drawer names are listed in the installation procedure steps in the Installation Guide - Patch PXRM*2.0*32. To facilitate clinician recognition of the correct templates, those drawer names are abbreviated versions of the titles listed in full here. The national EBP training programs have created clinician training materials based on the mandated (abbreviated) template drawer names, therefore the names, the order of those names, and the names of their enclosing folders should be followed – see note on page 14 (section 3.3.3 Installation Guide - Patch PXRM*2.0*32). The mandated drawer names are abbreviated versions of these:

BFT - Behavioral Family Therapy
- VA-MH BFT 1 ORIENTATION
- VA-MH BFT 2 EDUCATION SESSION
- VA-MH BFT 3 COMMUNICATION SESSION
- VA-MH BFT 4 PROBLEM-SOLVING SESSION
- VA-MH BFT 5 FINAL SESSION
- VA-MH BFT 6 EARLY TERMINATION

CBT-I - Cognitive Behavioral Therapy for Insomnia
- VA-MH CBT-I 1 EVALUATION SESSION
- VA-MH CBT-I 2 INITIAL TREATMENT PHASE
- VA-MH CBT-I 3 MIDDLE TREATMENT PHASE
- VA-MH CBT-I 4 FINAL SESSION
- VA-MH CBT-I EARLY TERMINATION

IBCT - Integrative Behavioral Couple Therapy
- VA-MH IBCT 1 INITIAL
- VA-MH IBCT 2 INDIVIDUAL
- VA-MH IBCT 3 NON VETERAN
- VA-MH IBCT 4 FEEDBACK
- VA-MH IBCT 5 THERAPY
- VA-MH IBCT 6 TERMINATION
- VA-MH IBCT EARLY TERMINATION

IPT - Interpersonal Psychotherapy for Depression
- VA-MH IPT 1 DEPRESSION
- VA-MH IPT 2 DEPRESSION
- VA-MH IPT 3 DEPRESSION

- VA-MH IPT 4 DEPRESSION MAINT
- VA-MH IPT EARLY TERMINATION
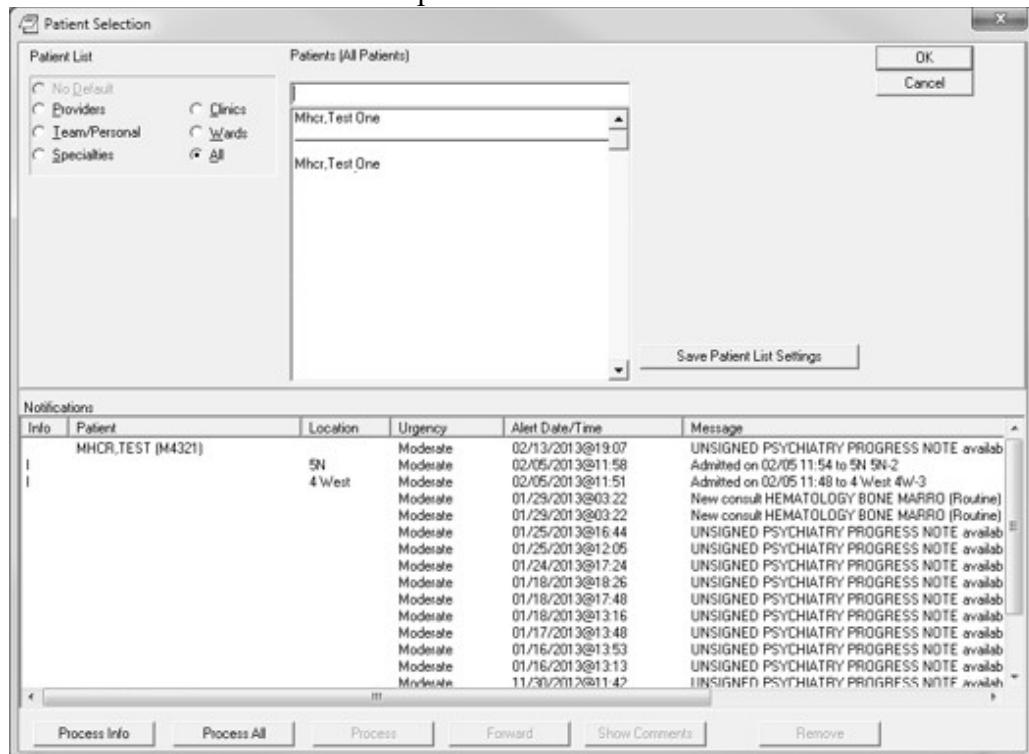
SST - Social Skills Training
- VA-MH SST 1 INITIAL
- VA-MH SST 2 GROUP VISIT
- VA-MH SST 3 FINAL VISIT
- VA-MH SST EARLY TERMINATION

To access and complete an MHCR dialog template
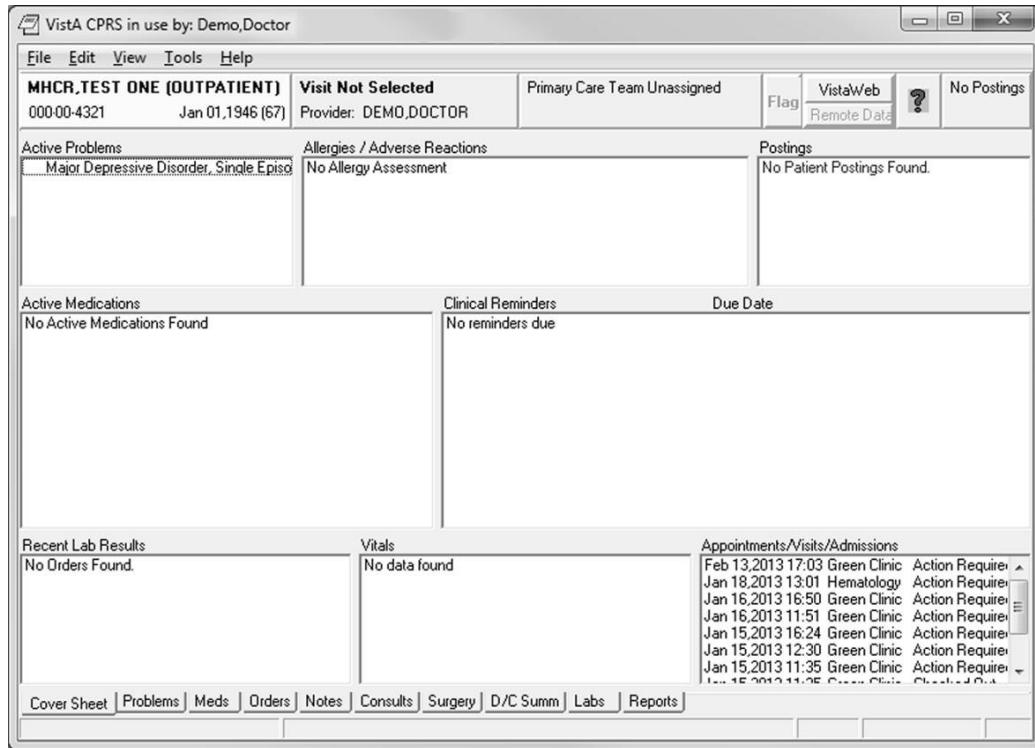
1. Sign onto CPRS.

   The Patient Selection window opens:
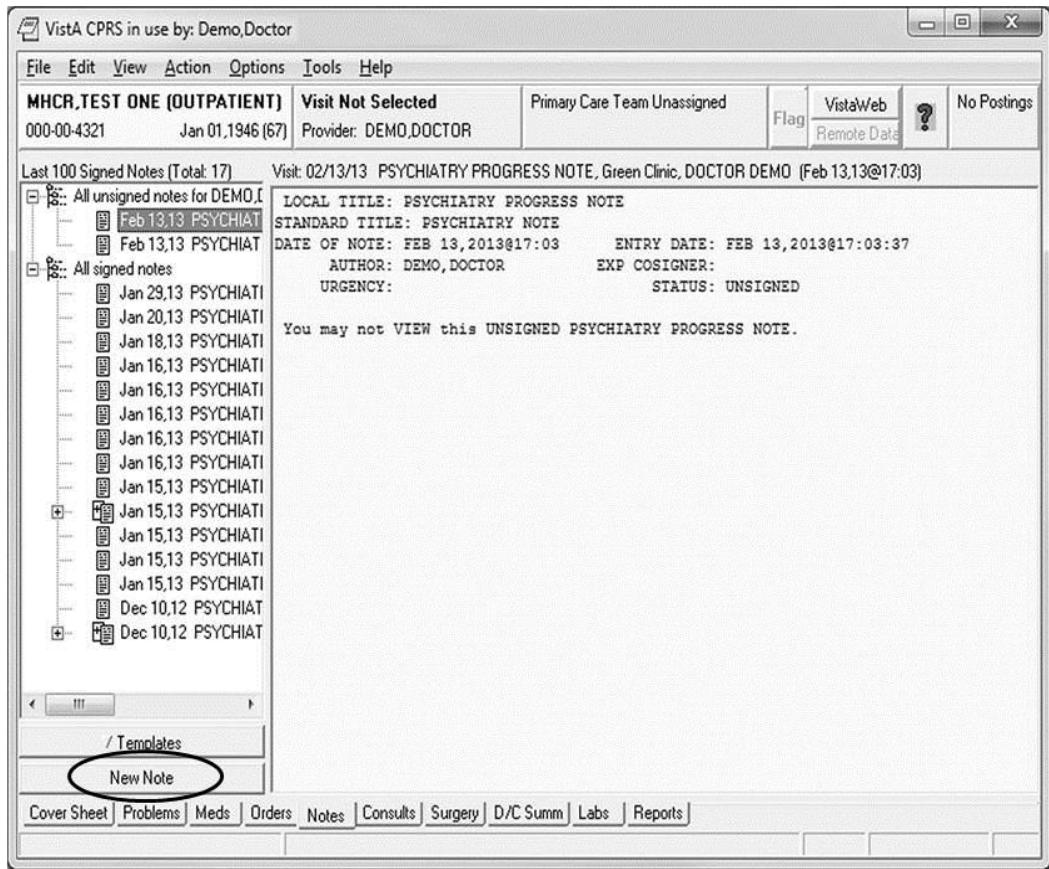
2. Select the patient you want to work with, in your usual manner.
   The patient's record opens in Cover Sheet view:
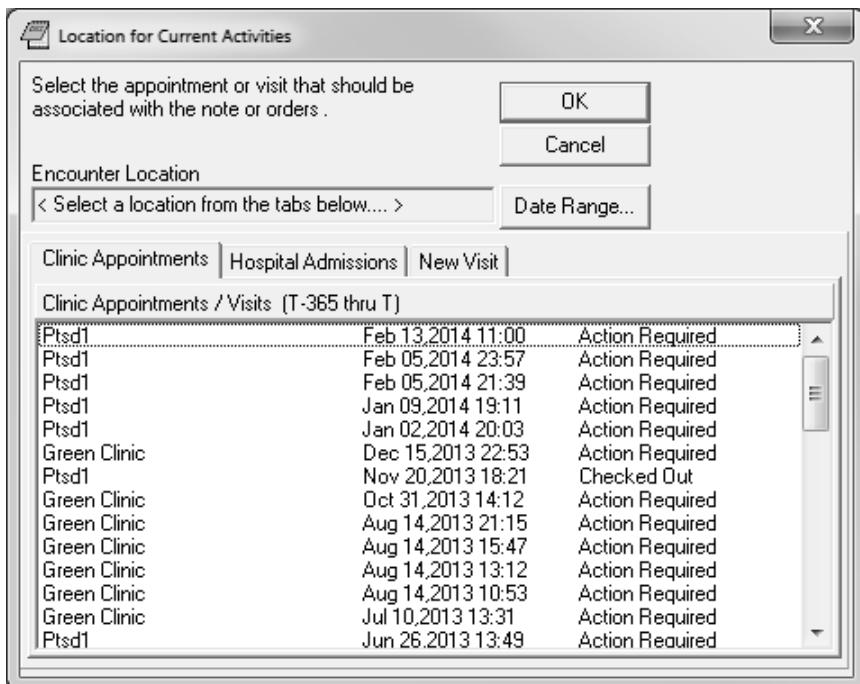
3. Click the Notes tab.
   The Notes view opens, showing a New Note button:

4. Click **New Note**.

The Location for Current Activities window opens:

5. Select a location.
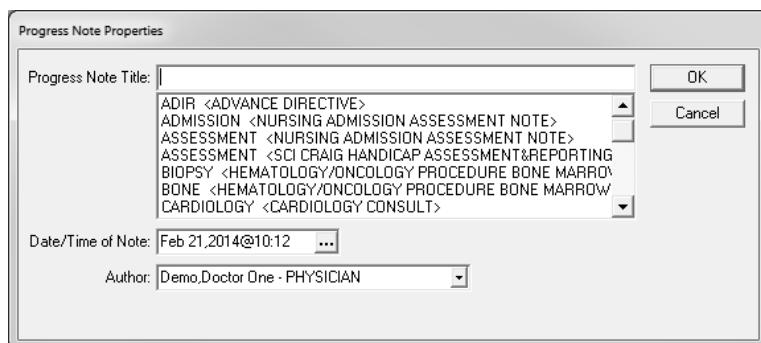
   The location displays in the Encounter Location read-only field.

   --OR--

   Click the tab for Hospital Admissions or New Visit. If New Visit, select a Visit Location and a Date and Time of Visit.
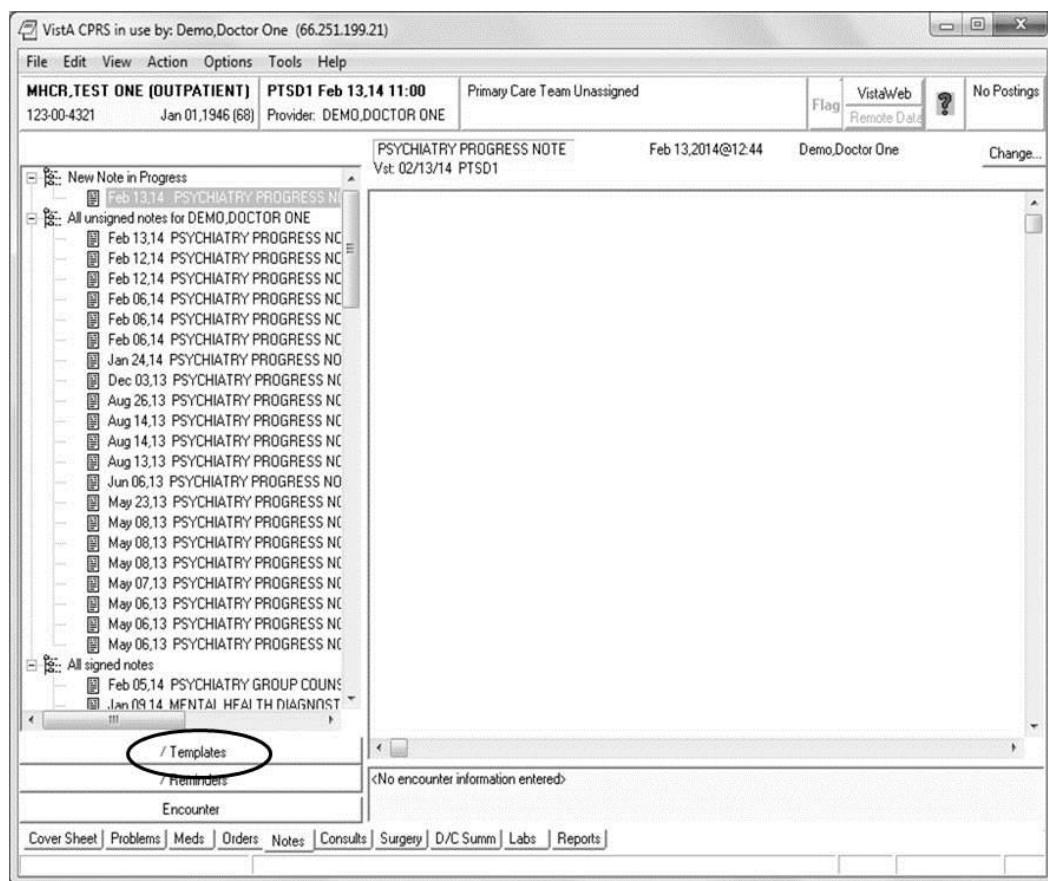
6. Click **OK**.

   The Progress Note Properties window opens.
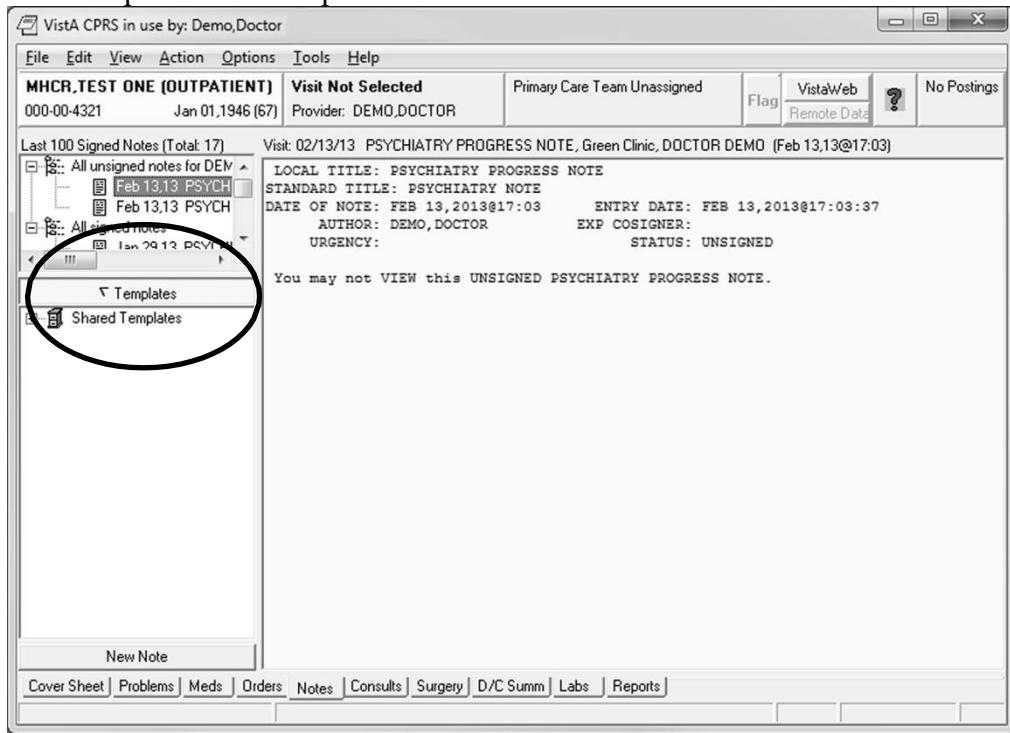
7. Type the note title into the Progress Note Title field or select from the list, then click **OK**.

   You are returned to the Notes tab view.
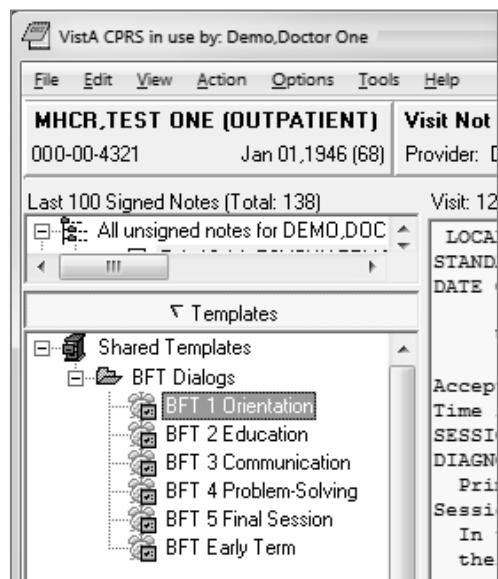
8. Click **Templates.**
The Templates section opens:

9. Expand the list of Shared Templates by clicking +, then double-click the template you want, as shown in the section view:

The template opens:

10. Click to select the items you want; continue scrolling to review the entire template.

Note: Selecting some options opens a text field for data entry.

11. Type data in the text fields as necessary.

12. When you have completed the template, click **Finish**.
The template window closes, and you are returned to the CPRS Notes view, showing the information you entered in the form of a progress note.

About signing your progress note

You must sign the note with your electronic signature before it can become a note that other CPRS users can see, as well as a permanent entry in the patient's record.

To sign your progress note

1. Click the Action menu (top of CPRS Notes view window), and select **Sign Note Now**. The Sign Note dialog box opens.

2. Type your electronic signature code into the Signature Code field, then click **OK**. Your note is signed, and you are returned to the CPRS Notes view.

APPENDIX A: Finding Items For Evidence Based Psychotherapy:

```
12   MH  EVIDENCED BASED PSYCHO
13   MH  EBP PLAN REFERRAL
14   MH  EBP EARLY TERM AGREE
15   MH  EBP EARLY TERM NO CONT
16   MH  EBP  EARLY  TERM  DISCONT X
17   MH  EBP  EARLY  TERM  SYMPTOMS N
18   MH  EBP TEMPLATE
19   MH  EBP PLAN PT AGREE
20   MH  EBP PLAN BOOSTER SESSION
21   MH  EBP PLAN TX COMPLETE
```

APPENDIX B: Finding Items For Social Skills Training

```
22   MH  SST  TEMPLATES
23   MH  SST  3 REVIEW PROGRESS N
24   MH  SST  3 REVIEW PROGRESS M
25   MH  SST  3 REVIEW PROGRESS N
26   MH  SST  3 REVIEW PROGRESS N
27   MH  SST  3 FINAL
28   MH  SST  THERAPY
29   MH  SST  LEVEL ACTIVE NO
30   MH  SST  LEVEL PROMPT
31   MH  SST  LEVEL ACTIVE YES
32   MH  SST  PARTICIPATION LEVEL
33   MH  SST  PARTICIPATION NUMBER 4
34   MH  SST  PARTICIPATION NUMBER 3
35   MH  SST  PARTICIPATION NUMBER 2
36   MH  SST  PARTICIPATION NUMBER 1
37   MH  SST  PARTICIPATION NUMBER
38   MH  SST  SUGGESTIONS IMPROVE
39   MH  SST  POS FEEDBACK
40   MH  SST  SKILL MODELED GROUP
41   MH  SST  SKILL MODELED ROLE
42   MH  SST  SKILL STEPS
43   MH  SST  SKILL RATIONALE
44   MH  SST  ASSIGNMENT
45   MH  SST  ESTABLISHED AGENDA
46   MH  SST  SOCIAL SKILLS TAUGHT G
47   MH  SST  SOCIAL SKILLS TAUGHT M
48   MH  SST  SOCIAL SKILLS TAUGHT G
49   MH  SST  SOCIAL SKILLS TAUGHT X
50   MH  SST  SOCIAL SKILLS TAUGHT M
51   MH  SST  SOCIAL SKILLS TAUGHT H
52   MH  SST  SOCIAL SKILLS TAUGHT A
53   MH  SST  SOCIAL SKILLS TAUGHT G
54   MH  SST  SOCIAL SKILLS TAUGHT N
55   MH  SST  SOCIAL SKILLS TAUGHT G
56   MH  SST  SOCIAL SKILLS TAUGHT
57   MH  SST  ASSESSMENT YES
58   MH  SST  ASSESSMENT NO
59   MH  EBP  COLLABORATION HIGH
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```
 60   MH EBP COLLABORATION MEDIUM
 61   MH EBP COLLABORATION LOW
 62   MH EBP MOTIVATION ENHANCE R
 63   MH EBP MOTIVATION ENHANCE H
 64   MH EBP MOTIVATION ENHANCE B
 65   MH EBP MOTIVATION ENHANCE S
 66   MH EBP MOTIVATION ENHANCE A
 67   MH SST 2 GROUP VISIT
 68   MH SST 1 INITIAL
 69   MH SST TREATMENT GOALS LONG
 70   MH SST TREATMENT GOALS SST
 71   MH SST TREATMENT GOALS
 72   MH SST TREATMENT GOALS NOT E
```

APPENDIX C: Finding Items For Interpersonal Therapy

```
 73   MH IPT FOR DEPRESSION
 74   MH IPT SESSION NUMBER COMPLETED 17+
 75   MH  IPT  SESSION  NUMBER  COMPLETED  16
 76   MH  IPT  SESSION  NUMBER  COMPLETED  15
 77   MH  IPT  SESSION  NUMBER  COMPLETED  14
 78   MH  IPT  SESSION  NUMBER  COMPLETED  13
 79   MH  IPT  SESSION  NUMBER  COMPLETED  12
 80   MH  IPT  SESSION  NUMBER  COMPLETED  4
 81   MH  IPT  SESSION  NUMBER  COMPLETED  3
 82   MH  IPT  SESSION  NUMBER  COMPLETED  2
 83   MH  IPT  SESSION  NUMBER  COMPLETED  1
 84   MH  IPT  SESSION  NUMBER  COMPLETED  11
 85   MH  IPT  SESSION  NUMBER  COMPLETED  10
 86   MH  IPT  SESSION  NUMBER  COMPLETED  9
 87   MH  IPT  SESSION  NUMBER  COMPLETED  8
 88   MH  IPT  SESSION  NUMBER  COMPLETED  7
 89   MH  IPT  SESSION  NUMBER  COMPLETED  6
 90   MH  IPT  SESSION  NUMBER  COMPLETED  5
 91   MH IPT THERAPY
 92   MH IPT EARLY TERM OUTSIDE CS
 93   MH IPT HOMEWORK   NOT   ASSIGNED E SSN
 94   MH IPT HOMEWORK   NOT   ASSIGNED E SSN
 95   MH IPT HOMEWORK NOT COMPLETE
 96   MH IPT HOMEWORK COMPLETE
 97   MH IPT TECHNIQUE ROLE PLAY
 98   MH IPT TECHNIQUE DECISION A
 99   MH IPT TECHNIQUE DIRECTIVE
100   MH IPT TECHNIQUE THERAPEUTIC A
101   MH IPT TECHNIQUE   COMMUNICATION S
102   MH IPT TECHNIQUE   COMMUNICATION A
103   MH IPT TECHNIQUE CLARIFICATION
104   MH IPT TECHNIQUE ENCOURAGE A
105   MH IPT TECHNIQUE EXPLORATION
106   MH IPT DEFICITS COMPARE THER
107   MH IPT DEFICITS REPETITIVE
108   MH IPT DEFICITS COMPARE
109   MH IPT DEFICITS CONNECT
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110   MH  IPT  DEFICITS RELATION
111   MH  IPT  DEFICITS REDUCE ISOL
112   MH  IPT  ROLE TRANSITION STLB
113   MH  IPT  ROLE TRANSITION AF
114   MH  IPT  ROLE TRANSITION W
115   MH  IPT  ROLE TRANSITION G
116   MH  IPT  ROLE TRANSITION A
117   MH  IPT  ROLE TRANSITION OR
118   MH  IPT  ROLE   TRANSITION   STLB
119   MH  IPT  ROLE TRANSITION W
120   MH  IPT  ROLE TRANSITION LET G
121   MH  IPT  ROLE DISPUTE STAGE
122   MH  IPT  ROLE DISPUTE PARALLEL
123   MH  IPT  ROLE DISPUTE EXIS
124   MH  IPT  ROLE DISPUTE CONNECT
125   MH  IPT  ROLE DISPUTE PATTERNS
126   MH  IPT  ROLE DISPUTE PLAN
127   MH  IPT  GRIEF INVOLVE
128   MH  IPT  GRIEF RECONSTRUCT
129   MH  IPT  GRIEF DESCRIBE
130   MH  IPT  GRIEF ELICIT
131   MH  IPT  GRIEF LINK
132   MH  IPT  GRIEF FRIEND
133   MH  IPT  GRIEF MOURN
134   MH  IPT  INTERPERSONAL DEFICITS
135   MH  IPT  ROLE TRANSITION N
136   MH  IPT  ROLE DISPUTE SECONDARY
137   MH  IPT  GRIEF SECONDARY
138   MH  IPT  INTERPERSONAL   DEFICITS
139   MH  IPT  ROLE TRANSITION N
140   MH  IPT  ROLE DISPUTE PRIMARY
141   MH  IPT  GRIEF PRIMARY
142   MH  IPT  ENCOURAGE GOAL EVB
143   MH  IPT  GOAL SET
144   MH  IPT  PROBLEM REVIEW
145   MH  IPT  SESSION NUMBER 1 A
146   MH  IPT  SESSION NUMBER 2 A
147   MH  IPT  SESSION NUMBER 3 A
148   MH  IPT  SESSION NUMBER 12+ A
149   MH  IPT  SESSION NUMBER 11 A
150   MH  IPT  SESSION NUMBER 10 A
151   MH  IPT  SESSION NUMBER 9 A
152   MH  IPT  SESSION NUMBER 8 A
153   MH  IPT  SESSION NUMBER 7 A
154   MH  IPT  SESSION NUMBER 6 A
155   MH  IPT  SESSION NUMBER 5 A
156   MH  IPT  SESSION NUMBER 4 A
157   MH  IPT  4 MAINTENANCE SESSION
158   MH  IPT  3 SKILLS
159   MH  IPT  3 FOCUS
160   MH  IPT  3 PROBLEM
161   MH  IPT  3 MOOD
162   MH  IPT  3 CONTINUE
163   MH  IPT  3 RESPOND
```

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164   MH IPT 3 FUTURE
165   MH IPT 3 TRIGGER
166   MH IPT 3 FEELINGS
167   MH IPT MORE DEPRESSED
168   MH IPT LESS SOCIAL MK
169   MH IPT SAME SOCIAL MK
170   MH IPT SAME DEPRESSED
171   MH IPT LESS DEPRESSED
172   MH IPT SESSION NUMBER 7
173   MH IPT SESSION NUMBER 6
174   MH IPT SESSION NUMBER 5
175   MH IPT SESSION NUMBER 4
176   MH IPT SESSION NUMBER 3
177   MH IPT SESSION NUMBER 2
178   MH IPT SESSION NUMBER 1
179   MH IPT SESSION NUMBER 0
180   MH IPT SESSION NUMBER 9
181   MH IPT SESSION NUMBER 8
182   MH IPT SESSION NUMBER 7
183   MH IPT SESSION NUMBER 6
184   MH IPT SESSION NUMBER 5
185   MH IPT SESSION NUMBER 4
186   MH IPT 3 TERMINATION G
187   MH IPT SESSION NUMBER 3
188   MH IPT 2 INTERMEDIATE G
189   MH IPT 1 INITIAL SESSION
190   MH IPT SESSION NUMBER 2
191   MH IPT SESSION NUMBER 1
192   MH IPT INTERPERSONAL A
193   MH IPT INTERPERSONAL W
194   MH IPT SICK ROLE EXPLAIN
195   MH IPT DEP EDUC
```

APPENDIX D: Finding Items For Integrated Behavioral Couples Therapy

```
196   MH IBCT TEMPLATES
197   MH IBCT SESSION NUMBER COMPLETED 1
198   MH IBCT SESSION NUMBER COMPLETED >24
199   MH  IBCT  SESSION  NUMBER  COMPLETED  24
200   MH  IBCT  SESSION  NUMBER  COMPLETED  20
201   MH  IBCT  SESSION  NUMBER  COMPLETED  18
202   MH  IBCT  SESSION  NUMBER  COMPLETED  17
203   MH  IBCT  SESSION  NUMBER  COMPLETED  15
204   MH  IBCT  SESSION  NUMBER  COMPLETED  14
205   MH  IBCT  SESSION  NUMBER  COMPLETED  13
206   MH  IBCT  SESSION  NUMBER  COMPLETED  11
207   MH  IBCT  SESSION  NUMBER  COMPLETED  10
208   MH  IBCT  SESSION  NUMBER  COMPLETED  9
209   MH  IBCT  SESSION  NUMBER  COMPLETED  7
210   MH  IBCT  SESSION  NUMBER  COMPLETED  6
211   MH  IBCT  SESSION  NUMBER  COMPLETED  4
```

```
212   MH IBCT SESSION NUMBER COMPLETED 3
213   MH  IBCT  SESSION  NUMBER  COMPLETED  23
214   MH  IBCT  SESSION  NUMBER  COMPLETED  22
215   MH  IBCT  SESSION  NUMBER  COMPLETED  21
216   MH  IBCT  SESSION  NUMBER  COMPLETED  19
217   MH  IBCT  SESSION  NUMBER  COMPLETED  16
218   MH  IBCT  SESSION  NUMBER  COMPLETED  12
219   MH  IBCT  SESSION  NUMBER  COMPLETED  8
220   MH  IBCT  SESSION  NUMBER  COMPLETED  5
221   MH  IBCT  SESSION  NUMBER  COMPLETED  2
222   MH IBCT THERAPY
223   MH IBCT 7 EARLY TERMINATION
224   MH IBCT DIRECT CHANGE
225   MH IBCT TOLERANCE BUILD
226   MH IBCT UNIFIED
227   MH IBCT EMPATHIC JOIN
228   MH IBCT PRACTICE NOT A
229   MH IBCT PRACTICE NOT B
230   MH IBCT PRACTICE ONE
231   MH IBCT SESSION NUMBER 5
232   MH IBCT SESSION NUMBER 6
233   MH IBCT SESSION NUMBER 7
234   MH IBCT SESSION NUMBER 2
235   MH IBCT SESSION NUMBER 2
236   MH IBCT SESSION NUMBER 2
237   MH IBCT SESSION NUMBER 8
238   MH IBCT SESSION NUMBER 7
239   MH IBCT SESSION NUMBER 5
240   MH IBCT SESSION NUMBER 4
241   MH IBCT SESSION NUMBER 3
242   MH IBCT SESSION NUMBER 1
243   MH IBCT SESSION NUMBER 0
244   MH IBCT SESSION NUMBER 9
245   MH IBCT SESSION NUMBER 2
246   MH IBCT SESSION NUMBER 2
247   MH IBCT SESSION NUMBER 2
248   MH IBCT SESSION NUMBER 9
249   MH IBCT SESSION NUMBER 6
250   MH IBCT SESSION NUMBER 2
251   MH IBCT SESSION NUMBER 8
252   MH IBCT 6 TERMINATION
253   MH IBCT 5 THERAPY
254   MH IBCT WEEKLY
255   MH IBCT FOCUS OVERVIEW
256   MH IBCT DEEP
257   MH IBCT FEEDBACK OVER
258   MH IBCT SESSION NUMBER 4
259   MH IBCT SESSION NUMBER 3
260   MH IBCT 4 FEEDBACK
261   MH IBCT SESSION NUMBER 2
262   MH IBCT 3 NON VETERAN
263   MH IBCT 2 INDIVIDUAL
264   MH IBCT SESSION NUMBER 1
265   MH IBCT 1 INITIAL
```

APPENDIX E: Finding Items For Cognitive Behavioral Therapy For Insomnia

```
266   MH CBT-I TEMPLATES (INSOMNA)
267   MH CBT-I SESSION NUMBER 4
268   MH CBT-I  SESSION  NUMBER  23
269   MH CPT TEMPLATES (COGNITIVE)
270   MH CPT SESSION NUMBER 2
271   MH CBT-I  SESSION  NUMBER  21
272   MH CBT-I SESSION NUMBER 9
273   MH CBT-I  SESSION  NUMBER  10
274   MH CBT-I SESSION NUMBER 0
275   MH CBT-I  SESSION  NUMBER  28
276   MH CBT-I  SESSION  NUMBER  27
277   MH CBT-I  SESSION  NUMBER  26
278   MH CBT-I  SESSION  NUMBER  25
279   MH CBT-I THERAPY
280   MH CBT-I EARLY TERM OUTSIDE SSN
281   MH CBT-I FINAL SELF RPT NCHANGE
282   MH CBT-I FINAL SELF RPT D
283   MH CBT-I  FINAL  SELF  RPT  IM
284   MH CBT-I FINAL SELF RPT NCHANGE
285   MH CBT-I FINAL SELF RPT D
286   MH CBT-I  FINAL  SELF  RPT  IM
287   MH CBT-I  FINAL  SLEEP  EFFIC D
288   MH CBT-I  FINAL  SLEEP  EFFIC R
289   MH CBT-I FINAL TOTAL SLEEP DECREASE
290   MH CBT-I FINAL TOTAL SLEEP INCREASE
291   MH CBT-I FINAL AWAKEN NMBR
292   MH CBT-I FINAL AWAKEN NMBR
293   MH CBT-I FINAL WASO DCREASE
294   MH CBT-I FINAL WASO NCREASE
295   MH CBT-I  FINAL  SLEEP  LATNCY B
296   MH CBT-I  FINAL  SLEEP  LATNCY B
297   MH CBT-I GOAL NOT ACHIEVE
298   MH CBT-I GOAL PARTIAL ACHZ
299   MH CBT-I GOAL ACHIEVE
300   MH CBT-I  CONTINUING  SELF  RR
301   MH CBT-I HANDOUT ACTION
302   MH CBT-I DEVELOP PLAN
303   MH CBT-I FEELING TIRED
304   MH CBT-I ENJOYING YOUR N
305   MH CBT-I THINGS TO DO
306   MH CBT-I STAYING AWAKE
307   MH CBT-I GET IN THE WAY
308   MH CBT-I Q&A RULES
309   MH CBT-I REVIEWED COGNITIVE
310   MH CBT-I RELAXATION PROG
311   MH CBT-I ADJUSTED BEDTIME
312   MH CBT-I PROBLEM SOLVED S
313   MH CBT-I ADHERENCE TO TRY
314   MH CBT-I BLANK DIARY PROD
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315   MH CBT-I BEDTIME ADJUST H
316   MH CBT-I INPUT
317   MH CBT-I SLEEP NEED
318   MH CBT-I SLEEP DIARY REVIEW
319   MH CBT-I ADHERENCE HIGH
320   MH CBT-I ADHERENCE MEDIUM
321   MH CBT-I ADHERENCE LOW
322   MH CBT-I SNQ SEVERE
323   MH CBT-I SNQ MODERATE
324   MH CBT-I SNQ MILD
325   MH CBT-I PRESCRIBED  BEDTIME H          NO
326   MH CBT-I PRESCRIBED  BEDTIME H
327   MH CBT-I SLEEP DIARY COMPLETE
328   MH CBT-I SLEEP DIARY NOT C
329   MH CBT-I ISI NO CHANGE
330   MH CBT-I ISI INCREASE
331   MH CBT-I ISI REDUCTION
332   MH CBT-I ISI SEVERE
333   MH CBT-I ISI MODERATE
334   MH CBT-I ISI MILD
335   MH CBT-I SESSION NUMBER >10
336   MH CBT-I SESSION NUMBER 10
337   MH CBT-I SESSION NUMBER 9
338   MH CBT-I SESSION NUMBER 8
339   MH CBT-I SESSION NUMBER 7
340   MH CBT-I SESSION NUMBER 6
341   MH CBT-I SESSION NUMBER 5
342   MH CBT-I SESSION NUMBER 4
343   MH CBT-I 4 FINAL SESSION
344   MH CBT-I AVOID NAPPING
345   MH CBT-I ADDRESSED BARRIERS
346   MH CBT-I ASSESSED BARRIERS
347   MH CBT-I CHANGING THINK
348   MH CBT-I COG THERAPY
349   MH CBT-I RELAXATION TRAINING
350   MH CBT-I TIME IN BED
351   MH CBT-I SESSION NUMBER 3
352   MH CBT-I 3 MIDDLE TREATMENT
353   MH CBT-I IMPLEMENT SLEEP H
354   MH CBT-I IMPLEMENT  STIMULUS H
355   MH CBT-I AVOID HEAVY MEALS
356   MH CBT-I BEDROOM DARK
357   MH CBT-I EXERCISE REGULARLY
358   MH CBT-I LIMIT TOBACCO USE
359   MH CBT-I LIMIT ALCOHOL USE
360   MH CBT-I LIMIT CAFFEINE
361   MH CBT-I TURN CLOCK AROUND
362   MH CBT-I BARRIERS NONE
363   MH CBT-I SLEEP HYGIENE
364   MH CBT-I CALMING THE MIND
365   MH CBT-I PRESCRIBED BEDTIME
366   MH CBT-I OVERCOMING INSOMNIA
367   MH CBT-I SLEEP RESTRICTION M
368   MH CBT-I STIMULUS CONTROL M
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369  MH CBT-I PSYCHOEDUCATION ONE
370  MH CBT-I SESSION NUMBER 2
371  MH CBT-I 2 INITIAL TREATMENT
372  MH CBT-I SESSION NUMBER 1
373  MH CBT-I 1 EVALUATION SESSION
374  MH CBT-I BLANK SLEEP DIARY
375  MH CBT-I UNDERSTAND   HOMEWORK
376  MH CBT-I INSTRUCT SLEEP DAY
377  MH CBT-I EXPLAIN HOMEWORK
378  MH CBT-I LENGTH OF TREATMENT
379  MH CBT-I TREATMENT GOALS
380  MH CBT-I EFFICACY
381  MH CBT-I DESCRIPTION CBT-I
382  MH CBT-I IS   CANDIDATE
383  MH CBT-I IS CANDIDATE
384  MH CBT-I IS CANDIDATE
385  MH CBT-I NOT A CANDIDATE
386  MH CBT-I MEDS INTERFERE
387  MH CBT-I MEDS   INTERFERE   NOT
388  MH CBT-I WAKING NONE
389  MH CBT-I WAKING OTHER
390  MH CBT-I WAKING LATE
391  MH CBT-I WAKING ASSIST
392  MH CBT-I WAKING SNOOZE
393  MH CBT-I PRE-SLEEP NONE
394  MH CBT-I PRE-SLEEP OTHER
395  MH CBT-I PRE-SLEEP FEARS
396  MH CBT-I PRE-SLEEP PHYSICAL
397  MH CBT-I PRE-SLEEP WORRY
398  MH CBT-I PRE-SLEEP RUMINATION
399  MH CBT-I COMORBIDITIES
400  MH CBT-I COMORBIDITIES
401  MH CBT-I COMORBIDITIES
402  MH CBT-I COMORBIDITIES
403  MH CBT-I DBAS SIGNIFICANT
404  MH CBT-I DBAS SOME
405  MH CBT-I DBAS NONE
```

APPENDIX F: Finding Items For Behavioral Family Therapy

```
       406  MH  BFT  TEMPLATES
         407  MH BFT  SESSION  NUMBER
408  MH  BFT  SESSION  NUMBER  COMPLETED  20
409  MH  BFT  SESSION  NUMBER  COMPLETED  19
410  MH  BFT  SESSION  NUMBER  COMPLETED  18
411  MH  BFT  SESSION  NUMBER  COMPLETED  17
412  MH  BFT  SESSION  NUMBER  COMPLETED  16
413  MH  BFT  SESSION  NUMBER  COMPLETED  15
414  MH  BFT  SESSION  NUMBER  COMPLETED  14
415  MH  BFT  SESSION  NUMBER  COMPLETED  13
416  MH  BFT  SESSION  NUMBER  COMPLETED  12
```

```
417   MH   BFT   SESSION   NUMBER   COMPLETED   11
418   MH   BFT   SESSION   NUMBER   COMPLETED   10
419   MH   BFT   SESSION   NUMBER   COMPLETED   9
420   MH   BFT   SESSION   NUMBER   COMPLETED   8
421   MH   BFT   SESSION   NUMBER   COMPLETED   7
422   MH   BFT   SESSION   NUMBER   COMPLETED   6
423   MH   BFT   SESSION   NUMBER   COMPLETED   5
424   MH   BFT   SESSION   NUMBER   COMPLETED   4
425   MH   BFT   SESSION   NUMBER   COMPLETED   3
426   MH   BFT   SESSION   NUMBER   COMPLETED   2
427   MH   BFT   SESSION   NUMBER   COMPLETED   1
428   MH   BFT   TEMPLATES
429   MH   BFT   EARLY TERM OUTSIDE SSN
430   MH   BFT   FAMILY MTG NA
431   MH   BFT   FAMILY MTG NOT H
432   MH   BFT   FAMILY MTG HELD
433   MH   BFT   HMWRK NOT ASSIGNED
434   MH   BFT   HMWRK NOT COMPLETE
435   MH   BFT   HMWRK PARTIAL W
436   MH   BFT   HMWRK COMPLETE
437   MH   BFT   SESSION NUMBER 25
438   MH   BFT   SESSION NUMBER 24
439   MH   BFT   SESSION NUMBER 23
440   MH   BFT   SESSION NUMBER 22
441   MH   BFT   SESSION NUMBER 21
442   MH   BFT   SESSION NUMBER 20
443   MH   BFT   SESSION NUMBER 9
444   MH   BFT   SESSION NUMBER 8
445   MH   BFT   SESSION NUMBER 7
446   MH   BFT   SESSION NUMBER 6
447   MH   BFT   SESSION NUMBER 5
448   MH   BFT   5 FINAL SESSION
449   MH   BFT   PROBLEM SOLVING 15
450   MH   BFT   PROBLEM SOLVING 13
451   MH   BFT   PROBLEM SOLVING 11
452   MH   BFT   PROBLEM SOLVING 9
453   MH   BFT   PROBLEM SOLVING 6
454   MH   BFT   PROBLEM SOLVING 0
455   MH   BFT   PROBLEM SOLVING 2
456   MH   BFT   PROBLEM SOLVING 1
457   MH   BFT   PROBLEM SOLVING 5
458   MH   BFT   SESSION NUMBER 4
459   MH   BFT   SESSION NUMBER 3
460   MH   BFT   SESSION NUMBER 2
461   MH   BFT   SESSION NUMBER 1
462   MH   BFT   SESSION NUMBER 0
463   MH   BFT   4   PROBLEM   SOLVING 0
464   MH   BFT   ROLE PLAY 3
465   MH   BFT   ROLE PLAY 2
466   MH   BFT   ROLE PLAY 1
467   MH   BFT   SESSION NUMBER 9
468   MH   BFT   SESSION NUMBER 8
469   MH   BFT   SESSION NUMBER 7
470   MH   BFT   SESSION NUMBER 6
```

```
471   MH  BFT  3 COMMUNICATION ▮
472   MH  BFT  HMWRK   MATERIALS ▮
473   MH  BFT  HMWRK OTHER
474   MH  BFT  HMWRK GOAL
475   MH  BFT  HMWRK FAMILY M▮
476   MH  BFT  HMWRK HANDOUT
477   MH  BFT  SESSION NUMBER 5
478   MH  BFT  SESSION NUMBER 4
479   MH  BFT  SESSION NUMBER 3
480   MH  BFT  2 EDUCATION ▮
481   MH  BFT  SESSION NUMBER 2
482   MH  BFT  SESSION NUMBER 1
483   MH  BFT  COUPLES ▮▮▮▮▮
484   MH  BFT  IND LIFE HX
485   MH  BFT  IND FAMILY ▮
486   MH  BFT  1 ORIENTATION ▮
```