Don’t Kiss Me

If You Have a Cold, Flu, or Fever

• Cover your mouth when you cough or sneeze
• Dispose of tissues in the trash
• Clean hands often with alcohol-based cleaners or soap and water
• Avoid close contact with others (no kissing, hugging, sharing of food and drink)
• Stay home from work, school, or daycare if you can

www.publichealth.va.gov/InfectionDontPassItOn

Department of Veterans Affairs

Respiratory 1 - All