Infection Control Management of Patients with Suspected or Confirmed Influenza

Suspected influenza: Patient has signs and symptoms suggestive of influenza, such as fever (≥ 100°F) and cough, muscle aches, headache, or sore throat

Confirmed influenza: When either a rapid influenza test or viral culture is positive for influenza A or B

Outpatients:

- Post signs reminding everyone to practice hand hygiene and respiratory etiquette.
- Provide alcohol-based hand rubs in all outpatient waiting rooms.
- Offer a mask and tissues to patients with coughs.
- Segregate patients with cough and/or fever in an area of the waiting room away from other patients.

Inpatients:

- Place patient in a private room. If a private room is not available, contact your facility's Infection Control Professional.
- Post a Droplet Precautions sign outside the door.
- Follow Droplet Precautions (in addition to Standard Precautions):
 - Wear a mask upon entering the room.
 - Remove your mask when leaving the patient's room and dispose of your mask in a regular waste container.
 - Have the patient wear a mask when being transported.

Decontaminate hands before and after contact with patients, and wear eye/face protection if performing cough-inducing procedures.

Suggested use: Post in clinical staff areas or use as a flyer. Do not post in patient rooms.



www.publichealth.va.gov/InfectionDontPassItOn

