What causes over 226,000 hospitalizations and about 36,000 deaths each year in the U.S.?

Seasonal flu is a respiratory illness that:

- ✓ is caused by flu viruses that can change each year
- ✓ spreads easily
- occurs each year during fall, winter, and spring

A FLU SHOT IS THE
BEST WAY TO
PROTECT YOURSELF
AGAINST THE FLU.





Department of Veterans Affair