The flu shot is recommended for all adults aged 50 and older.

“I feel great. I take care of myself, and I get a flu shot every year.”

The flu shot can:
- Protect you, your family, and your friends from the flu
- Prevent severe illness and even death

Ask about getting a flu shot today.

Get your flu shot here:

www.publichealth.va.gov/InfectionDontPassItOn